



## *L/A Olympian Swim Club*

### *Swim Meet Permission Form*

My child(ren): \_\_\_\_\_ will / will not be (please  
**circle one**) attending the:

**Swim Meet:** Spring Nationals/Pan Pac Trials

**Swim Meet Dates:** Wed March 31-Sat April 3 2010

**Warm up times:** Wed-Fri 8:45am & 4:45pm, Sat 7:45am & 4:45pm

**Location:** Complexe Sportiff Claude-Robillard, 1000 Emilie-Journault ave Montreal, H2M 2E7

**Cost:** \$100.00

**Deadline for reply and payment:** Fri March 12 2010

Parents signature: \_\_\_\_\_

*Travel & accommodation will be up to each swimmer and family to arrange. Metro to and from the pool will be required.*

*Please return this portion whether you are attending the meet or not! If you are attending please put cash or cheque in an envelope with this form and return it to your coach and or their file.*

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It is important to attend swim meets so coaches can see swimmers progress in a swim competition setting. This allows the coaches to observe what has improved or what needs improving with swimmers skills. It also gives your child a chance to experience competitive swimming and attaining goals. Swim meets are set up to challenge swimmers yet are at their ability level. We think competitive swimming is important by allowing swimmers to become the best they can as well as offering great life skills. When attending swim meets above the in house meets we will include a coaching & relay fee in the cost of the swim meet. We most often compete one time a month (or 6 weeks) so if you miss a swim meet it can be a long time before swimmers can show off what they have learned.

Please remember we are a competitive swim club and that we expect swimmers to attend swim meets they qualify for. Should you have any difficulties attending you should contact your coach.

The swim meet schedule shows all the various swim meets for the club (the schedule can change so check your file, bulletin board and our web site). Should you not know what swim meet you should be planning for please contact your coach.

Car pooling to swim meets with families in your group or other swimmers in other groups will help families who may otherwise not be able to attend.

Billeting at swim meets is a way to keep costs down when going to away meets and a great way to meet new friends. In order for swimmers to travel and go to meets we try and keep it affordable by billeting. There will be times you may billet teams that come to our meets.

When at swim meets children should bring games, books and school work to do between races.

Swimmers **MUST** have a red team suit, team t-shirt and a team cap if they wear one. This is **NOT** an option. We must be in **TEAM** gear when competing.

*Please hand this form back in whether you are or not planning to attend the specified meet. Good luck and enjoy your swim meet!*

Thank you