

## Individual Top Times

**Langley Olympians Swim Club [LOSC] Coach: Buan Metcalfe**  
**Number of Top Times: 10 Show Short Course Only**

	Time	P/F/S	Name	Age/Yr		
<b>Women 8 &amp; Under 25 Free</b>						
1	21.50 S	F	*I Maria Van Noordenne	8	26/04/2003	Langley Olympians Swim Club Novice Meet
2	23.30 S	F	*I Madeline Poon	8	02/11/2002	Hyack Novice Meet
3	24.20 S	F	*I Devan Donahue	8	08/02/2003	Langley Olympians Intra Club Meet
4	24.51 S	F	Maria Jemna	8	24/01/2009	LAOSC January 24 2009 Novice Meet
5	25.10 S	F	Gabriella Szalkai	6	15/12/2007	2007 L/A OSC December Intraclub #2
6	25.90 S	F	*I Michanne Sturgeon	8	18/10/2003	Langley Olympians Swim Club Intra Club M
7	26.05 S	F	Mackenzie Sheen	8	22/11/2008	November 22 2008 Novice Meet
8	26.07 S	F	*I Jaime Lavoie	7	10/10/2009	LAOSC IntraClub Meet October 10 2009
9	26.10 S	F	Mackenzie Dong	7	14/06/2008	2008 L/A OSC June Intraclu
10	26.28 S	F	Paige Kriznic	8	19/11/2005	LOSC November Novice Meet 2005
<b>Women 8 &amp; Under 50 Free</b>						
1	38.03 S	F	Hillary Metcalfe	8	24/02/2007	2007 LAOSC February 10+under Meet #1
2	42.02 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
3	42.27 S	F	*I Maria Van Noordenne	8	14/02/2004	SFU-WVOSC February LMR
4	43.47 S	F	*I Jessie Gibson	8	27/01/2007	2007 January Novice Meet
5	43.89 S	F	Ilian Urquidi	8	26/05/2007	2007 LAOSC May 10+under Meet #2
6	43.97 S	F	Romina Worthington	8	28/05/2005	2005 May Novice Meet
7	44.06 S	F	*I Hayley Gilmore	8	14/01/2006	Icebreaker Classic
8	45.17 S	F	*I Ali Geum	7	10/11/2007	2007 L/A OSC November Novice #2
9	45.24 S	F	Martha Metcalfe	8	11/06/2005	2005 June Intraclub Meet
10	45.97 S	F	Gabriella Szalkai	7	14/06/2008	2008 L/A OSC June Intraclu
<b>Women 8 &amp; Under 100 Free</b>						
1	1:24.68 S	F	Hillary Metcalfe	8	09/12/2006	SFU-SFA December LMR swim meet
2	1:35.97 S	F	Romina Worthington	8	11/06/2005	2005 June Intraclub Meet
3	1:38.73 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
4	1:39.28 S	F	*I Maria Van Noordenne	8	17/01/2004	2004 Hyack Short Course Invitational Swim
5	1:40.86 S	F	*I Hayley Gilmore	8	17/12/2005	December Intraclub Meet 2005
6	1:43.47 S	F	Josie Field	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
7	1:45.00 S	F	Mackenzie Dong	8	27/06/2009	LAOSC IntraClub Meet June 27 2009
8	1:50.53 S	F	Kelley MacDonald	8	14/06/2008	2008 L/A OSC June Intraclu
9	1:50.92 S	F	Ilian Urquidi	8	11/11/2006	PacificCup 12&U Jamboree
10	1:53.70 S	F	*I Eve Riddler	8	18/11/2004	Best Times SCM
<b>Women 8 &amp; Under 200 Free</b>						
1	2:55.47 S	P	Hillary Metcalfe	8	09/02/2007	LMR CHAMPS
2	3:17.70 S	F	*I Maria Van Noordenne	8	08/05/2004	Olympians Swimming Novice Invitational-3 C
3	3:28.30 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
4	3:33.47 S	F	Martha Metcalfe	8	11/06/2005	2005 June Intraclub Meet
5	3:36.26 S	F	*I Hayley Gilmore	8	10/12/2005	SFU-SFA December LMR meet
6	3:55.17 S	F	*I Hannah Currie	8	27/01/2007	2007 January Novice Meet
7	4:04.84 S	F	Amelia Blair	8	21/04/2007	2007 LAOSC April Novice Meet
8	4:05.48 S	F	Romina Worthington	8	13/11/2004	10 & UnderJamboree
9	4:07.10 S	F	*I Stephanie Tadros	8	08/06/2002	Langley Olympians Intra Club Meet
10	4:11.90 S	F	*I Sophie Tadros	7	12/09/2000	December LMR Championships
<b>Women 8 &amp; Under 300 Free</b>						
1	5:24.39 S	F	Martha Metcalfe	8	28/05/2005	2005 May Novice Meet
2	5:24.50 S	F	Hillary Metcalfe	7	19/11/2005	LOSC November Novice Meet 2005
3	5:25.00 S	F	Ilian Urquidi	8	21/04/2007	2007 LAOSC April Novice Meet
4	5:29.56 S	F	*I Hayley Gilmore	8	19/11/2005	LOSC November Novice Meet 2005
5	5:34.83 S	F	*I Jessie Gibson	8	27/01/2007	2007 January Novice Meet
6	5:36.00 S	F	Mackenzie Dong	8	23/05/2009	LAOSC Novice Meet May 23 2009
7	5:36.20 S	F	Kelley MacDonald	8	19/04/2008	2008 LAOSC April Novice Meet #1
8	5:36.23 S	F	Romina Worthington	8	28/05/2005	2005 May Novice Meet

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	5:36.63 S	F	Josie Field	8	17/04/2010	LAOSC Novice Meet April 17 2010
10	5:46.41 S	F	Chelsea Borrowdale	8	19/04/2008	2008 LAOSC April Novice Meet #1
<b>Women 8 &amp; Under 400 Free</b>						
1	6:11.83 S	F	Hillary Metcalfe	8	14/04/2007	Haney Spring Splash Classic VI
2	7:23.04 S	F	*I Maria Van Noordenne	8	14/02/2004	SFU-WVOSC February LMR
3	7:23.27 S	F	Ilian Urquidi	8	26/05/2007	2007 LAOSC May 10+under Meet #2
4	7:36.03 S	F	*I Hayley Gilmore	8	14/01/2006	Icebreaker Classic
<b>Women 8 &amp; Under 25 Back</b>						
1	24.22 S	F	Jessy Barton-Jenson	5	12/06/2010	LAOSC IntraClub Meet June 12 2010
2	26.15 S	F	Brooke Greenwood	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
3	26.70 S	F	*I Natalie Rehberg	8	07/12/2002	Langley Olympian Swim Club Intra Club Me
4	27.50 S	F	*I Devan Donahue	8	07/12/2002	Langley Olympian Swim Club Intra Club Me
5	27.67 S	F	*I Laura De Boer	8	29/01/2005	2005 January Novice Meet
6	28.00 S	F	*I Eve Riddler	7	18/11/2004	Best Times SCM
7*	28.50 S	F	*I Madeline Poon	8	07/12/2002	Langley Olympian Swim Club Intra Club Me
7*	28.50 S	F	Josie Field	6	11/10/2008	October 11 IntraClub
9*	28.73 S	F	*I Jaime Lavoie	7	10/10/2009	LAOSC IntraClub Meet October 10 2009
9*	28.73 S	F	*I Taylor Chin	8	18/11/2004	Best Times SCM
<b>Women 8 &amp; Under 50 Back</b>						
1	43.86 S	F	Hillary Metcalfe	8	24/02/2007	2007 LAOSC February 10+under Meet #1
2	49.89 S	F	Ilian Urquidi	8	21/04/2007	2007 LAOSC April Novice Meet
3	49.96 S	F	*I Jessie Gibson	8	16/12/2006	2006 December Intraclub Meet
4	50.65 S	F	*I Maria Van Noordenne	8	14/02/2004	SFU-WVOSC February LMR
5	50.80 S	F	*I Hayley Gilmore	8	17/12/2005	December Intraclub Meet 2005
6	50.99 S	F	Martha Metcalfe	8	26/02/2005	2005 February Novice Meet
7	51.15 S	F	*I Ali Geum	7	10/11/2007	2007 L/A OSC November Novice #2
8	51.44 S	F	Romina Worthington	8	29/01/2005	2005 January Novice Meet
9	52.40 S	F	*I Sydney Swan	7	19/10/2002	LOSC Intra Club
10	52.67 S	F	Kelley MacDonald	8	14/06/2008	2008 L/A OSC June Intraclub
<b>Women 8 &amp; Under 100 Back</b>						
1	1:39.44 S	F	Hillary Metcalfe	8	20/01/2007	IcebreakClassic2007
2	1:44.30 S	F	*I Maria Van Noordenne	8	08/05/2004	Olympians Swimming Novice Invitational-3 C
3	1:46.06 S	F	*I Hayley Gilmore	8	10/12/2005	SFU-SFA December LMR meet
4	1:49.90 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
5	2:00.39 S	F	Ilian Urquidi	8	11/11/2006	PacificCup 12&U Jamboree
6	2:02.54 S	F	*I Sophie Tadros	7	12/09/2000	December LMR Championships
7	2:04.66 S	F	Romina Worthington	8	18/11/2004	Best Times SCM
8	2:10.80 S	F	*I Eve Riddler	8	31/05/2004	10 and under Meet
9	2:20.44 S	F	*I Georgia Austin	7	11/11/2006	PacificCup 12&U Jamboree
10	2:21.87 S	F	*I Stephanie Tadros	6	12/09/2000	December LMR Championships
<b>Women 8 &amp; Under 200 Back</b>						
1	3:14.38 S	F	Hillary Metcalfe	8	14/04/2007	Haney Spring Splash Classic VI
2	3:56.76 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
3	3:58.67 S	F	*I Maria Van Noordenne	8	17/01/2004	2004 Hyack Short Course Invitational Swim
<b>Women 8 &amp; Under 25 Breast</b>						
1	27.70 S	F	*I Maria Van Noordenne	7	18/11/2004	Best Times SCM
2	28.60 S	F	*I Benjamin Smyth	7	26/04/2003	Langley Olympians Swim Club Novice Meet
3	33.20 S	F	*I Madeline Poon	8	02/11/2002	Hyack Novice Meet
4	33.70 S	F	*I Michanne Sturgeon	8	18/10/2003	Langley Olympians Swim Club Intra Club M
5	34.48 S	F	Brooke Greenwood	7	20/02/2010	LAOSC Novice Meet February 20 2010
6	34.94 S	F	Josie Field	6	11/10/2008	October 11 IntraClub
7	35.87 S	F	Jenessa Hillman	8	10/10/2009	LAOSC IntraClub Meet October 10 2009
8	35.97 S	F	Nevena Solar	8	22/11/2008	November 22 2008 Novice Meet
9	36.00 S	F	*I Devan Donahue	8	08/02/2003	Langley Olympians Intra Club Meet

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
10	36.18 S	F	Maria Jemna	8	22/11/2008	November 22 2008 Novice Meet
<b>Women 8 &amp; Under 50 Breast</b>						
1	50.02 S	F	Hillary Metcalfe	8	11/11/2006	PacificCup 12&U Jamboree
2	54.30 S	F	*I Maria Van Noordenne	8	08/05/2004	Olympians Swimming Novice Invtational-3 C
3	55.18 S	F	Ilian Urquidi	8	21/04/2007	2007 LAOSC April Novice Meet
4	57.35 S	F	*I Jessie Gibson	8	16/12/2006	2006 December Intraclub Meet
5	58.65 S	F	Josie Field	7	21/11/2009	LAOSC Novice Meet Nov 21 2009
6	59.13 S	F	Chelsea Borrowdale	8	14/06/2008	2008 L/A OSC June Intraclu
7	1:00.57 S	F	Amelia Blair	8	26/05/2007	2007 LAOSC May 10+under Meet #2
8	1:01.01 S	F	*I Hayley Gilmore	8	17/12/2005	December Intraclub Meet 2005
9	1:01.20 S	F	Kelley MacDonald	8	19/04/2008	2008 LAOSC April Novice Meet #1
10	1:01.57 S	F	*I Vanessa Rivas	8	11/06/2005	2005 June Intraclub Meet
<b>Women 8 &amp; Under 100 Breast</b>						
1	1:46.34 S	P	Hillary Metcalfe	8	09/02/2007	LMR CHAMPS
2	1:57.49 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
3	2:12.14 S	F	*I Hayley Gilmore	8	14/01/2006	Icebreaker Classic
4	2:14.74 S	F	*I Maria Van Noordenne	8	17/01/2004	2004 Hyack Short Course Invitational Swim
5	2:33.72 S	F	Martha Metcalfe	8	13/11/2004	10 & UnderJamboree
6	2:43.02 S	F	*I Georgia Austin	7	11/11/2006	PacificCup 12&U Jamboree
<b>Women 8 &amp; Under 200 Breast</b>						
1	3:56.95 S	F	Hillary Metcalfe	8	20/01/2007	IcebreakeClassic2007
2	4:06.63 S	P	*I Morgan Donahue	8	06/02/2001	June LMR Championships
3	4:19.55 S	F	*I Maria Van Noordenne	8	14/02/2004	SFU-WVOSC February LMR
4	4:41.64 S	F	*I Hayley Gilmore	8	14/01/2006	Icebreaker Classic
<b>Women 8 &amp; Under 25 Fly</b>						
1	26.50 S	F	*I Maria Van Noordenne	8	06/12/2003	Langley Olympians Intra Club Meet
2	28.40 S	F	Martha Metcalfe	7	19/06/2004	LOSC Year End Intra Meet June 2004
3	29.33 S	F	*I Melissa Bancroft	7	13/10/2007	2007 L/A OSC October Intraclub #1
4	29.57 S	F	Josie Field	7	13/12/2008	December 13 IntraClub Meet
5	29.90 S	F	*I Jaime Lavoie	7	23/01/2010	LAOSC Novice Meet January 23 2010
6	30.00 S	F	*I Luisa Spartico	8	31/05/2004	10 and under Meet
7	30.30 S	F	*I Natalie Rehberg	8	07/12/2002	Langley Olympian Swim Club Intra Club Me
8	30.57 S	F	Jenessa Hillman	8	22/11/2008	November 22 2008 Novice Meet
9	30.70 S	F	*I Madeline Poon	8	02/11/2002	Hyack Novice Meet
10	31.38 S	F	Grace James	7	17/04/2010	LAOSC Novice Meet April 17 2010
<b>Women 8 &amp; Under 50 Fly</b>						
1	48.90 S	F	Hillary Metcalfe	8	11/11/2006	PacificCup 12&U Jamboree
2	51.62 S	F	Ilian Urquidi	8	21/04/2007	2007 LAOSC April Novice Meet
3	53.97 S	F	Josie Field	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
4	54.70 S	F	*I Jessie Gibson	8	27/01/2007	2007 January Novice Meet
5	54.80 S	F	*I Maria Van Noordenne	8	07/03/2004	Olympians Swimming Novice Invtational-2 C
6	55.26 S	F	Martha Metcalfe	8	11/06/2005	2005 June Intraclub Meet
7	55.57 S	F	Romina Worthington	8	09/04/2005	2005 April 10+under Meet
8	55.70 S	F	*I Eve Riddler	8	19/06/2004	LOSC Year End Intra Meet June 2004
9	55.91 S	F	*I Hayley Gilmore	8	19/11/2005	LOSC November Novice Meet 2005
10	58.82 S	F	*I Vanessa Rivas	8	28/05/2005	2005 May Novice Meet
<b>Women 8 &amp; Under 100 Fly</b>						
1	1:55.46 S	F	Hillary Metcalfe	8	14/04/2007	Haney Spring Splash Classic V1
2	2:05.75 S	F	*I Hayley Gilmore	8	10/12/2005	SFU-SFA December LMR meet
<b>Women 8 &amp; Under 100 IM</b>						
1	1:41.58 S	F	Hillary Metcalfe	8	11/11/2006	PacificCup 12&U Jamboree
2	1:45.90 S	F	*I Maria Van Noordenne	8	18/11/2004	Best Times SCM
3	1:50.25 S	F	Ilian Urquidi	8	26/05/2007	2007 LAOSC May 10+under Meet #2

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
4	1:51.24 S	F	*I Hayley Gilmore	8	17/12/2005	December Intraclub Meet 2005
5	1:55.75 S	F	Josie Field	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
6	1:56.11 S	F	Kelley MacDonald	8	14/06/2008	2008 L/A OSC June Intraclu
7	1:56.83 S	F	Mackenzie Dong	8	27/06/2009	LAOSC IntraClub Meet June 27 2009
8	2:05.98 S	F	Romina Worthington	8	13/11/2004	10 & UnderJamboree
9	2:06.30 S	F	*I Eve Riddler	8	18/11/2004	Best Times SCM
10	2:07.00 S	F	*I Stephanie Tadros	8	10/03/2002	Langley Olympians Intra Club Meet
<b>Women 8 &amp; Under 200 IM</b>						
1	3:27.96 S	F	Hillary Metcalfe	8	14/04/2007	Haney Spring Splash Classic VI
2	3:41.50 S	F	*I Maria Van Noordenne	8	07/03/2004	Olympians Swimming Novice Invntational-2 C
3	3:45.01 S	F	*I Hayley Gilmore	8	19/11/2005	LOSC November Novice Meet 2005
4	3:55.39 S	F	Ilian Urquidi	8	21/04/2007	2007 LAOSC April Novice Meet
5	3:55.98 S	F	Martha Metcalfe	8	28/05/2005	2005 May Novice Meet
6	3:58.90 S	F	Mackenzie Dong	8	23/05/2009	LAOSC Novice Meet May 23 2009
7	3:59.67 S	F	Kelley MacDonald	8	19/04/2008	2008 LAOSC April Novice Meet #1
8	4:01.53 S	F	*I Jessie Gibson	8	16/12/2006	2006 December Intraclub Meet
9	4:03.71 S	F	Josie Field	8	08/05/2010	LAOSC Novice Meet May 8 2010
10	4:06.19 S	F	Romina Worthington	8	09/04/2005	2005 April 10+under Meet
<b>Women 8 &amp; Under 400 IM</b>						
1	7:12.32 S	F	*I Maria Van Noordenne	8	17/01/2004	2004 Hyack Short Course Invitational Swim
2	7:23.89 S	F	Hillary Metcalfe	8	24/02/2007	2007 LAOSC February 10+under Meet #1
3	8:17.24 S	F	*I Hayley Gilmore	8	14/01/2006	Icebreaker Classic
<b>Women 9-10 25 Free</b>						
1	18.20 S	F	*I Morgan Donahue	10	08/02/2003	Langley Olympians Intra Club Meet
2	19.10 S	F	*I Stephanie Duncombe	10	18/10/2003	Langley Olympians Swim Club Intra Club M
3	20.60 S	F	*I Jassett Goldwire	10	18/11/2004	Best Times SCM
4	20.90 S	F	*I Jodie Milne	9	18/10/2003	Langley Olympians Swim Club Intra Club M
5	21.50 S	F	Hannah Weinkauf	10	11/10/2008	October 11 IntraClub
6	22.10 S	F	*I Aisha Friesen	10	26/04/2003	Langley Olympians Swim Club Novice Meet
7	22.80 S	F	*I Gabriele Dionne	10	02/11/2002	Hyack Novice Meet
8	23.40 S	F	*I Christine Brown	9	18/10/2003	Langley Olympians Swim Club Intra Club M
9	24.25 S	F	*I Grace Munroe	9	15/12/2007	2007 L/A OSC December Intraclub #2
10	24.77 S	F	Theresa Geider	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
<b>Women 9-10 50 Free</b>						
1	30.27 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	30.47 S	F	Trista Tetreault	10	31/07/2009	2009 Year End Time Trial
3	32.29 S	F	Kate Thomson	10	02/02/2006	TAS BC AAA Provincial Championships
4	33.09 S	P	*I Maria Van Noordenne	10	20/01/2006	LMR Champs
5	33.48 S	F	Devon Mark	10	23/05/2009	LAOSC Novice Meet May 23 2009
6	33.65 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002
7	33.68 S	F	Romina Worthington	10	01/03/2007	2007 TAS Provincial Short Course Champic
8	34.01 S	F	*I Vanessa Rivas	10	22/06/2007	June 2007 LMR Championships
9	34.48 S	F	Chelsea Borrowdale	10	16/01/2010	2010 Hyack Icebreaker Classic
10	34.50 S	F	Ilian Urquidi	10	13/12/2008	December 13 IntraClub Meet
<b>Women 9-10 100 Free</b>						
1	1:09.39 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	1:10.78 S	F	Trista Tetreault	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
3	1:11.18 S	F	Devon Mark	10	23/05/2009	LAOSC Novice Meet May 23 2009
4	1:12.52 S	F	Chelsea Borrowdale	10	04/03/2010	2010 TAS BC AAA SC Championships
5	1:12.56 S	F	Kate Thomson	10	20/01/2006	LMR Champs
6	1:14.58 S	F	*I Maria Van Noordenne	10	29/10/2005	2005 VPSC Invitational
7	1:15.63 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002
8	1:16.24 S	P	*I Vanessa Rivas	10	22/06/2007	June 2007 LMR Championships
9	1:16.81 S	F	Romina Worthington	10	20/01/2007	IcebreakClassic2007

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
10	1:17.20 S	F	Renaë Ledoux	10	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 9-10 200 Free</b>						
1	2:27.11 S	P	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	2:33.33 S	F	Romina Worthington	10	22/06/2007	June 2007 LMR Championships
3	2:36.68 S	F	Kate Thomson	10	20/01/2006	LMR Champs
4	2:37.73 S	F	Devon Mark	10	13/02/2009	BC AA Champs - 2009 SC
5	2:40.59 S	P	Trista Tetreault	10	05/12/2008	Fastswim 2008
6	2:41.14 S	F	*I Maria Van Noordenne	10	10/12/2005	SFU-SFA December LMR meet
7	2:46.56 S	F	*I Hayley Gilmore	10	17/11/2007	Langley Olympians Remembrance Swim Me
8	2:46.85 S	P	Chelsea Borrowdale	10	11/12/2009	2009 PCS Xmas Cracker Invitational
9	2:50.55 S	F	*I Kayla Harrison	10	17/11/2007	Langley Olympians Remembrance Swim Me
10	2:50.73 S	F	Amelia Blair	10	30/01/2009	LMR SC Championships 2009
<b>Women 9-10 300 Free</b>						
1	4:25.30 S	F	*I Christine White	9	03/11/2001	Hyack Novice Meet
2	4:57.32 S	F	Devon Mark	9	13/10/2007	2007 L/A OSC October Intraclub #1
3	4:57.62 S	F	*I Jessica Moloney	10	18/11/2004	Best Times SCM
4	5:04.11 S	F	Kate Thomson	10	28/05/2005	2005 May Novice Meet
5	5:05.70 S	F	*I Maria Van Noordenne	9	18/12/2004	2004 Christmas Intra Club
6	5:07.33 S	F	Hannah Weinkauf	10	24/01/2009	LAOSC January 24 2009 Novice Meet
7	5:14.02 S	F	*I Morgan Donahue	9	15/12/2001	Delta Regional Meet
8	5:14.86 S	F	*I Hilary Cave	9	28/05/2005	2005 May Novice Meet
9	5:19.82 S	F	*I Brianna Tham	10	22/04/2006	Novice Meet#1
10	5:22.65 S	F	Amelia Blair	9	10/11/2007	2007 L/A OSC November Novice #2
<b>Women 9-10 400 Free</b>						
1	5:16.29 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	5:24.68 S	F	Devon Mark	10	26/02/2009	2009 TAS BC AAA SC Championships
3	5:26.31 S	F	Romina Worthington	10	22/06/2007	June 2007 LMR Championships
4	5:30.09 S	F	Trista Tetreault	10	26/02/2009	2009 TAS BC AAA SC Championships
5	5:33.71 S	F	Chelsea Borrowdale	10	04/03/2010	2010 TAS BC AAA SC Championships
6	5:36.11 S	P	*I Maria Van Noordenne	10	02/12/2005	FASTSWIM 2005
7	5:42.76 S	F	Kate Thomson	10	20/01/2006	LMR Champs
8	5:46.18 S	F	*I Hayley Gilmore	10	19/01/2008	Hyack 2008 Icebreaker
9	5:48.95 S	F	Robyn Nakano	10	04/03/2010	2010 TAS BC AAA SC Championships
10	5:55.59 S	P	*I Kayla Harrison	10	07/12/2007	2007 PCS Xmas Cracker Invitational
<b>Women 9-10 800 Free</b>						
1	11:18.43 S	F	Hillary Metcalfe	10	17/01/2009	2009 Hyack Icebreaker Classic
2	11:37.03 S	F	*I Maria Van Noordenne	10	20/01/2006	LMR Champs
3	11:39.78 S	F	*I Hayley Gilmore	10	13/01/2008	Distance Time Trial 2
4	11:59.35 S	T	*I Kayla Harrison	10	04/11/2007	Hyack Distance Time Trial
5	12:05.97 S	F	Romina Worthington	10	09/02/2007	LMR CHAMPS
6	12:10.63 S	F	Chelsea Borrowdale	10	28/11/2009	Hyack Distance 2009 Time Trial
7	12:14.40 S	F	*I Vanessa Rivas	10	22/06/2007	June 2007 LMR Championships
8	12:16.37 S	F	Devon Mark	10	17/01/2009	2009 Hyack Icebreaker Classic
9	12:17.85 S	F	Robyn Nakano	10	05/02/2010	BC AA Championships - Winter 2010
10	12:18.45 S	F	Trista Tetreault	10	08/11/2008	Fall into Finals 2008
<b>Women 9-10 25 Back</b>						
1	18.00 S	F	Chelsey Salli	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	22.60 S	F	*I Morgan Donahue	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	23.60 S	F	*I MacKenzie Carnes	10	19/10/2002	LOSC Intra Club
4	23.70 S	F	*I Stephanie Duncombe	9	09/03/2003	Langley Olympians Intra Club Meet
5	23.77 S	F	Hannah Weinkauf	10	11/10/2008	October 11 IntraClub
6*	24.10 S	F	*I Jenya Sur	10	19/10/2002	LOSC Intra Club
6*	24.10 S	F	*I Gabriele Dionne	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
8*	24.20 S	F	*I Jasset Goldwire	9	18/11/2004	Best Times SCM

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
8*	24.20 S	F	*I Jenna Dametto	9	07/06/2003	Langley Olympians Intra Club Meet
10	25.10 S	F	*I Natalie Rehberg	9	07/06/2003	Langley Olympians Intra Club Meet
<b>Women 9-10 50 Back</b>						
1	36.97 S	F	Hillary Metcalfe	10	06/12/2008	VPSC 10 & Under Challenge
2	37.04 S	F	Trista Tetreault	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
3	38.49 S	F	Kate Thomson	10	04/03/2006	Haney Spring Splash Classic V
4	39.30 S	F	Chelsey Salli	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
5	39.75 S	F	*I Maria Van Noordenne	10	15/10/2005	October Intraclub Meet 2005
6	39.95 S	F	Devon Mark	10	23/05/2009	LAOSC Novice Meet May 23 2009
7	41.11 S	F	Chelsea Borrowdale	10	12/06/2010	LAOSC IntraClub Meet June 12 2010
8	41.58 S	F	Romina Worthington	10	24/02/2007	2007 LAOSC February 10+under Meet #1
9	41.73 S	F	*I Jessie Gibson	10	06/12/2008	VPSC 10 & Under Challenge
10	41.92 S	F	Siobhan Board	10	14/06/2008	2008 L/A OSC June Intraclu
<b>Women 9-10 52 Back</b>						
1	1:46.21 S	F	*I Morgan Donahue	9	24/11/2001	LMR #2 - SKSC
<b>Women 9-10 100 Back</b>						
1	1:16.83 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	1:21.17 S	F	Trista Tetreault	10	26/02/2009	2009 TAS BC AAA SC Championships
3	1:23.18 S	F	Devon Mark	10	26/02/2009	2009 TAS BC AAA SC Championships
4	1:23.37 S	F	Amelia Blair	10	31/07/2009	2009 Year End Time Trial
5	1:24.72 S	F	Chelsea Borrowdale	10	04/03/2010	2010 TAS BC AAA SC Championships
6	1:24.75 S	F	Robyn Nakano	10	04/03/2010	2010 TAS BC AAA SC Championships
7	1:25.18 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002
8	1:25.70 S	F	Kate Thomson	10	02/02/2006	TAS BC AAA Provincial Championships
9	1:25.79 S	F	*I Maria Van Noordenne	10	29/10/2005	2005 VPSC Invitational
10	1:29.92 S	P	Romina Worthington	10	01/03/2007	2007 TAS Provincial Short Course Champic
<b>Women 9-10 200 Back</b>						
1	2:48.20 S	F	Hillary Metcalfe	10	17/01/2009	2009 Hyack Icebreaker Classic
2	2:57.50 S	P	Trista Tetreault	10	05/12/2008	Fastswim 2008
3	2:57.71 S	P	*I Maria Van Noordenne	10	02/12/2005	FASTSWIM 2005
4	2:58.86 S	F	Devon Mark	10	13/02/2009	BC AA Champs - 2009 SC
5	3:01.18 S	P	Robyn Nakano	10	05/02/2010	BC AA Championships - Winter 2010
6	3:02.82 S	F	Kate Thomson	10	04/03/2006	Haney Spring Splash Classic V
7	3:06.07 S	F	Ilian Urquidi	10	09/05/2009	SFU-WVOSC 2009 LMR
8	3:06.45 S	F	Amelia Blair	10	09/05/2009	SFU-WVOSC 2009 LMR
9	3:08.18 S	F	Chelsea Borrowdale	10	16/01/2010	2010 Hyack Icebreaker Classic
10	3:09.04 S	F	*I Hayley Gilmore	10	19/01/2008	Hyack 2008 Icebreaker
<b>Women 9-10 25 Breast</b>						
1	23.90 S	F	*I Morgan Donahue	10	08/02/2003	Langley Olympians Intra Club Meet
2	26.30 S	F	*I Aisha Friesen	10	26/04/2003	Langley Olympians Swim Club Novice Meet
3	26.40 S	F	*I Jenna Dametto	10	18/10/2003	Langley Olympians Swim Club Intra Club M
4	26.90 S	F	*I Stephanie Duncombe	10	18/10/2003	Langley Olympians Swim Club Intra Club M
5	27.50 S	F	*I Jasset Goldwire	10	18/11/2004	Best Times SCM
6	29.90 S	F	*I Gabriele Dionne	10	02/11/2002	Hyack Novice Meet
7	31.66 S	F	Maria Jemna	9	17/04/2010	LAOSC Novice Meet April 17 2010
8	31.70 S	F	*I Jodie Milne	9	18/11/2004	Best Times SCM
9	33.67 S	F	Hannah Weinkauf	10	11/10/2008	October 11 IntraClub
10	33.73 S	F	Lauren Jock	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
<b>Women 9-10 50 Breast</b>						
1	38.71 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	41.20 S	F	Trista Tetreault	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
3	41.88 S	F	Devon Mark	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	42.21 S	F	Chelsea Borrowdale	10	04/03/2010	2010 TAS BC AAA SC Championships
5	43.09 S	F	Kennedy Douglas	10	04/03/2010	2010 TAS BC AAA SC Championships

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	43.13 S	F	*I Maria Van Noordenne	10	29/10/2005	2005 VPSC Invitational
7	43.60 S	F	Chelsey Salli	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
8	43.66 S	F	Kate Thomson	10	25/02/2006	2006 February 10+under Meet
9	45.51 S	F	Kelley MacDonald	10	24/10/2009	2009 VPSC Invitational
10	45.99 S	F	Rena Ledoux	10	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 9-10 52 Breast</b>						
1	1:29.58 S	F	*I Morgan Donahue	9	24/11/2001	LMR #2 - SKSC
<b>Women 9-10 100 Breast</b>						
1	1:28.08 S	F	Hillary Metcalfe	10	05/12/2008	Fastswim 2008
2	1:30.27 S	F	Chelsey Salli	10	19/10/2002	6th Annual Vancouver Pacific Invitational
3	1:31.62 S	F	Kate Thomson	10	20/01/2006	LMR Champs
4	1:32.90 S	F	Devon Mark	10	13/02/2009	BC AA Champs - 2009 SC
5	1:33.13 S	F	Kennedy Douglas	10	05/02/2010	BC AA Championships - Winter 2010
6	1:33.69 S	P	Trista Tetreault	10	05/12/2008	Fastswim 2008
7	1:36.45 S	F	*I Hilary Cave	10	23/06/2006	June 2006 LMR Championships
8	1:36.62 S	P	*I Maria Van Noordenne	10	02/12/2005	FASTSWIM 2005
9	1:37.26 S	P	Chelsea Borrowdale	10	14/11/2009	LOSC 3rd Annual Short Course Invitational
10	1:39.24 S	F	Ilian Urquidi	10	17/01/2009	2009 Hyack Icebreaker Classic
<b>Women 9-10 200 Breast</b>						
1	2:58.51 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	3:08.18 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002
3	3:13.76 S	F	Kate Thomson	10	20/01/2006	LMR Champs
4	3:19.12 S	F	Devon Mark	10	13/02/2009	BC AA Champs - 2009 SC
5	3:23.13 S	P	Kennedy Douglas	10	05/02/2010	BC AA Championships - Winter 2010
6	3:23.38 S	F	Trista Tetreault	10	08/02/2009	2009 LOSC February Challenge
7	3:23.53 S	F	Chelsea Borrowdale	10	16/01/2010	2010 Hyack Icebreaker Classic
8	3:26.14 S	P	*I Hilary Cave	10	23/06/2006	June 2006 LMR Championships
9	3:27.30 S	P	*I Maria Van Noordenne	10	20/01/2006	LMR Champs
10	3:32.45 S	F	Kelley MacDonald	10	16/01/2010	2010 Hyack Icebreaker Classic
<b>Women 9-10 25 Fly</b>						
1	22.60 S	F	*I Jassett Goldwire	10	18/11/2004	Best Times SCM
2	23.40 S	F	*I Morgan Donahue	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	23.70 S	F	*I Stephanie Duncombe	10	07/06/2003	Langley Olympians Intra Club Meet
4	24.01 S	F	Nevena Solar	9	23/01/2010	LAOSC Novice Meet January 23 2010
5	24.20 S	F	*I Gabriele Dionne	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
6	24.90 S	F	*I Jodie Milne	10	19/06/2004	LOSC Year End Intra Meet June 2004
7	25.10 S	F	*I Aisha Friesen	10	07/06/2003	Langley Olympians Intra Club Meet
8	25.18 S	F	*I Melissa Bancroft	10	10/11/2007	2007 L/A OSC November Novice #2
9	25.40 S	F	Cheryl Barnes	10	20/11/2004	Novice Meet - 1 - 2004
10	25.77 S	F	*I Brianna Tham	10	15/10/2005	October Intraclub Meet 2005
<b>Women 9-10 50 Fly</b>						
1	35.32 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
2	35.71 S	F	Devon Mark	10	26/02/2009	2009 TAS BC AAA SC Championships
3	36.67 S	F	Trista Tetreault	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	37.51 S	F	Romina Worthington	10	01/03/2007	2007 TAS Provincial Short Course Champic
5	38.44 S	F	Siobhan Board	10	09/07/2008	2008 LOSC Last Chance July TimeTrial
6	38.65 S	F	Chelsea Borrowdale	10	12/06/2010	LAOSC IntraClub Meet June 12 2010
7	40.03 S	P	*I Jessie Gibson	10	15/11/2008	LOSC 2nd Annual Short Course Invitational
8	40.09 S	F	*I Vanessa Rivas	10	26/05/2007	2007 LAOSC May 10+under Meet #2
9	40.15 S	F	Martha Metcalfe	10	26/05/2007	2007 LAOSC May 10+under Meet #2
10	40.37 S	P	Robyn Nakano	10	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 9-10 52 Fly</b>						
1	1:29.17 S	F	*I Morgan Donahue	9	24/11/2001	LMR #2 - SKSC

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 9-10 100 Fly</b>						
1	1:22.27 S	F	*1 Taylor Kavolinas	10	16/02/2001	BC Championship Trials
2	1:24.18 S	F	Devon Mark	10	13/02/2009	BC AA Champs - 2009 SC
3	1:24.23 S	F	Romina Worthington	10	22/06/2007	June 2007 LMR Championships
4	1:27.61 S	F	Hillary Metcalfe	10	17/01/2009	2009 Hyack Icebreaker Classic
5	1:29.13 S	F	Martha Metcalfe	10	22/06/2007	June 2007 LMR Championships
6	1:33.12 S	F	Gabriella Szalkai	10	22/01/2010	2010 CDSC New Years Invitational
7	1:33.21 S	F	Trista Tetreault	10	25/10/2008	2008 VPSC Invitational
8	1:33.28 S	F	*1 Hilary Cave	10	23/06/2006	June 2006 LMR Championships
9	1:33.58 S	P	*1 Kayla Harrison	10	07/12/2007	2007 PCS Xmas Cracker Invitational
10	1:35.92 S	F	*1 Maria Van Noordenne	10	29/10/2005	2005 VPSC Invitational
<b>Women 9-10 200 Fly</b>						
1	3:06.15 S	F	Romina Worthington	10	22/06/2007	June 2007 LMR Championships
2	3:08.87 S	F	Martha Metcalfe	10	22/06/2007	June 2007 LMR Championships
3	3:16.99 S	F	Devon Mark	10	17/01/2009	2009 Hyack Icebreaker Classic
4	3:17.41 S	P	*1 Kayla Harrison	10	07/12/2007	2007 PCS Xmas Cracker Invitational
5	3:18.52 S	F	Hillary Metcalfe	10	17/01/2009	2009 Hyack Icebreaker Classic
6	3:27.38 S	F	Gabriella Szalkai	10	22/01/2010	2010 CDSC New Years Invitational
7	3:36.51 S	F	Robyn Nakano	10	16/01/2010	2010 Hyack Icebreaker Classic
8	3:37.74 S	F	Chelsea Borrowdale	10	16/01/2010	2010 Hyack Icebreaker Classic
9	3:41.20 S	F	*1 Hayley Gilmore	10	19/01/2008	Hyack 2008 Icebreaker
10	3:43.63 S	F	Paige Dong	10	09/05/2009	SFU-WVOSC 2009 LMR
<b>Women 9-10 100 IM</b>						
1	1:17.60 S	F	Trista Tetreault	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
2	1:20.62 S	F	Devon Mark	10	23/05/2009	LAOSC Novice Meet May 23 2009
3	1:22.63 S	F	Hillary Metcalfe	10	13/12/2008	December 13 IntraClub Meet
4	1:23.74 S	F	Chelsea Borrowdale	10	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	1:25.30 S	F	Chelsey Salli	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
6	1:25.55 S	F	Kate Thomson	10	17/12/2005	December Intraclub Meet 2005
7	1:26.53 S	F	*1 Maria Van Noordenne	10	15/10/2005	October Intraclub Meet 2005
8	1:27.50 S	F	Romina Worthington	10	24/02/2007	2007 LAOSC February 10+under Meet #1
9	1:28.84 S	F	Siobhan Board	10	14/06/2008	2008 L/A OSC June Intraclu
10	1:29.99 S	F	Martha Metcalfe	10	09/06/2007	june intra club
<b>Women 9-10 200 IM</b>						
1	2:46.32 S	F	Trista Tetreault	10	31/07/2009	2009 Year End Time Trial
2	2:48.74 S	F	Hillary Metcalfe	10	26/02/2009	2009 TAS BC AAA SC Championships
3	2:52.03 S	F	Devon Mark	10	26/02/2009	2009 TAS BC AAA SC Championships
4	2:57.56 S	F	Kate Thomson	10	20/01/2006	LMR Champs
5	2:58.03 S	F	*1 Maria Van Noordenne	10	20/01/2006	LMR Champs
6	2:58.88 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002
7	2:59.20 S	F	Chelsea Borrowdale	10	04/03/2010	2010 TAS BC AAA SC Championships
8	3:05.69 S	F	Romina Worthington	10	09/02/2007	LMR CHAMPS
9	3:07.57 S	P	*1 Kayla Harrison	10	07/12/2007	2007 PCS Xmas Cracker Invitational
10	3:10.03 S	F	Kennedy Douglas	10	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 9-10 300 IM</b>						
1	5:29.02 S	F	*1 Jassett Goldwire	10	18/11/2004	Best Times SCM
2	5:50.07 S	F	*1 Jessica Moloney	10	18/11/2004	Best Times SCM
<b>Women 9-10 400 IM</b>						
1	6:01.98 S	F	Hillary Metcalfe	10	17/01/2009	2009 Hyack Icebreaker Classic
2	6:20.88 S	F	Kate Thomson	10	25/02/2006	2006 February 10+under Meet
3	6:30.00 S	F	*1 Maria Van Noordenne	10	10/12/2005	SFU-SFA December LMR meet
4	6:30.88 S	F	Devon Mark	10	17/01/2009	2009 Hyack Icebreaker Classic
5	6:35.13 S	F	Martha Metcalfe	10	22/06/2007	June 2007 LMR Championships
6	6:35.24 S	P	Chelsey Salli	10	29/11/2002	Fastswim2002

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	6:35.29 S	F	*I Vanessa Rivas	10	22/06/2007	June 2007 LMR Championships
8	6:36.68 S	P	*I Kayla Harrison	10	07/12/2007	2007 PCS Xmas Cracker Invitational
9	6:38.89 S	F	Trista Tetreault	10	08/11/2008	Fall into Finals 2008
10	6:49.20 S	F	Chelsea Borrowdale	10	16/01/2010	2010 Hyack Icebreaker Classic
<b>Women 11-12 25 Free</b>						
1	15.50 S	F	*I Hannah Jones	12	18/10/2003	Langley Olympians Swim Club Intra Club M
2*	15.70 S	F	Chelsey Salli	11	18/11/2004	Best Times SCM
2*	15.70 S	F	*I Tegan Ringham	12	08/02/2003	Langley Olympians Intra Club Meet
4	16.40 S	F	*I Kaitlin George	12	08/02/2003	Langley Olympians Intra Club Meet
5	16.50 S	F	*I Jiyoan Oh	12	08/02/2003	Langley Olympians Intra Club Meet
6	17.40 S	F	*I Jenya Sur	11	18/11/2004	Best Times SCM
7	17.50 S	F	*I Jessica Moloney	12	18/10/2003	Langley Olympians Swim Club Intra Club M
8	17.80 S	F	*I Jessica Crosson	12	18/10/2003	Langley Olympians Swim Club Intra Club M
9	18.10 S	F	*I Michelle Kragt	12	18/10/2003	Langley Olympians Swim Club Intra Club M
10*	18.20 S	F	*I Morgan Donahue	11	18/10/2003	Langley Olympians Swim Club Intra Club M
10*	18.20 S	F	*I Carissa Hinkkuri	11	18/10/2003	Langley Olympians Swim Club Intra Club M
<b>Women 11-12 50 Free</b>						
1	29.17 S	P	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
2	29.51 S L	F	Kate Thomson	12	07/12/2007	2007 PCS Xmas Cracker Invitational
3	29.80 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
4	29.82 S	P	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
5	30.33 S	F	Janelle Hay	12	27/10/2007	2007 VPSC Invitational
6	30.60 S	P	*I Meghan Cheung	12	05/12/2008	Fastswim 2008
7	30.81 S	P	Chelsey Salli	12	12/11/2004	Island Pacific Cup
8	30.86 S L	F	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
9	31.25 S	F	*I Vanessa Rivas	11	28/02/2008	2008 TAS BC Provincial SC Championships
10	31.50 S	F	*I Jiyoan Oh	12	08/02/2003	Langley Olympians Intra Club Meet
<b>Women 11-12 100 Free</b>						
1	1:02.94 S L	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
2	1:03.82 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
3	1:05.58 S	P	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
4	1:05.88 S	F	Trista Tetreault	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	1:06.82 S	F	*I Jessie Gibson	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
6	1:07.10 S	P	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
7	1:07.73 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
8	1:08.04 S	F	Janelle Hay	12	27/10/2007	2007 VPSC Invitational
9	1:08.10 S	F	*I Meghan Cheung	12	15/11/2008	LOSC 2nd Annual Short Course Invitational
10	1:08.28 S	F	Romina Worthington	12	25/10/2008	2008 VPSC Invitational
<b>Women 11-12 200 Free</b>						
1	2:16.20 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
2	2:16.49 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
3	2:17.36 S L	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
4	2:20.32 S	P	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
5	2:20.71 S	P	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
6	2:21.63 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
7	2:26.22 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
8	2:27.94 S	P	*I Jiyoan Oh	12	27/02/2003	TAS BC Open Age Group Championships
9	2:28.34 S	F	*I Hilary Cave	12	19/01/2008	Hyack 2008 Icebreaker
10	2:31.63 S	F	*I Hannah Jones	12	18/01/2003	January 2003 SC Invitational
<b>Women 11-12 300 Free</b>						
1	3:11.68 S	F	*I Aisha Friesen	12	20/11/2004	Novice Meet - 1 - 2004
2	4:28.87 S	F	*I Rachel Sanders	12	15/12/2001	Delta Regional Meet
3	4:59.80 S	F	*I Jessica Moloney	11	27/04/2002	Langley Olympians Novice Meet
4	5:00.47 S	F	Raven Greenwood	12	19/04/2008	2008 LAOSC April Novice Meet #1

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	5:06.37 S	F	Janelle Hay	11	28/01/2006	LOSC January Novice Meet 2006
6	5:07.31 S	F	*I Paris Street	12	10/11/2007	2007 L/A OSC November Novice #2
7	5:10.38 S	F	*I Carissa Hinkkuri	12	20/11/2004	Novice Meet - 1 - 2004
8	5:18.70 S	F	*I Tricia Kiss	12	20/11/2004	Novice Meet - 1 - 2004
9	5:20.07 S	F	*I Kathleen Stanyer	12	26/02/2005	2005 February Novice Meet
10	5:20.90 S	F	*I Sarah Podgornik	12	13/12/2008	December 13 IntraClub Meet
<b>Women 11-12 400 Free</b>						
1	4:45.99 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
2	4:48.75 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	4:55.69 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
4	4:58.38 S	P	Chelsey Salli	12	12/11/2004	Island Pacific Cup
5	4:58.54 S	P	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
6	5:01.06 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
7	5:06.40 S	F	*I Jiyooh Oh	12	27/02/2003	TAS BC Open Age Group Championships
8	5:11.96 S	F	*I Hilary Cave	12	19/01/2008	Hyack 2008 Icebreaker
9	5:14.73 S	P	*I Jessie Gibson	12	04/03/2010	2010 TAS BC AAA SC Championships
10	5:16.52 S	F	Martha Metcalfe	12	17/01/2009	2009 Hyack Icebreaker Classic
<b>Women 11-12 800 Free</b>						
1	9:45.44 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
2	9:55.95 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
3	10:06.83 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
4	10:11.89 S	P	Chelsey Salli	12	12/11/2004	Island Pacific Cup
5	10:14.97 S	F	Martha Metcalfe	12	26/02/2009	2009 TAS BC AAA SC Championships
6	10:15.06 S	F	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
7	10:18.00 S	F	*I Hilary Cave	12	28/02/2008	2008 TAS BC Provincial SC Championships
8	10:25.56 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
9	10:34.49 S	F	*I Jiyooh Oh	12	27/02/2003	TAS BC Open Age Group Championships
10	10:41.78 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 11-12 25 Back</b>						
1	16.70 S	F	Rachelle Salli	12	19/10/2002	LOSC Intra Club
2	17.20 S	F	*I Kaitlin George	12	18/11/2004	Best Times SCM
3	18.30 S	F	*I Tegan Ringham	12	18/11/2004	Best Times SCM
4	18.60 S	F	*I Hannah Jones	12	07/06/2003	Langley Olympians Intra Club Meet
5	19.10 S	F	Chelsey Salli	11	07/06/2003	Langley Olympians Intra Club Meet
6	20.10 S	F	*I Sydney Towers	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
7	20.40 S	F	*I Jiyooh Oh	12	18/11/2004	Best Times SCM
8	21.40 S	F	*I Morgan Donahue	11	07/06/2003	Langley Olympians Intra Club Meet
9	22.10 S	F	*I Alice Choi	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
10*	22.30 S	F	*I Lena Ryoo	12	19/10/2002	LOSC Intra Club
10*	22.30 S	F	*I Jessica Moloney	12	09/03/2003	Langley Olympians Intra Club Meet
<b>Women 11-12 50 Back</b>						
1	34.56 S L	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
2	34.69 S L	F	Siobhan Board	12	04/03/2010	2010 TAS BC AAA SC Championships
3	34.93 S L	F	Kate Thomson	12	07/12/2007	2007 PCS Xmas Cracker Invitational
4	35.69 S	F	*I Meghan Cheung	12	05/12/2008	Fastswim 2008
5	35.88 S L	F	*I Kaitlin George	12	27/02/2003	TAS BC Open Age Group Championships
6	36.20 S	F	Chelsey Salli	12	19/06/2004	LOSC Year End Intra Meet June 2004
7	36.59 S	F	*I Tricia Kiss	12	11/06/2005	2005 June Intraclub Meet
8	36.60 S	F	Rachelle Salli	12	19/10/2002	LOSC Intra Club
9	36.61 S	F	Trista Tetreault	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
10	36.86 S	F	*I Jessie Gibson	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 11-12 100 Back</b>						
1	1:13.65 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
2	1:14.29 S	F	Hillary Metcalfe	11	11/12/2009	2009 PCS Xmas Cracker Invitational

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	1:14.60 S	F	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
4	1:15.53 S	P	Kate Thomson	12	07/12/2007	2007 PCS Xmas Cracker Invitational
5	1:15.69 S	P	Siobhan Board	12	04/03/2010	2010 TAS BC AAA SC Championships
6	1:16.73 S	F *I	Meghan Cheung	12	05/12/2008	Fastswim 2008
7	1:17.26 S	F	Trista Tetreault	11	16/01/2010	2010 Hyack Icebreaker Classic
8	1:17.62 S	P *I	Kaitlin George	12	27/02/2003	TAS BC Open Age Group Championships
9	1:17.89 S	F *I	Tricia Kiss	12	24/06/2005	LMR Regional Champs
10	1:18.47 S	P *I	Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
<b>Women 11-12 200 Back</b>						
1	2:34.05 S	P	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
2	2:37.90 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
3	2:38.19 S	F	Rachelle Salli	12	19/10/2002	6th Annual Vancouver Pacific Invitational
4	2:38.68 S	F	Kate Thomson	12	07/12/2007	2007 PCS Xmas Cracker Invitational
5	2:41.50 S	P	Siobhan Board	12	04/03/2010	2010 TAS BC AAA SC Championships
6	2:42.42 S	F *I	Hannah Jones	12	15/02/2003	Chillwack Regional Meet
7	2:44.95 S	P *I	Kaitlin George	12	27/02/2003	TAS BC Open Age Group Championships
8	2:45.68 S	F	Romina Worthington	12	17/01/2009	2009 Hyack Icebreaker Classic
9	2:47.85 S	F *I	Meghan Cheung	12	05/12/2008	Fastswim 2008
10	2:48.56 S	F	Janelle Hay	12	17/11/2007	Langley Olympians Remembrance Swim M
<b>Women 11-12 25 Breast</b>						
1*	20.00 S	F	Chelsey Salli	11	18/11/2004	Best Times SCM
1*	20.00 S	F *I	Hannah Jones	12	18/11/2004	Best Times SCM
3	21.60 S	F *I	Tegan Ringham	12	18/11/2004	Best Times SCM
4	22.60 S	F *I	Jiyoon Oh	12	08/02/2003	Langley Olympians Intra Club Meet
5	23.40 S	F *I	Kaitlin George	12	08/02/2003	Langley Olympians Intra Club Meet
6	24.10 S	F *I	Jessica Moloney	12	18/11/2004	Best Times SCM
7*	24.20 S	F *I	Lena Ryoo	12	08/02/2003	Langley Olympians Intra Club Meet
7*	24.20 S	F *I	Morgan Donahue	11	18/10/2003	Langley Olympians Swim Club Intra Club M
7*	24.20 S	F *I	Carissa Hinkkuri	11	18/11/2004	Best Times SCM
10	24.80 S	F *I	Michelle Kragt	12	18/10/2003	Langley Olympians Swim Club Intra Club M
<b>Women 11-12 50 Breast</b>						
1	35.08 S	F	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
2	36.41 S	F	Hillary Metcalfe	11	22/01/2010	2010 CDSC New Years Invitational
3	38.17 S	F	Kate Thomson	12	27/10/2007	2007 VPSC Invitational
4	40.55 S	F	Martha Metcalfe	12	13/12/2008	December 13 IntraClub Meet
5	40.87 S	F	Trista Tetreault	11	24/10/2009	2009 VPSC Invitational
6	41.21 S	F *I	Vanessa Rivas	11	14/06/2008	2008 L/A OSC June Intraclu
7	41.40 S	F *I	Hilary Cave	12	27/10/2007	2007 VPSC Invitational
8	41.42 S	F	Romina Worthington	12	25/10/2008	2008 VPSC Invitational
9	41.49 S	F	Devon Mark	11	24/10/2009	2009 VPSC Invitational
10	41.60 S	F *I	Hannah Jones	12	07/06/2003	Langley Olympians Intra Club Meet
<b>Women 11-12 100 Breast</b>						
1	1:14.35 S	F	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
2	1:17.76 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	1:18.33 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
4	1:23.46 S	F *I	Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
5	1:24.83 S	F	Rachelle Salli	12	19/10/2002	6th Annual Vancouver Pacific Invitational
6	1:26.39 S	P *I	Hilary Cave	12	28/02/2008	2008 TAS BC Provincial SC Championships
7	1:26.40 S	P	Devon Mark	11	11/12/2009	2009 PCS Xmas Cracker Invitational
8	1:26.71 S	F	Trista Tetreault	11	16/01/2010	2010 Hyack Icebreaker Classic
9	1:27.52 S	F	Martha Metcalfe	12	08/02/2009	2009 LOSC February Challenge
10	1:27.80 S	P	Kyla Barton	12	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 11-12 200 Breast</b>						
1	2:41.73 S	F	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
2	2:45.47 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	2:50.34 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
4	2:57.18 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
5	2:57.69 S	P	Martha Metcalfe	12	26/02/2009	2009 TAS BC AAA SC Championships
6	3:03.31 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
7	3:03.33 S	F	*I Hilary Cave	12	07/12/2007	2007 PCS Xmas Cracker Invitational
8	3:05.01 S	P	Kyla Barton	12	04/03/2010	2010 TAS BC AAA SC Championships
9	3:06.15 S	P	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
10	3:06.75 S	F	*I Vanessa Rivas	11	28/02/2008	2008 TAS BC Provincial SC Championships
<b>Women 11-12 25 Fly</b>						
1	15.80 S	F	*I Hannah Jones	12	18/11/2004	Best Times SCM
2	16.90 S	F	*I Jiyeon Oh	12	07/06/2003	Langley Olympians Intra Club Meet
3	17.00 S	F	Chelsey Salli	11	07/06/2003	Langley Olympians Intra Club Meet
4	18.10 S	F	*I Kaitlin George	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
5	18.83 S	F	*I Tricia Kiss	12	23/10/2004	Halloween Intra Club Meet - 2004/05
6	18.90 S	F	*I Jenya Sur	11	06/12/2003	Langley Olympians Intra Club Meet
7	19.60 S	F	*I Tegan Ringham	12	08/02/2003	Langley Olympians Intra Club Meet
8	19.90 S	F	*I Sydney Towers	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
9	20.30 S	F	*I Morgan Donahue	11	07/06/2003	Langley Olympians Intra Club Meet
10	20.91 S	F	*I Carissa Hinkkuri	12	20/11/2004	Novice Meet - 1 - 2004
<b>Women 11-12 50 Fly</b>						
1	33.08 S	F	*I Hilary Cave	12	09/07/2008	2008 LOSC Last Chance July TimeTrial
2	33.42 S	F	*I Meghan Cheung	12	05/12/2008	Fastswim 2008
3	33.99 S	F	Trista Tetreault	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
4	34.24 S	F	Siobhan Board	11	31/07/2009	2009 Year End Time Trial
5	34.35 S	F	Martha Metcalfe	12	08/02/2009	2009 LOSC February Challenge
6	34.40 S	F	*I Jessie Gibson	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
7	34.62 S	F	Kate Thomson	12	07/12/2007	2007 PCS Xmas Cracker Invitational
8	34.70 S	F	*I Hannah Jones	12	18/10/2003	Langley Olympians Swim Club Intra Club M
9	34.83 S	F	Devon Mark	11	11/12/2009	2009 PCS Xmas Cracker Invitational
10	35.09 S	F	Hillary Metcalfe	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 11-12 100 Fly</b>						
1	1:13.31 S	F	Rachelle Salli	12	19/10/2002	6th Annual Vancouver Pacific Invitational
2	1:14.30 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
3	1:14.74 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
4	1:14.84 S	P	Martha Metcalfe	12	26/02/2009	2009 TAS BC AAA SC Championships
5	1:16.43 S	F	Romina Worthington	12	08/11/2008	Fall into Finals 2008
6	1:16.44 S	F	*I Hilary Cave	12	07/12/2007	2007 PCS Xmas Cracker Invitational
7	1:16.80 S	F	*I Meghan Cheung	12	05/12/2008	Fastswim 2008
8	1:17.01 S	F	Chelsey Salli	12	12/11/2004	Island Pacific Cup
9	1:17.48 S	F	Siobhan Board	12	22/01/2010	2010 CDSC New Years Invitational
10	1:17.86 S	P	*I Jessie Gibson	11	11/12/2009	2009 PCS Xmas Cracker Invitational
<b>Women 11-12 200 Fly</b>						
1	2:42.02 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
2	2:44.72 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
3	2:45.34 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
4	2:46.12 S	P	Martha Metcalfe	12	26/02/2009	2009 TAS BC AAA SC Championships
5	2:47.24 S	P	*I Hilary Cave	12	07/12/2007	2007 PCS Xmas Cracker Invitational
6	2:48.99 S	P	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
7	2:50.80 S	F	Chelsey Salli	12	12/11/2004	Island Pacific Cup
8	2:51.82 S	P	*I Jessie Gibson	12	04/03/2010	2010 TAS BC AAA SC Championships
9	2:52.55 S	P	*I Vanessa Rivas	11	28/02/2008	2008 TAS BC Provincial SC Championships
10	2:56.50 S	F	Kate Thomson	12	19/01/2008	Hyack 2008 Icebreaker

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 11-12 100 IM</b>						
1	1:13.99 S	F	Kate Thomson	12	15/12/2007	2007 L/A OSC December Intraclub #2
2	1:14.01 S	F	Chelsey Salli	12	18/12/2004	2004 Christmas Intra Club
3	1:16.05 S	F	Hillary Metcalfe	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
4	1:16.76 S	F	Trista Tetreault	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	1:16.80 S	F	*I Hannah Jones	12	18/10/2003	Langley Olympians Swim Club Intra Club M
6	1:17.28 S	F	*I Jessie Gibson	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
7	1:18.93 S	F	*I Vanessa Rivas	11	14/06/2008	2008 L/A OSC June Intraclu
8	1:19.04 S	F	Romina Worthington	12	13/12/2008	December 13 IntraClub Meet
9	1:19.30 S	F	Rachelle Salli	12	08/06/2002	Langley Olympians Intra Club Meet
10	1:19.77 S	F	Martha Metcalfe	12	11/10/2008	October 11 IntraClub
<b>Women 11-12 200 IM</b>						
1	2:29.62 S	P	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
2	2:31.64 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	2:35.85 S	F	Hillary Metcalfe	11	04/03/2010	2010 TAS BC AAA SC Championships
4	2:36.85 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
5	2:38.71 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
6	2:39.19 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
7	2:39.77 S	P	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
8	2:41.20 S	P	*I Jessie Gibson	12	04/03/2010	2010 TAS BC AAA SC Championships
9	2:41.92 S	F	Devon Mark	11	04/03/2010	2010 TAS BC AAA SC Championships
10	2:44.19 S	F	Martha Metcalfe	12	08/11/2008	Fall into Finals 2008
<b>Women 11-12 300 IM</b>						
1	5:55.02 S	F	*I Rachel Sanders	12	15/12/2001	Delta Regional Meet
<b>Women 11-12 400 IM</b>						
1	5:20.98 S	F	Chelsey Salli	12	10/12/2004	2004 PCS Christmas Cracker Meet
2	5:22.00 S	F	Kate Thomson	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	5:25.82 S	F	Rachelle Salli	12	08/11/2002	ISLAND PACIFIC CUP
4	5:30.01 S	F	*I Hannah Jones	12	27/02/2003	TAS BC Open Age Group Championships
5	5:31.40 S	F	Martha Metcalfe	12	26/02/2009	2009 TAS BC AAA SC Championships
6	5:36.99 S	F	Trista Tetreault	11	04/03/2010	2010 TAS BC AAA SC Championships
7	5:41.75 S	P	Romina Worthington	12	26/02/2009	2009 TAS BC AAA SC Championships
8	5:41.88 S	P	*I Jessie Gibson	12	04/03/2010	2010 TAS BC AAA SC Championships
9	5:46.84 S	F	*I Hilary Cave	12	07/12/2007	2007 PCS Xmas Cracker Invitational
10	5:47.32 S	F	*I Vanessa Rivas	11	28/02/2008	2008 TAS BC Provincial SC Championships
<b>Women 13-14 25 Free</b>						
1	14.00 S	F	Rachelle Salli	13	18/10/2003	Langley Olympians Swim Club Intra Club M
2	14.90 S	F	*I Kaitlin George	13	18/11/2004	Best Times SCM
3	15.20 S	F	*I Jiyoong Oh	13	18/10/2003	Langley Olympians Swim Club Intra Club M
4	16.10 S	F	*I Tegan Ringham	13	18/10/2003	Langley Olympians Swim Club Intra Club M
5	16.50 S	F	*I Lacey Shields	14	18/11/2004	Best Times SCM
6	17.00 S	F	*I Jillian MacKnee	14	18/11/2004	Best Times SCM
7	20.50 S	F	*I Alex Cann	13	18/10/2003	Langley Olympians Swim Club Intra Club M
8	22.90 S	F	*I Stevie Olsthoorn	14	18/10/2003	Langley Olympians Swim Club Intra Club M
<b>Women 13-14 50 Free</b>						
1	27.33 S	F	Morgan Mark	14	26/02/2009	2009 TAS BC AAA SC Championships
2	27.40 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
3	28.33 S	F	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
4	28.68 S	F	Melanie Dodds	14	17/01/2004	2004 Hyack Short Course Invitational Swim
5	28.80 S	F	*I Katie Kottowski	14	08/11/2002	ISLAND PACIFIC CUP
6	28.87 S	F	*I Shauna Jense	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	28.93 S	F	Janelle Hay	14	14/11/2009	LOSC 3rd Annual Short Course Invitational
8	29.00 S	F	Chelsey Salli	14	10/06/2006	2006 June Intraclub-Novice Meet
9	29.45 S L	F	*I Jiyoong Oh	14	10/12/2004	2004 PCS Christmas Cracker Meet

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
10	29.63 S	F	*I Kaitlin George	14	03/02/2005	2005 TAS AAA Championshipst
<b>Women 13-14 100 Free</b>						
1	58.78 S	F	Morgan Mark	14	26/02/2009	2009 TAS BC AAA SC Championships
2	59.59 S	P	Rachelle Salli	14	19/02/2004	2004 Western Canadian Championships
3	1:00.83 S	F	Melanie Dodds	14	28/11/2003	Fastswim Classic 2003
4	1:01.13 S	F	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
5	1:01.99 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
6	1:02.29 S L	F	*I Shauna Jense	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	1:02.98 S	F	Chelsey Salli	13	02/12/2005	FASTSWIM 2005
8	1:03.43 S	P	Kate Thomson	13	26/02/2009	2009 TAS BC AAA SC Championships
9	1:03.46 S	F	*I Jiyooh Oh	14	10/12/2004	2004 PCS Christmas Cracker Meet
10	1:03.52 S	F	Janelle Hay	14	14/11/2009	LOSC 3rd Annual Short Course Invitational
<b>Women 13-14 200 Free</b>						
1	2:07.73 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
2	2:08.77 S	F	Morgan Mark	14	30/01/2009	2009 TAS BC Sr Championships
3	2:09.84 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
4	2:11.06 S L	F	Chelsey Salli	14	02/02/2006	TAS BC AAA Provincial Championships
5	2:13.05 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
6	2:13.14 S	P	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
7	2:13.37 S	F	*I Jiyooh Oh	14	10/12/2004	2004 PCS Christmas Cracker Meet
8	2:14.10 S	P	*I Hannah Jones	14	10/12/2004	2004 PCS Christmas Cracker Meet
9	2:15.18 S	P	*I Shauna Jense	13	11/11/2005	Island Pacific Cup
10	2:15.29 S	F	Kate Thomson	13	26/02/2009	2009 TAS BC AAA SC Championships
<b>Women 13-14 300 Free</b>						
1	4:42.08 S	F	*I Kristina Kreklevich	14	29/01/2005	2005 January Novice Meet
2	5:02.14 S	F	*I Gabrielle Willms	14	19/11/2005	LOSC November Novice Meet 2005
3	5:04.25 S	F	*I Celeste Jensen	14	28/05/2005	2005 May Novice Meet
4	5:05.50 S	F	*I Alana McGinn	14	19/11/2005	LOSC November Novice Meet 2005
5	5:14.35 S	F	*I Julie Drapeau	14	18/12/2004	2004 Christmas Intra Club
6	5:16.36 S	F	Brianna Bookey	14	17/04/2010	LAOSC Novice Meet April 17 2010
7	5:21.56 S	F	*I Sarah Yang	13	10/11/2007	2007 L/A OSC November Novice #2
8	5:33.19 S	F	*I Danielle Hamel	13	29/01/2005	2005 January Novice Meet
9	5:39.62 S	F	*I Laura Zanzerl	14	13/12/2008	December 13 IntraClub Meet
10	5:41.20 S	F	*I Hayley Wood	13	19/01/2002	Langley Olympians Novice Meet
<b>Women 13-14 400 Free</b>						
1	4:33.20 S	F	Rachelle Salli	14	18/11/2004	Best Times SCM
2	4:33.74 S	F	Chelsey Salli	14	16/02/2006	Western SC Champs 2006
3	4:34.09 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
4	4:38.77 S	P	*I Jiyooh Oh	14	17/02/2005	2005 Western Canadian Championships
5	4:40.93 S	F	Morgan Mark	14	05/12/2008	Fastswim 2008
6	4:41.92 S	F	*I Shauna Jense	13	11/11/2005	Island Pacific Cup
7	4:42.90 S	F	*I Shelby Blankstein	13	26/02/2009	2009 TAS BC AAA SC Championships
8	4:43.15 S	P	*I Hannah Jones	14	12/11/2004	Island Pacific Cup
9	4:43.38 S	F	*I Katie Kotlowski	14	18/01/2003	January 2003 SC Invitational
10	4:45.46 S	P	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 13-14 800 Free</b>						
1	9:19.52 S	F	Chelsey Salli	14	02/02/2006	TAS BC AAA Provincial Championships
2	9:21.58 S	F	Rachelle Salli	14	19/02/2004	2004 Western Canadian Championships
3	9:24.96 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
4	9:27.22 S	F	*I Shauna Jense	14	01/03/2007	2007 TAS Provincial Short Course Champic
5	9:31.19 S	F	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
6	9:31.35 S	F	*I Hannah Jones	14	03/02/2005	2005 TAS AAA Championshipst
7	9:33.06 S	F	*I Jiyooh Oh	14	03/02/2005	2005 TAS AAA Championshipst
8	9:36.39 S	F	Kate Thomson	14	04/03/2010	2010 TAS BC AAA SC Championships

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	9:36.91 S	F	Romina Worthington	13	04/03/2010	2010 TAS BC AAA SC Championships
10	9:40.50 S	F	Morgan Mark	14	05/12/2008	Fastswim 2008
<b>Women 13-14 1500 Free</b>						
1	18:40.91 S	F	Kate Thomson	13	05/12/2008	Fastswim 2008
2	18:57.98 S	F	*I Shelby Blankstein	13	05/12/2008	Fastswim 2008
3	22:37.72 S	F	*I Shannon Smith	14	09/12/2006	SFU-SFA December LMR swim meet
<b>Women 13-14 25 Back</b>						
1	15.30 S	F	*I Katie Kotlowski	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	16.70 S	F	Rachelle Salli	13	07/06/2003	Langley Olympians Intra Club Meet
3	19.70 S	F	*I Lacey Shields	13	18/11/2004	Best Times SCM
4	20.90 S	F	*I Arianna Dametto	14	07/06/2003	Langley Olympians Intra Club Meet
5	22.50 S	F	*I Hayley Wood	14	19/10/2002	LOSC Intra Club
<b>Women 13-14 50 Back</b>						
1	31.41 S L	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
2	31.51 S L	F	*I Shauna Jense	13	02/02/2006	TAS BC AAA Provincial Championships
3	31.73 S	F	Rachelle Salli	14	19/02/2004	2004 Western Canadian Championships
4	32.81 S L	F	Morgan Mark	14	26/02/2009	2009 TAS BC AAA SC Championships
5	33.04 S	F	Chelsey Salli	14	14/10/2006	2006 October Intraclub
6	33.34 S L	F	*I Tricia Kiss	14	01/12/2006	Fastswim 2006
7	33.67 S L	F	Kate Thomson	14	11/12/2009	2009 PCS Xmas Cracker Invitational
8	33.73 S L	F	Melanie Dodds	14	27/02/2003	TAS BC Open Age Group Championships
9	35.31 S	F	*I Adrienne Hait	14	17/12/2005	December Intraclub Meet 2005
10	35.41 S	F	Martha Metcalfe	13	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 13-14 100 Back</b>						
1	1:06.85 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
2	1:07.07 S	F	*I Shauna Jense	14	01/03/2007	2007 TAS Provincial Short Course Champic
3	1:08.34 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
4	1:09.54 S	P	Chelsey Salli	14	02/02/2006	TAS BC AAA Provincial Championships
5	1:09.59 S	F	Melanie Dodds	14	27/02/2003	TAS BC Open Age Group Championships
6	1:10.96 S	F	Morgan Mark	14	15/11/2008	LOSC 2nd Annual Short Course Invitational
7	1:10.99 S	F	*I Tricia Kiss	14	01/12/2006	Fastswim 2006
8	1:13.19 S	F	Kate Thomson	13	05/12/2008	Fastswim 2008
9	1:15.70 S	F	*I Adrienne Hait	14	29/10/2005	2005 VPSC Invitational
10	1:15.89 S	P	*I Hannah Jones	13	18/11/2004	Best Times SCM
<b>Women 13-14 200 Back</b>						
1	2:22.14 S	F	Rachelle Salli	14	19/02/2004	2004 Western Canadian Championships
2	2:23.00 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
3	2:23.61 S	F	*I Shauna Jense	13	02/12/2005	FASTSWIM 2005
4	2:24.65 S	F	Chelsey Salli	14	02/02/2006	TAS BC AAA Provincial Championships
5	2:29.10 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
6	2:29.79 S	F	*I Tricia Kiss	14	01/12/2006	Fastswim 2006
7	2:32.32 S	P	Morgan Mark	14	05/12/2008	Fastswim 2008
8	2:34.17 S	P	Kate Thomson	14	11/12/2009	2009 PCS Xmas Cracker Invitational
9	2:35.12 S	F	*I Hannah Jones	14	10/12/2004	2004 PCS Christmas Cracker Meet
10	2:37.25 S	P	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
<b>Women 13-14 25 Breast</b>						
1	18.40 S	F	Rachelle Salli	13	18/10/2003	Langley Olympians Swim Club Intra Club M
2	20.90 S	F	*I Jillian MacKnee	14	18/10/2003	Langley Olympians Swim Club Intra Club M
3	21.30 S	F	*I Jiyooh Oh	13	18/10/2003	Langley Olympians Swim Club Intra Club M
4	21.90 S	F	*I Kaitlin George	13	18/10/2003	Langley Olympians Swim Club Intra Club M
5	22.80 S	F	*I Tegan Ringham	13	18/10/2003	Langley Olympians Swim Club Intra Club M
6	23.00 S	F	*I Lacey Shields	14	18/10/2003	Langley Olympians Swim Club Intra Club M
7	28.70 S	F	*I Stevie Olsthoorn	14	18/10/2003	Langley Olympians Swim Club Intra Club M
8	28.88 S	F	*I Andrea Hall	13	14/10/2006	2006 October Intraclub

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	29.70 S	F	*I Alex Cann	13	18/10/2003	Langley Olympians Swim Club Intra Club M
10	30.58 S	F	*I Julie Drapeau	14	18/11/2004	Best Times SCM
<b>Women 13-14 50 Breast</b>						
1	34.06 S	F	Chelsey Salli	14	16/02/2006	Western SC Champs 2006
2	34.83 S	F	*I Hannah Jones	14	17/02/2005	2005 Western Canadian Championships
3	35.43 S	P	Kate Thomson	13	12/02/2009	2009 Speedo Western Canadian SC Cham
4	35.98 S	F	Melanie Dodds	14	13/12/2003	December SFU-SFA LMR Meet
5	37.08 S	F	Morgan Mark	14	27/06/2009	LAOSC IntraClub Meet June 27 2009
6	37.60 S	F	Rachelle Salli	14	19/06/2004	LOSC Year End Intra Meet June 2004
7	38.57 S	F	*I Adrienne Hait	14	15/10/2005	October Intraclub Meet 2005
8	38.73 S	F	*I Tricia Kiss	14	16/12/2006	2006 December Intraclub Meet
9	39.16 S	F	Martha Metcalfe	13	24/10/2009	2009 VPSC Invitational
10	39.48 S	F	Romina Worthington	13	27/06/2009	LAOSC IntraClub Meet June 27 2009
<b>Women 13-14 100 Breast</b>						
1	1:12.53 S	F	Chelsey Salli	14	16/02/2006	Western SC Champs 2006
2	1:14.57 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
3	1:14.71 S	F	*I Hannah Jones	14	17/02/2005	2005 Western Canadian Championships
4	1:17.12 S	F	Kate Thomson	14	11/12/2009	2009 PCS Xmas Cracker Invitational
5	1:21.73 S	P	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
6	1:21.78 S	P	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
7	1:22.26 S	P	*I Tricia Kiss	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	1:23.11 S	P	Janelle Hay	14	26/02/2009	2009 TAS BC AAA SC Championships
9	1:23.14 S	F	*I Katie Kotlowski	14	19/10/2002	6th Annual Vancouver Pacific Invitational
10	1:23.50 S	F	Morgan Mark	14	17/01/2009	2009 Hyack Icebreaker Classic
<b>Women 13-14 200 Breast</b>						
1	2:31.33 S	F	Chelsey Salli	14	02/02/2006	TAS BC AAA Provincial Championships
2	2:35.36 S	F	*I Hannah Jones	14	17/02/2005	2005 Western Canadian Championships
3	x2:37.31 S	F	Melanie Dodds	14	13/12/2003	December SFU-SFA LMR Meet
4	2:40.79 S	F	Kate Thomson	14	04/03/2010	2010 TAS BC AAA SC Championships
5	2:52.03 S	P	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
6	2:52.75 S	P	*I Adrienne Hait	14	11/11/2005	Island Pacific Cup
7	2:53.57 S	P	Rachelle Salli	13	07/11/2003	ISLAND PACIFIC CUP
8	2:55.57 S	P	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
9	2:56.50 S	P	*I Tricia Kiss	14	01/03/2007	2007 TAS Provincial Short Course Champic
10	2:56.57 S	P	*I Shauna Jense	13	11/11/2005	Island Pacific Cup
<b>Women 13-14 25 Fly</b>						
1	14.00 S	F	*I Katie Kotlowski	14	18/11/2004	Best Times SCM
2	14.80 S	F	Rachelle Salli	13	07/06/2003	Langley Olympians Intra Club Meet
3	15.90 S	F	*I Hannah Jones	13	06/12/2003	Langley Olympians Intra Club Meet
4	16.80 S	F	*I Jiyooh Oh	13	18/11/2004	Best Times SCM
5	18.00 S	F	*I Kaitlin George	13	06/12/2003	Langley Olympians Intra Club Meet
6	18.20 S	F	*I Jillian MacKnee	14	18/11/2004	Best Times SCM
7	18.80 S	F	*I Tegan Ringham	13	18/11/2004	Best Times SCM
8*	19.70 S	F	*I Lacey Shields	13	09/03/2003	Langley Olympians Intra Club Meet
8*	19.70 S	F	*I Arianna Dametto	14	07/06/2003	Langley Olympians Intra Club Meet
10	20.80 S	F	*I Alex Cann	13	18/11/2004	Best Times SCM
<b>Women 13-14 50 Fly</b>						
1	30.06 S	F	Morgan Mark	13	09/07/2008	2008 LOSC Last Chance July TimeTrial
2	30.13 S	F	Rachelle Salli	14	19/02/2004	2004 Western Canadian Championships
3	31.56 S	F	*I Shauna Jense	13	29/10/2005	2005 VPSC Invitational
4	31.58 S	F	*I Jiyooh Oh	14	17/02/2005	2005 Western Canadian Championships
5	31.70 S	F	Melanie Dodds	14	25/10/2003	VPSC Invitational 2003
6	31.85 S	F	Daniella Szalkai	13	10/06/2006	2006 June Intraclub-Novice Meet
7	32.34 S	F	Chelsey Salli	13	29/10/2005	2005 VPSC Invitational

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
8	32.53 S	P	*I Shelby Blankstein	13	05/12/2008	Fastswim 2008
9	32.67 S	F	*I Hannah Jones	14	18/11/2004	Best Times SCM
10	32.80 S	F	Romina Worthington	13	11/12/2009	2009 PCS Xmas Cracker Invitational
<b>Women 13-14 100 Fly</b>						
1	1:04.49 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
2	1:05.66 S	P	Morgan Mark	14	12/02/2009	2009 Speedo Western Canadian SC Champ
3	1:05.69 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
4	1:07.55 S	F	Daniella Szalkai	14	01/12/2006	Fastswim 2006
5	1:07.79 S	F	*I Shauna Jense	14	01/03/2007	2007 TAS Provincial Short Course Champic
6	1:08.06 S	F	*I Jiyoon Oh	14	17/02/2005	2005 Western Canadian Championships
7	1:09.02 S	F	*I Hannah Jones	14	18/11/2004	Best Times SCM
8	1:09.81 S	P	*I Shelby Blankstein	13	05/12/2008	Fastswim 2008
9	1:11.53 S	F	Melanie Dodds	14	17/01/2004	2004 Hyack Short Course Invitational Swim
10	1:12.12 S	P	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
<b>Women 13-14 200 Fly</b>						
1	2:22.86 S	F	*I Shauna Jense	13	16/02/2006	Western SC Champs 2006
2	2:23.64 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
3	2:25.57 S	F	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
4	2:26.05 S	F	*I Jiyoon Oh	14	03/02/2005	2005 TAS AAA Championshipst
5	2:26.22 S	F	*I Shelby Blankstein	13	30/01/2009	2009 TAS BC Sr Championships
6	2:27.22 S	P	Daniella Szalkai	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	2:30.72 S	F	Kate Thomson	14	04/03/2010	2010 TAS BC AAA SC Championships
8	2:31.59 S	F	Melanie Dodds	14	07/11/2003	ISLAND PACIFIC CUP
9	2:34.71 S	F	*I Hannah Jones	14	10/12/2004	2004 PCS Christmas Cracker Meet
10	2:35.01 S	F	Morgan Mark	14	17/01/2009	2009 Hyack Icebreaker Classic
<b>Women 13-14 100 IM</b>						
1	31.88 S	P	*I Katie Fritz	13	10/03/2002	Langley Olympians Intra Club Meet
2	1:09.09 S	F	Chelsey Salli	14	14/10/2006	2006 October Intraclub
3	1:09.52 S	F	Morgan Mark	14	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	1:10.29 S	F	Kate Thomson	14	27/06/2009	LAOSC IntraClub Meet June 27 2009
5	1:11.00 S	F	Rachelle Salli	14	19/06/2004	LOSC Year End Intra Meet June 2004
6	1:11.70 S	F	*I Katie Kotlowski	14	19/10/2002	LOSC Intra Club
7	1:12.40 S	F	Melanie Dodds	14	18/10/2003	Langley Olympians Swim Club Intra Club M
8	1:12.83 S	F	*I Shauna Jense	13	15/10/2005	October Intraclub Meet 2005
9	1:13.16 S	F	*I Tricia Kiss	14	16/12/2006	2006 December Intraclub Meet
10	1:13.25 S	F	*I Hannah Jones	14	15/10/2005	October Intraclub Meet 2005
<b>Women 13-14 200 IM</b>						
1	2:22.20 S	F	Chelsey Salli	14	16/02/2006	Western SC Champs 2006
2	2:22.98 S	F	Rachelle Salli	14	05/02/2004	TAS BC PROVINCIAL CHAMPS
3	2:24.87 S	F	*I Hannah Jones	14	17/02/2005	2005 Western Canadian Championships
4	2:25.50 S	F	Melanie Dodds	14	28/11/2003	Fastswim Classic 2003
5	2:25.70 S	F	Kate Thomson	14	04/03/2010	2010 TAS BC AAA SC Championships
6	2:27.19 S	F	Morgan Mark	14	26/02/2009	2009 TAS BC AAA SC Championships
7	2:28.05 S	F	*I Shauna Jense	13	02/12/2005	FASTSWIM 2005
8	2:28.92 S	P	*I Katie Kotlowski	14	08/11/2002	ISLAND PACIFIC CUP
9	2:31.95 S	P	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
10	2:33.36 S	F	*I Jiyoon Oh	14	10/12/2004	2004 PCS Christmas Cracker Meet
<b>Women 13-14 400 IM</b>						
1	4:56.81 S	F	Rachelle Salli	14	12/11/2004	Island Pacific Cup
2	5:01.15 S	P	Chelsey Salli	13	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
3	5:02.50 S	F	Melanie Dodds	14	28/11/2003	Fastswim Classic 2003
4	5:03.11 S	F	*I Hannah Jones	14	03/02/2005	2005 TAS AAA Championshipst
5	5:07.32 S	F	Kate Thomson	13	26/02/2009	2009 TAS BC AAA SC Championships
6	5:07.43 S	P	*I Shauna Jense	13	16/02/2006	Western SC Champs 2006

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	5:13.21 S	F	Martha Metcalfe	13	04/03/2010	2010 TAS BC AAA SC Championships
8	5:15.98 S	F	Morgan Mark	14	26/02/2009	2009 TAS BC AAA SC Championships
9	5:19.63 S	P *I	Katie Kotlowski	14	29/11/2002	Fastswim2002
10	5:20.75 S	F *I	Jiyoon Oh	14	03/02/2005	2005 TAS AAA Championshipst
<b>Women 25 Free</b>						
1	14.30 S	F *I	Katie Kotlowski	15	18/11/2004	Best Times SCM
2	16.50 S	F *I	Carmen Keller	17	08/02/2003	Langley Olympians Intra Club Meet
<b>Women 50 Free</b>						
1	26.70 S	F *I	Olivia Montgomery	18	27/06/2009	LAOSC IntraClub Meet June 27 2009
2	26.95 S L	F	Morgan Mark	15	04/03/2010	2010 TAS BC AAA SC Championships
3	26.96 S L	F *I	Kayla Rawlings	16	19/02/2004	2004 Western Canadian Championships
4	26.98 S L	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
5	27.06 S	F	Rachelle Salli	16	02/12/2005	FASTSWIM 2005
6	27.65 S L	F	Chelsey Salli	16	28/02/2008	2008 TAS BC Provincial SC Championships
7	27.75 S	P	Daniella Szalkai	17	18/02/2010	Speedo Western Canadian Championships
8	27.90 S	F *I	Adrienne Hait	16	01/12/2006	Fastswim 2006
9	28.11 S	P *I	Shannon Garrett	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
10	28.27 S	F	Melanie Dodds	15	22/01/2005	Icebreaker Classic
<b>Women 100 Free</b>						
1	57.18 S	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
2	57.52 S	F *I	Olivia Montgomery	17	28/02/2008	2008 TAS BC Provincial SC Championships
3	58.04 S	P *I	Kayla Rawlings	16	19/02/2004	2004 Western Canadian Championships
4	58.27 S	F	Morgan Mark	15	18/02/2010	Speedo Western Canadian Championships
5	58.58 S	F	Rachelle Kichton	17	04/03/2010	2010 TAS BC AAA SC Championships
6	58.65 S	F	Rachelle Salli	15	03/02/2005	2005 TAS AAA Championshipst
7	59.07 S	P *I	Adrienne Hait	17	14/02/2008	2008 Speedo Western Canadian Champion
8	59.19 S	F	Melanie Dodds	16	17/02/2005	2005 Western Canadian Championships
9	59.54 S	P	Chelsey Salli	16	28/02/2008	2008 TAS BC Provincial SC Championships
10	59.58 S	P *I	Shannon Garrett	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
<b>Women 200 Free</b>						
1	2:00.72 S	F *I	Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
2	2:01.41 S	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
3	2:04.27 S	F *I	Kayla Rawlings	16	18/11/2004	Best Times SCM
4	2:04.32 S L	F	Melanie Dodds	17	02/02/2006	TAS BC AAA Provincial Championships
5	2:05.05 S L	F	Rachelle Salli	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
6	2:06.76 S	F	Rachelle Kichton	17	04/03/2010	2010 TAS BC AAA SC Championships
7	2:07.25 S	F *I	Adrienne Hait	17	28/02/2008	2008 TAS BC Provincial SC Championships
8	2:07.27 S	F	Morgan Mark	15	04/03/2010	2010 TAS BC AAA SC Championships
9*	2:07.52 S	P	Daniella Szalkai	17	04/03/2010	2010 TAS BC AAA SC Championships
9*	2:07.52 S	F *I	Shannon Garrett	18	15/02/2007	2007 Speedo Western Canadian C
<b>Women 300 Free</b>						
1	4:19.91 S	F *I	Amanda Hall	17	11/06/2005	2005 June Intraclub Meet
2	4:48.24 S	F *I	Lena Ryoo	15	19/11/2005	LOSC November Novice Meet 2005
3	5:00.56 S	F *I	Corrina Keller	17	29/01/2005	2005 January Novice Meet
4	5:11.17 S	F *I	Ju Hee Hwang	15	11/06/2005	2005 June Intraclub Meet
5	5:12.27 S	F *I	Cayleigh Bergman	16	19/11/2005	LOSC November Novice Meet 2005
6	6:01.88 S	F *I	Carmen Keller		03/11/2001	Hyack Novice Meet
7	6:11.90 S	F *I	Angela Abril	15	28/01/2006	LOSC January Novice Meet 2006
<b>Women 400 Free</b>						
1	4:16.22 S	F *I	Shannon Garrett	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
2	4:16.93 S	F *I	Olivia Montgomery	17	30/01/2009	2009 TAS BC Sr Championships
3	4:18.64 S	P *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
4	4:23.81 S	P *I	Kayla Rawlings	16	19/02/2004	2004 Western Canadian Championships
5	4:24.16 S	F	Melanie Dodds	17	16/02/2006	Western SC Champs 2006

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	4:24.98 S	F	Rachelle Salli	15	17/02/2005	2005 Western Canadian Championships
7	4:27.34 S	P	Chelsey Salli	16	28/02/2008	2008 TAS BC Provincial SC Championships
8	4:28.86 S	P	Morgan Mark	15	18/02/2010	Speedo Western Canadian Championships
9	4:29.51 S	F	Rachelle Kichton	17	11/12/2009	2009 PCS Xmas Cracker Invitational
10	4:30.42 S	P	*I Adrienne Hait	17	14/02/2008	2008 Speedo Western Canadian Champion
<b>Women 800 Free</b>						
1	8:45.60 S	F	*I Shannon Garrett	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
2	8:55.14 S	F	*I Olivia Montgomery	18	11/03/2009	2009 SNC Spring Nationals
3	8:59.34 S	F	Rachelle Salli	16	16/02/2006	Western SC Champs 2006
4	9:01.40 S	F	Melanie Dodds	17	16/02/2006	Western SC Champs 2006
5	9:07.74 S	F	*I Shauna Jense	16	26/02/2009	2009 TAS BC AAA SC Championships
6	9:10.21 S	F	*I Tricia Kiss	17	04/03/2010	2010 TAS BC AAA SC Championships
7	9:11.42 S	F	Daniella Szalkai	17	04/03/2010	2010 TAS BC AAA SC Championships
8	9:11.91 S	F	*I Kayla Rawlings	16	05/02/2004	TAS BC PROVINCIAL CHAMPS
9	9:12.53 S	F	Chelsey Salli	16	13/01/2008	Distance Time Trial 2
10	9:17.14 S	F	*I Courtenay Landsiedel	19	20/01/2007	IcebreakClassic2007
<b>Women 1500 Free</b>						
1	17:07.88 S	F	*I Shannon Garrett	18	15/02/2007	2007 Speedo Western Canadian C
2	17:56.35 S	F	Rachelle Kichton	15	14/02/2008	2008 Speedo Western Canadian Champion
3	17:56.46 S	F	*I Olivia Montgomery	17	17/01/2009	2009 Hyack Icebreaker Classic
4	18:47.40 S	F	*I Jiyeon Oh	16	10/11/2006	Island Pacific Cup
<b>Women 25 Back</b>						
1	15.10 S	F	*I Katie Kotlowski	15	18/11/2004	Best Times SCM
2	15.80 S	F	*I Kayla Rawlings	15	18/11/2004	Best Times SCM
3	21.20 S	F	*I Carmen Keller	17	07/06/2003	Langley Olympians Intra Club Meet
<b>Women 50 Back</b>						
1	29.40 S	F	*I Katie Kotlowski	17	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
2	29.70 S	F	*I Tricia Kiss	17	18/02/2010	Speedo Western Canadian Championships
3	29.91 S	P	Chelsey Salli	17	12/02/2009	2009 Speedo Western Canadian SC Cham
4	30.40 S	P	Rachelle Salli	17	15/02/2007	2007 Speedo Western Canadian C
5	30.89 S L	F	*I Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
6	31.71 S	P	*I Shauna Jense	16	12/02/2009	2009 Speedo Western Canadian SC Cham
7	31.98 S L	F	Melanie Dodds	16	02/12/2005	FASTSWIM 2005
8	32.29 S	F	*I Kayla Rawlings	17	18/12/2004	2004 Christmas Intra Club
9	32.68 S	F	Rachelle Kichton	17	27/06/2009	LAOSC IntraClub Meet June 27 2009
10	32.85 S	P	*I Julia Dahl	17	11/12/2009	2009 OR Paul Bergen Jr. International Char
<b>Women 100 Back</b>						
1	1:02.89 S	P	Chelsey Salli	17	11/03/2009	2009 SNC Spring Nationals
2	1:03.02 S	F	*I Tricia Kiss	17	04/03/2010	2010 TAS BC AAA SC Championships
3	1:03.19 S L	F	*I Katie Kotlowski	17	17/02/2005	2005 Western Canadian Championships
4	1:03.81 S	F	*I Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
5	1:03.86 S	F	Rachelle Salli	17	15/02/2007	2007 Speedo Western Canadian C
6	1:07.54 S	F	Melanie Dodds	16	02/12/2005	FASTSWIM 2005
7	1:07.68 S	F	*I Shauna Jense	16	26/02/2009	2009 TAS BC AAA SC Championships
8	1:08.88 S	P	*I Kayla Rawlings	17	12/11/2004	Island Pacific Cup
9	1:09.60 S	F	Morgan Mark	15	31/07/2009	2009 Year End Time Trial
10	1:09.67 S	F	Rachelle Kichton	16	05/12/2008	Fastswim 2008
<b>Women 200 Back</b>						
1	2:12.08 S	P	Chelsey Salli	17	11/03/2009	2009 SNC Spring Nationals
2	2:14.14 S	F	*I Tricia Kiss	17	18/02/2010	Speedo Western Canadian Championships
3	2:14.57 S	F	*I Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
4	2:14.86 S	F	Rachelle Salli	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
5	2:15.68 S	F	*I Katie Kotlowski	17	17/02/2005	2005 Western Canadian Championships
6	2:19.06 S	F	Melanie Dodds	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	x2:26.32 S	F *I	Kayla Rawlings	16	13/12/2003	December SFU-SFA LMR Meet
8	2:26.85 S	P *I	Shauna Jense	16	30/01/2009	2009 TAS BC Sr Championships
9	2:26.99 S	P	Rachelle Kichton	17	04/03/2010	2010 TAS BC AAA SC Championships
10	2:29.68 S	F *I	Hannah Jones	15	02/02/2006	TAS BC AAA Provincial Championships
<b>Women 25 Breast</b>						
1	18.40 S	F *I	Kayla Rawlings	16	18/10/2003	Langley Olympians Swim Club Intra Club M
2	19.10 S	F *I	Katie Kotlowski	15	18/11/2004	Best Times SCM
3	22.40 S	F *I	Carmen Keller	17	08/02/2003	Langley Olympians Intra Club Meet
4	33.48 S	F *I	Angela Abril	15	15/10/2005	October Intraclub Meet 2005
<b>Women 50 Breast</b>						
1	32.02 S	P	Chelsey Salli	17	11/03/2009	2009 SNC Spring Nationals
2	34.20 S	P	Melanie Dodds	15	19/02/2004	2004 Western Canadian Championships
3	34.63 S	F *I	Annika Schmuck	17	02/12/2005	FASTSWIM 2005
4	35.24 S	P *I	Hannah Jones	17	14/02/2008	2008 Speedo Western Canadian Champion
5	36.01 S	F *I	Courtenay Landsiedel	17	29/10/2005	2005 VPSC Invitational
6	36.04 S	F *I	Tricia Kiss	17	24/10/2009	2009 VPSC Invitational
7	36.60 S	F *I	Bora Lee	15	13/10/2007	2007 L/A OSC October Intraclub #1
8	36.85 S	F	Rachelle Kichton	17	27/06/2009	LAOSC IntraClub Meet June 27 2009
9	37.20 S	F *I	Kayla Rawlings	16	19/06/2004	LOSC Year End Intra Meet June 2004
10	37.23 S	F	Morgan Mark	15	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Women 100 Breast</b>						
1	1:08.04 S	F	Chelsey Salli	17	11/03/2009	2009 SNC Spring Nationals
2	1:13.34 S	F	Melanie Dodds	15	19/02/2004	2004 Western Canadian Championships
3	1:13.75 S	F *I	Hannah Jones	17	28/02/2008	2008 TAS BC Provincial SC Championships
4	1:14.84 S	F *I	Tricia Kiss	17	11/12/2009	2009 PCS Xmas Cracker Invitational
5	1:15.43 S	F *I	Bora Lee	15	17/11/2007	Langley Olympians Remembrance Swim M
6	1:16.54 S	P *I	Annika Schmuck	17	02/12/2005	FASTSWIM 2005
7	1:17.66 S	F *I	Courtenay Landsiedel	20	19/01/2008	Hyack 2008 Icebreaker
8	1:18.62 S	P *I	Adrienne Hait	16	01/03/2007	2007 TAS Provincial Short Course Champic
9	1:20.18 S	F *I	Shannon Garrett	18	20/01/2007	IcebreakeClassic2007
10	1:20.68 S	F	Rachelle Kichton	17	16/01/2010	2010 Hyack Icebreaker Classic
<b>Women 200 Breast</b>						
1	2:25.94 S	F	Chelsey Salli	17	11/03/2009	2009 SNC Spring Nationals
2	2:35.92 S	P *I	Tricia Kiss	17	18/02/2010	Speedo Western Canadian Championships
3	2:35.96 S	F	Melanie Dodds	15	19/02/2004	2004 Western Canadian Championships
4	2:38.41 S	F *I	Hannah Jones	17	28/02/2008	2008 TAS BC Provincial SC Championships
5	2:39.18 S	F *I	Annika Schmuck	17	02/12/2005	FASTSWIM 2005
6	2:44.64 S	P *I	Courtenay Landsiedel	18	10/11/2006	Island Pacific Cup
7	2:45.39 S	F *I	Bora Lee	15	02/11/2007	2007 ThunderSplash at UBC
8	2:47.19 S	F	Rachelle Kichton	17	14/11/2009	LOSC 3rd Annual Short Course Invitational
9	2:47.74 S	F	Kate Thomson	15	30/07/2010	Hyack 2010 Year End Time Trial
10	2:47.78 S	P *I	Shannon Garrett	18	15/02/2007	2007 Speedo Western Canadian C
<b>Women 25 Fly</b>						
1	13.80 S	F *I	Kayla Rawlings	15	07/06/2003	Langley Olympians Intra Club Meet
2	14.50 S	F *I	Katie Kotlowski	15	09/03/2003	Langley Olympians Intra Club Meet
3	18.20 S	F *I	Carmen Keller	17	08/02/2003	Langley Olympians Intra Club Meet
4	23.93 S	F *I	Corrina Keller	17	18/11/2004	Best Times SCM
5	29.80 S	F *I	Angela Abril	15	15/10/2005	October Intraclub Meet 2005
<b>Women 50 Fly</b>						
1	28.55 S	F	Rachelle Salli	18	07/12/2007	2007 Paul Bergen Junior International Char
2	28.78 S	F *I	Kayla Rawlings	17	17/02/2005	2005 Western Canadian Championships
3	28.88 S	F	Melanie Dodds	17	16/02/2006	Western SC Champs 2006
4	29.13 S	F *I	Courtenay Landsiedel	18	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
5	29.35 S	F *I	Olivia Montgomery	18	31/07/2009	2009 Year End Time Trial

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	29.37 S	P	Morgan Mark	15	18/02/2010	Speedo Western Canadian Championships
7*	29.39 S	P	Daniella Szalkai	17	18/02/2010	Speedo Western Canadian Championships
7*	29.39 S	F *I	Katie Kotlowski	15	20/02/2003	2003 Western Canadian Championships
9	29.95 S	F *I	Shauna Jense	16	05/12/2008	Fastswim 2008
10	30.05 S	P	Rachelle Kichton	17	18/02/2010	Speedo Western Canadian Championships
<b>Women 100 Fly</b>						
1	1:02.83 S	F *I	Kayla Rawlings	17	17/02/2005	2005 Western Canadian Championships
2	1:03.04 S	F *I	Courtenay Landsiedel	18	24/11/2006	2006 Bell Grand Prix
3	1:03.19 S	P	Rachelle Salli	17	23/11/2007	2007 Bell Grand Prix
4	1:03.35 S	F *I	Shauna Jense	16	26/02/2009	2009 TAS BC AAA SC Championships
5	1:03.54 S	F	Morgan Mark	15	11/12/2009	2009 PCS Xmas Cracker Invitational
6	1:03.72 S	F	Daniella Szalkai	17	18/02/2010	Speedo Western Canadian Championships
7	1:03.82 S	F	Melanie Dodds	17	16/02/2006	Western SC Champs 2006
8	1:04.56 S	F	Rachelle Kichton	17	04/03/2010	2010 TAS BC AAA SC Championships
9	1:04.65 S	F *I	Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
10	1:04.66 S	F *I	Katie Kotlowski	16	03/02/2005	2005 TAS AAA Championshipst
<b>Women 200 Fly</b>						
1	2:13.99 S	F	Daniella Szalkai	17	18/02/2010	Speedo Western Canadian Championships
2	2:15.15 S	F	Melanie Dodds	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
3	2:16.10 S	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
4	2:16.71 S	F *I	Kayla Rawlings	17	03/02/2005	2005 TAS AAA Championshipst
5	2:18.16 S	F	Rachelle Kichton	17	11/12/2009	2009 PCS Xmas Cracker Invitational
6	2:18.29 S	F	Rachelle Salli	15	17/02/2005	2005 Western Canadian Championships
7	2:18.40 S	F *I	Shauna Jense	16	26/02/2009	2009 TAS BC AAA SC Championships
8	2:18.90 S	F *I	Katie Kotlowski	16	03/02/2005	2005 TAS AAA Championshipst
9	2:21.63 S	F *I	Jiyeon Oh	17	28/02/2008	2008 TAS BC Provincial SC Championships
10	2:22.38 S	F *I	Olivia Montgomery	18	26/02/2009	2009 TAS BC AAA SC Championships
<b>Women 100 IM</b>						
1	1:04.06 S	P	Chelsey Salli	18	06/08/2009	British Gas Grand Prix
2	1:07.64 S	F	Melanie Dodds	17	16/12/2006	2006 December Intraclub Meet
3	1:07.89 S	F *I	Kayla Rawlings	17	11/06/2005	2005 June Intraclub Meet
4	1:08.02 S	F	Rachelle Salli	16	16/12/2006	2006 December Intraclub Meet
5	1:08.71 S	F *I	Tricia Kiss	16	27/06/2009	LAOSC IntraClub Meet June 27 2009
6	1:08.82 S	F	Rachelle Kichton	17	27/06/2009	LAOSC IntraClub Meet June 27 2009
7	1:09.87 S	F *I	Shannon Garrett	18	09/06/2007	june intra club
8	1:09.91 S	F *I	Olivia Montgomery	17	11/10/2008	October 11 IntraClub
9	1:10.27 S	F	Morgan Mark	15	12/06/2010	LAOSC IntraClub Meet June 12 2010
10	1:11.40 S	F *I	Katie Kotlowski	16	19/06/2004	LOSC Year End Intra Meet June 2004
<b>Women 200 IM</b>						
1	2:12.94 S	F	Chelsey Salli	18	06/08/2009	British Gas Grand Prix
2	2:16.19 S	F	Melanie Dodds	17	16/02/2006	Western SC Champs 2006
3	2:18.19 S	F *I	Tricia Kiss	17	18/02/2010	Speedo Western Canadian Championships
4	2:18.45 S	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational
5	2:18.51 S	F	Rachelle Salli	17	01/03/2007	2007 TAS Provincial Short Course Champic
6	2:20.91 S	F	Rachelle Kichton	17	11/12/2009	2009 PCS Xmas Cracker Invitational
7	2:21.87 S	F *I	Kayla Rawlings	17	17/02/2005	2005 Western Canadian Championships
8	2:21.90 S	F *I	Katie Kotlowski	17	17/02/2005	2005 Western Canadian Championships
9	2:24.87 S	F	Morgan Mark	15	11/12/2009	2009 PCS Xmas Cracker Invitational
10	2:25.11 S	F *I	Hannah Jones	17	07/12/2007	2007 PCS Xmas Cracker Invitational
<b>Women 400 IM</b>						
1	4:41.35 S S	F	Chelsey Salli	18	06/08/2009	British Gas Grand Prix
2	4:46.35 S	F	Melanie Dodds	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
3	4:52.18 S	F	Rachelle Salli	16	16/02/2006	Western SC Champs 2006
4	4:53.76 S	F *I	Courtenay Landsiedel	20	07/12/2007	2007 PCS Xmas Cracker Invitational

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
5	4:54.02 S	P	*I Tricia Kiss	17	18/02/2010	Speedo Western Canadian Championships
6	4:54.20 S	F	Rachelle Kichton	17	04/03/2010	2010 TAS BC AAA SC Championships
7	4:54.97 S	F	*I Shannon Garrett	16	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
8	4:56.56 S	F	*I Katie Kotlowski	16	03/02/2005	2005 TAS AAA Championships
9	5:01.76 S	P	*I Hannah Jones	17	28/02/2008	2008 TAS BC Provincial SC Championships
10	5:01.79 S	F	*I Kayla Rawlings	16	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 8 &amp; Under 25 Free</b>						
1	20.90 S	F	*I Daniel Duncombe	7	18/10/2003	Langley Olympians Swim Club Intra Club M
2	22.70 S	F	*I Andrew Riddler	8	18/10/2003	Langley Olympians Swim Club Intra Club M
3	24.66 S	F	Brayden Kells	7	24/01/2009	LAOSC January 24 2009 Novice Meet
4	24.80 S	F	*I Brian Wong	7	02/11/2002	Hyack Novice Meet
5	26.32 S	F	*I Kevin Ma	7	26/02/2005	2005 February Novice Meet
6	26.47 S	F	*I Brandon Fournier	8	19/11/2005	LOSC November Novice Meet 2005
7	26.50 S	F	*I Brian Macphail	8	18/11/2004	Best Times SCM
8	27.30 S	F	*I Ethan Stelling	8	18/10/2003	Langley Olympians Swim Club Intra Club M
9	27.47 S	F	Bryce Dong	7	08/05/2010	LAOSC Novice Meet May 8 2010
10	27.84 S	F	*I Ryan Oppenlander	8	23/05/2009	LAOSC Novice Meet May 23 2009
<b>Men 8 &amp; Under 50 Free</b>						
1	39.76 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
2	41.85 S	F	*I Cole Stewart	8	12/09/2000	December LMR Championships
3	42.77 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
4	43.19 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
5	45.14 S	F	Joshua Kim	7	19/12/2009	LAOSC IntraClub Meet December 19 2009
6	45.84 S	F	*I Clay Stewart	7	12/05/2001	SFU May LMR Swim Meet
7	47.60 S	F	Ryan Moloney	8	19/06/2004	LOSC Year End Intra Meet June 2004
8	49.50 S	F	*I Andrew Riddler	8	18/10/2003	Langley Olympians Swim Club Intra Club M
9	49.98 S	F	Brayden Kells	8	17/04/2010	LAOSC Novice Meet April 17 2010
10	50.49 S	F	*I Andy Ryoo	8	18/11/2004	Best Times SCM
<b>Men 8 &amp; Under 100 Free</b>						
1	1:32.35 S	F	*I Clay Stewart	8	27/10/2001	5th Annual Vancouver Pacific I
2	1:33.89 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
3	1:36.74 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
4	1:41.14 S	F	Joshua Kim	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	1:41.25 S	F	Gabriel Peralta	8	11/10/2008	October 11 IntraClub
6	1:45.80 S	F	Ryan Moloney	8	19/06/2004	LOSC Year End Intra Meet June 2004
7	1:48.18 S	F	Brayden Kells	8	17/04/2010	LAOSC Novice Meet April 17 2010
8	1:52.40 S	F	*I Andy Ryoo	8	19/06/2004	LOSC Year End Intra Meet June 2004
9	2:00.50 S	F	Michael MacDonald	8	19/06/2004	LOSC Year End Intra Meet June 2004
10	2:00.58 S	F	Avery Martin	7	24/01/2009	LAOSC January 24 2009 Novice Meet
<b>Men 8 &amp; Under 200 Free</b>						
1	2:44.80 S	F	*I Brian Macphail	7	19/10/2002	LOSC Intra Club
2	3:14.02 S	F	*I Cole Stewart	8	12/09/2000	December LMR Championships
3	3:16.46 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
4	3:31.20 S	F	*I Daniel Duncombe	8	31/01/2004	Olympians Swimming Novice Invtational-1 C
5	3:35.56 S	P	*I Clay Stewart	7	06/02/2001	June LMR Championships
6	3:49.00 S	F	*I Andrew Riddler	8	06/12/2003	Langley Olympians Intra Club Meet
7	3:49.10 S	F	*I Cole Klassen	7	08/06/2002	Langley Olympians Intra Club Meet
8	3:49.80 S	F	Ryan Moloney	8	08/05/2004	Olympians Swimming Novice Invtational-3 C
9	3:55.20 S	F	*I Vassili Asimakis	8	27/04/2002	Langley Olympians Novice Meet
10	4:05.90 S	F	*I Charles Lee	8	08/06/2002	Langley Olympians Intra Club Meet
<b>Men 8 &amp; Under 300 Free</b>						
1	5:11.75 S	F	*I Andy Ryoo	8	28/05/2005	2005 May Novice Meet
2	5:38.17 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
3	5:47.31 S	F	Joshua Kim	7	21/11/2009	LAOSC Novice Meet Nov 21 2009

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
4	6:45.33 S	F	*I Caelan Chen	8	27/01/2007	2007 January Novice Meet
5	6:56.40 S	F	*I Charles Lee	8	27/04/2002	Langley Olympians Novice Meet
6	7:30.90 S	F	*I Bill Sur	8	18/11/2004	Best Times SCM
<b>Men 8 &amp; Under 400 Free</b>						
1	6:47.80 S	F	*I Clay Stewart	8	13/10/2001	Langley Olympians Intra Club Meet
2	7:17.92 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
3	8:25.50 S	F	*I Charles Lee	8	18/11/2004	Best Times SCM
<b>Men 8 &amp; Under 25 Back</b>						
1	26.80 S	F	*I Cole Klassen	8	09/03/2003	Langley Olympians Intra Club Meet
2	26.90 S	F	*I Charles Lee	8	19/10/2002	LOSC Intra Club
3	27.67 S	F	*I Ryan Oppenlander	8	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	27.70 S	F	*I Daniel Duncombe	7	09/03/2003	Langley Olympians Intra Club Meet
5	27.80 S	F	*I Brian Wong	8	18/11/2004	Best Times SCM
6	28.30 S	F	*I Andy Ryoo	6	07/12/2002	Langley Olympian Swim Club Intra Club Me
7	28.43 S	F	*I Brandon Fournier	7	17/12/2005	December Intraclub Meet 2005
8	28.66 S	F	*I Dani Tamir	7	14/10/2006	2006 October Intraclub
9	29.08 S	F	*I Colin MacPhail	7	29/01/2005	2005 January Novice Meet
10	29.21 S	F	*I Kevin Ma	7	26/02/2005	2005 February Novice Meet
<b>Men 8 &amp; Under 50 Back</b>						
1	48.72 S	F	*I Andy Ryoo	8	18/12/2004	2004 Christmas Intra Club
2	48.90 S	F	*I Cole Klassen	8	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	49.19 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
4	51.00 S	F	*I Daniel Duncombe	8	06/12/2003	Langley Olympians Intra Club Meet
5	52.32 S	F	Joshua Kim	8	08/05/2010	LAOSC Novice Meet May 8 2010
6	53.60 S	F	Michael MacDonald	7	19/10/2002	LOSC Intra Club
7	53.80 S	F	*I Ben Smyth	8	18/11/2004	Best Times SCM
8	54.60 S	F	Ryan Moloney	8	19/06/2004	LOSC Year End Intra Meet June 2004
9	55.50 S	F	*I Andrew Riddler	8	06/12/2003	Langley Olympians Intra Club Meet
10	58.00 S	F	*I Brian Wong	8	07/06/2003	Langley Olympians Intra Club Meet
<b>Men 8 &amp; Under 100 Back</b>						
1	1:38.95 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
2	1:47.18 S	F	*I Clay Stewart	8	12/09/2000	December LMR Championships
3	1:53.16 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
4	1:58.60 S	F	*I Clay Stewart	8	27/10/2001	5th Annual Vancouver Pacific I
5	2:07.60 S	F	*I Ben Smyth	8	18/11/2004	Best Times SCM
6	2:09.10 S	F	*I Andy Ryoo	8	31/05/2004	10 and under Meet
7*	2:10.90 S	F	Ryan Moloney	8	31/05/2004	10 and under Meet
7*	2:10.90 S	F	Michael MacDonald	8	31/05/2004	10 and under Meet
9	2:31.00 S	F	*I Hayden Gilmore	8	07/03/2004	Olympians Swimming Novice Invitational-2 C
<b>Men 8 &amp; Under 200 Back</b>						
1	3:39.74 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
2	3:57.79 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
<b>Men 8 &amp; Under 25 Breast</b>						
1	26.40 S	F	*I Evan Cairns	8	18/10/2003	Langley Olympians Swim Club Intra Club M
2	29.80 S	F	*I Daniel Duncombe	7	18/10/2003	Langley Olympians Swim Club Intra Club M
3	30.80 S	F	*I Cole Klassen	8	08/02/2003	Langley Olympians Intra Club Meet
4	31.10 S	F	*I Brian Macphail	8	08/02/2003	Langley Olympians Intra Club Meet
5	31.40 S	F	*I Andrew Riddler	8	18/11/2004	Best Times SCM
6	31.90 S	F	*I Ben Smyth	8	19/06/2004	LOSC Year End Intra Meet June 2004
7	32.61 S	F	*I Jonah Reinhart	8	23/10/2004	Halloween Intra Club Meet - 2004/05
8	34.10 S	F	Michael MacDonald	8	19/06/2004	LOSC Year End Intra Meet June 2004
9	34.17 S	F	Andy Yoo	6	08/05/2010	LAOSC Novice Meet May 8 2010
10	34.89 S	F	Owen Griffiths	8	23/02/2008	2008 LAOSC February 10+under Meet #1

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 8 &amp; Under 50 Breast</b>						
1	55.84 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
2	56.38 S	F	Joshua Kim	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
3	57.44 S	F	*I Clay Stewart	8	27/10/2001	5th Annual Vancouver Pacific I
4	1:02.80 S	F	Ryan Moloney	8	18/11/2004	Best Times SCM
5	1:04.49 S	F	*I Andy Ryoo	8	18/12/2004	2004 Christmas Intra Club
6	1:05.20 S	F	*I Daniel Duncombe	8	06/12/2003	Langley Olympians Intra Club Meet
7	1:08.60 S	F	Gabriel Peralta	8	27/06/2009	LAOSC IntraClub Meet June 27 2009
8	1:08.70 S	F	*I Andrew Riddler	8	31/01/2004	Olympians Swimming Novice Invitational-1 C
9	1:09.60 S	F	*I Brian Macphail	8	07/06/2003	Langley Olympians Intra Club Meet
10	1:10.30 S	F	*I Cole Klassen	8	09/03/2003	Langley Olympians Intra Club Meet
<b>Men 8 &amp; Under 100 Breast</b>						
1	2:00.40 S	P	*I Clay Stewart	7	06/02/2001	June LMR Championships
2	2:18.17 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
3	2:20.86 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
<b>Men 8 &amp; Under 200 Breast</b>						
1	4:09.75 S	F	*I Cole Stewart	8	12/09/2000	December LMR Championships
2	4:40.45 S	F	*I Clay Stewart	7	12/09/2000	December LMR Championships
<b>Men 8 &amp; Under 25 Fly</b>						
1	23.80 S	F	*I Daniel Duncombe	8	06/12/2003	Langley Olympians Intra Club Meet
2	26.10 S	F	Michael MacDonald	8	18/11/2004	Best Times SCM
3	26.40 S	F	*I Devon Mitchell	8	18/11/2004	Best Times SCM
4	28.00 S	F	*I Andrew Riddler	8	18/11/2004	Best Times SCM
5	29.60 S	F	*I Brian Wong	8	07/06/2003	Langley Olympians Intra Club Meet
6	29.69 S	F	Avery Martin	7	24/01/2009	LAOSC January 24 2009 Novice Meet
7	30.90 S	F	*I Ben Smyth	8	19/06/2004	LOSC Year End Intra Meet June 2004
8*	31.90 S	F	*I Hayden Gilmore	8	18/11/2004	Best Times SCM
8*	31.90 S	F	*I Brian Macphail	8	18/11/2004	Best Times SCM
10	32.16 S	F	Bryce Dong	7	17/04/2010	LAOSC Novice Meet April 17 2010
<b>Men 8 &amp; Under 50 Fly</b>						
1	49.72 S	F	*I Daniel Duncombe	8	14/02/2004	SFU-WVOSC February LMR
2	53.39 S	F	Joshua Kim	8	12/06/2010	LAOSC IntraClub Meet June 12 2010
3	55.18 S	F	*I Andy Ryoo	8	18/12/2004	2004 Christmas Intra Club
4	55.97 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
5	59.50 S	F	Ryan Moloney	8	31/05/2004	10 and under Meet
6	1:02.30 S	F	*I Clay Stewart	8	27/10/2001	5th Annual Vancouver Pacific I
7	1:04.50 S	F	*I Ben Smyth	8	18/11/2004	Best Times SCM
8	1:05.86 S	F	Brayden Kells	8	17/04/2010	LAOSC Novice Meet April 17 2010
9	1:09.23 S	F	*I Caelan Chen	8	27/01/2007	2007 January Novice Meet
10	1:14.68 S	F	Gabriel Peralta	8	23/05/2009	LAOSC Novice Meet May 23 2009
<b>Men 8 &amp; Under 100 Fly</b>						
1	1:59.71 S	P	Sage Sturgeon	8	06/02/2001	June LMR Championships
2	2:07.51 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
3	2:17.22 S	F	*I Clay Stewart	8	27/10/2001	5th Annual Vancouver Pacific I
<b>Men 8 &amp; Under 100 IM</b>						
1	1:48.19 S	F	Joshua Kim	8	08/05/2010	LAOSC Novice Meet May 8 2010
2	1:52.40 S	F	*I Daniel Duncombe	8	14/02/2004	SFU-WVOSC February LMR
3	2:03.60 S	F	*I Charles Lee	8	08/06/2002	Langley Olympians Intra Club Meet
4	2:05.50 S	F	*I Andrew Riddler	8	18/10/2003	Langley Olympians Swim Club Intra Club M
5	2:05.60 S	F	*I Andy Ryoo	8	19/06/2004	LOSC Year End Intra Meet June 2004
6	2:09.50 S	F	*I Bill Sur	8	08/06/2002	Langley Olympians Intra Club Meet
7	2:09.60 S	F	Brayden Kells	8	20/02/2010	LAOSC Novice Meet February 20 2010
8	2:12.90 S	F	*I Ben Smyth	8	19/06/2004	LOSC Year End Intra Meet June 2004

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	2:14.60 S	F	Michael MacDonald	8	18/11/2004	Best Times SCM
10	2:16.60 S	F	*I Vassili Asimakis	8	27/04/2002	Langley Olympians Novice Meet
<b>Men 8 &amp; Under 200 IM</b>						
1	3:51.19 S	F	Sage Sturgeon	8	12/05/2001	SFU May LMR Swim Meet
2	3:51.31 S	F	Avery Martin	8	23/01/2010	LAOSC Novice Meet January 23 2010
3	3:55.63 S	F	Joshua Kim	8	20/02/2010	LAOSC Novice Meet February 20 2010
4	3:57.00 S	F	*I Clay Stewart	8	13/10/2001	Langley Olympians Intra Club Meet
5	3:57.19 S	F	*I Andy Ryoo	8	18/12/2004	2004 Christmas Intra Club
6	3:59.60 S	F	*I Daniel Duncombe	8	31/01/2004	Olympians Swimming Novice Invitational-1 C
7	4:03.60 S	F	Ryan Moloney	8	19/06/2004	LOSC Year End Intra Meet June 2004
8	4:04.80 S	F	*I Vassili Asimakis	8	27/04/2002	Langley Olympians Novice Meet
9	4:11.70 S	F	*I Charles Lee	8	19/10/2002	LOSC Intra Club
10	4:25.00 S	F	*I Andrew Riddler	8	18/11/2004	Best Times SCM
<b>Men 8 &amp; Under 400 IM</b>						
1	8:22.48 S	F	*I Daniel Duncombe	8	17/01/2004	2004 Hyack Short Course Invitational Swim
<b>Men 9-10 25 Free</b>						
1	16.50 S	F	*I Jihyoon Oh	10	08/02/2003	Langley Olympians Intra Club Meet
2	17.70 S	F	*I Clay Stewart	10	18/10/2003	Langley Olympians Swim Club Intra Club M
3	18.10 S	F	*I Kyle Polednik	10	08/02/2003	Langley Olympians Intra Club Meet
4	19.20 S	F	*I Bill Sur	9	18/11/2004	Best Times SCM
5	19.80 S	F	*I Steven Rehberg	10	08/02/2003	Langley Olympians Intra Club Meet
6	20.00 S	F	*I Charles Lee	9	08/02/2003	Langley Olympians Intra Club Meet
7	22.10 S	F	*I Larry Blyth	9	08/02/2003	Langley Olympians Intra Club Meet
8	22.40 S	F	*I Braeden Monk	9	08/02/2003	Langley Olympians Intra Club Meet
9	23.09 S	F	*I Ry Gelaude	9	11/10/2008	October 11 IntraClub
10	23.20 S	F	*I Vassili Asimakis	9	08/02/2003	Langley Olympians Intra Club Meet
<b>Men 9-10 50 Free</b>						
1	30.94 S	P	Charlie Tapp	10	03/01/2001	B.C. Provincial Championships
2	32.70 S	F	*I Peter Wang	10	07/06/2003	Langley Olympians Intra Club Meet
3	33.29 S	P	*I Jihyoon Oh	10	29/11/2002	Fastswim2002
4	34.55 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
5	34.66 S	F	Michael MacDonald	10	23/06/2006	June 2006 LMR Championships
6	35.34 S	F	*I Cole Stewart	10	15/12/2001	Delta Regional Meet
7	35.83 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
8	35.93 S	F	Ryan Moloney	10	10/06/2006	2006 June Intraclub-Novice Meet
9	36.34 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
10	36.70 S	F	*I Josuha Stelting	10	23/11/2002	Surrey Knights Regional Meet
<b>Men 9-10 100 Free</b>						
1	1:09.73 S	P	Charlie Tapp	10	03/01/2001	B.C. Provincial Championships
2	1:12.14 S	F	*I Peter Wang	10	15/02/2003	Chillwack Regional Meet
3	1:14.53 S	P	*I Jihyoon Oh	10	29/11/2002	Fastswim2002
4	1:16.56 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
5	1:16.61 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
6	1:18.65 S	F	*I Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
7	1:19.51 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
8	1:22.08 S	F	*I Cole Stewart	10	15/12/2001	Delta Regional Meet
9	1:23.90 S	F	Trevor Voisey	10	24/10/2009	2009 VPSC Invitational
10	1:23.96 S	F	*I Cody Dodds	10	19/10/2002	6th Annual Vancouver Pacific Invitational
<b>Men 9-10 200 Free</b>						
1	2:32.95 S	F	Charlie Tapp	10	01/03/2001	BC Champs Short Course
2	2:39.95 S	P	*I Peter Wang	10	29/11/2002	Fastswim2002
3	2:40.36 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
4	2:42.59 S	F	Michael MacDonald	10	23/06/2006	June 2006 LMR Championships
5	2:43.20 S	P	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	2:44.84 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
7	2:45.82 S	F	Ryan Moloney	10	23/06/2006	June 2006 LMR Championships
8	2:55.25 S	F	*1 Cole Stewart	10	06/02/2001	June LMR Championships
9	2:57.02 S	F	William Karpan	10	30/01/2009	LMR SC Championships 2009
10	2:58.66 S	F	Sage Sturgeon	10	06/04/2002	Haney Seahorse Regional Meet
<b>Men 9-10 300 Free</b>						
1	3:53.99 S	F	*1 Mike Ma	10	22/04/2006	Novice Meet#1
2	4:50.60 S	F	*1 Peter Wang	9	27/04/2002	Langley Olympians Novice Meet
3	5:11.18 S	F	William Lim	10	16/12/2006	2006 December Intraclub Meet
4	5:14.27 S	F	*1 Brian Macphail	10	28/05/2005	2005 May Novice Meet
5	5:14.87 S	F	Michael MacDonald	9	28/05/2005	2005 May Novice Meet
6	5:16.22 S	F	Willis Lee	10	21/02/2009	LAOSC 10 & Under Meet
7	5:18.60 S	F	*1 Zach MacAulay	10	21/02/2009	LAOSC 10 & Under Meet
8	5:20.08 S	F	*1 Hayden Gilmore	10	19/11/2005	LOSC November Novice Meet 2005
9	5:24.89 S	F	*1 Ewen Hergesheimer	10	28/01/2006	LOSC January Novice Meet 2006
10	5:24.92 S	F	*1 Dani Karkouch	10	28/01/2006	LOSC January Novice Meet 2006
<b>Men 9-10 400 Free</b>						
1	x5:17.49 S	F	*1 Peter Wang	10	15/02/2003	Chillwack Regional Meet
2	5:29.89 S	P	*1 Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
3	5:32.78 S	F	*1 Jihyoon Oh	10	18/01/2003	January 2003 SC Invitational
4	5:57.66 S	F	Ryan Moloney	10	27/05/2006	2006 LOSC May 10+under Meet
5	6:01.08 S	F	Michael MacDonald	10	23/06/2006	June 2006 LMR Championships
6	6:03.24 S	F	Justin Schramm	10	17/01/2009	2009 Hyack Icebreaker Classic
7	6:09.62 S	P	*1 Cole Stewart	10	06/02/2001	June LMR Championships
8	6:11.35 S	F	*1 Cody Dodds	10	26/10/2002	Dynamo - SFU October KMR
9	6:11.83 S	F	William Karpan	10	30/01/2009	LMR SC Championships 2009
10	6:20.48 S	F	*1 Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
<b>Men 9-10 800 Free</b>						
1	1:04.90 S	F	*1 Victor Miller	10	07/12/2002	SFU/Gator LMR Swim Meet
2	12:48.25 S	F	*1 Cole Stewart	10	15/12/2001	Delta Regional Meet
3	13:05.70 S	F	*1 Jihyoon Oh	9	06/04/2002	Haney Seahorse Regional Meet
<b>Men 9-10 1500 Free</b>						
1	20:57.00 S	F	*1 Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
2	x21:14.59 S	F	*1 Peter Wang	10	15/02/2003	Chillwack Regional Meet
3	23:33.70 S	F	*1 Jihyoon Oh	10	26/10/2002	Dynamo - SFU October KMR
4	24:04.78 S	F	*1 Cole Stewart	10	26/01/2002	SFU/WVOSC Regional Meet
5	24:54.11 S	F	*1 Cody Dodds	10	23/11/2002	Surrey Knights Regional Meet
6	24:58.29 S	F	William Karpan	10	17/01/2009	2009 Hyack Icebreaker Classic
7	25:10.02 S	F	*1 Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
8	25:19.74 S	F	Justin Schramm	10	17/01/2009	2009 Hyack Icebreaker Classic
9	29:47.74 S	F	Sage Sturgeon	10	26/01/2002	SFU/WVOSC Regional Meet
<b>Men 9-10 25 Back</b>						
1	18.60 S	F	*1 Jihyoon Oh	10	18/11/2004	Best Times SCM
2	19.80 S	F	*1 Peter Wang	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	20.40 S	F	*1 Kyle Polednik	10	18/11/2004	Best Times SCM
4	20.70 S	F	*1 Cody Dodds	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
5	20.80 S	F	*1 Josuha Stelting	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
6	21.50 S	F	*1 Clay Stewart	10	07/06/2003	Langley Olympians Intra Club Meet
7	21.60 S	F	*1 Steven Rehberg	10	07/06/2003	Langley Olympians Intra Club Meet
8	22.40 S	F	*1 Curtis Johnson	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
9	23.90 S	F	*1 Brady Reeve	9	19/10/2002	LOSC Intra Club
10	24.80 S	F	*1 Victor Miller	10	09/03/2003	Langley Olympians Intra Club Meet
<b>Men 9-10 50 Back</b>						
1	38.16 S L	F	*1 Jihyoon Oh	10	26/10/2002	Dynamo - SFU October KMR

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
2	40.30 S	F	*I Peter Wang	10	07/06/2003	Langley Olympians Intra Club Meet
3	41.54 S	F	Michael MacDonald	10	10/06/2006	2006 June Intraclub-Novice Meet
4	42.69 S	F	*I Cody Dodds	10	19/10/2002	6th Annual Vancouver Pacific Invitational
5	43.16 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
6	43.27 S	F	Sage Sturgeon	10	06/04/2002	Haney Seahorse Regional Meet
7	43.47 S	F	*I Brian Wong	10	09/04/2005	2005 April 10+under Meet
8	43.70 S	F	*I Josuha Stelting	10	09/03/2003	Langley Olympians Intra Club Meet
9	43.87 S	F	*I Andy Ryoo	10	10/06/2006	2006 June Intraclub-Novice Meet
10	44.22 S	F	Ryan Moloney	10	27/05/2006	2006 LOSC May 10+under Meet
<b>Men 9-10 100 Back</b>						
1	1:23.34 S	P	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP
2	1:27.11 S	P	*I Peter Wang	10	29/11/2002	Fastswim2002
3	1:29.70 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
4	1:32.62 S	F	Sage Sturgeon	10	06/04/2002	Haney Seahorse Regional Meet
5	1:34.54 S	F	*I Brian Macphail	10	07/05/2005	BOGDONOV PAO LMR SWIM MEET
6	1:35.25 S	F	*I Kevin Ma	10	10/05/2008	Surrey Knights LMR
7	1:35.76 S	F	Justin Schramm	10	17/01/2009	2009 Hyack Icebreaker Classic
8	1:36.21 S	F	*I Cole Stewart	10	26/01/2002	SFU/WVOSC Regional Meet
9	1:36.47 S	F	*I Bill Sur	10	18/11/2004	Best Times SCM
10	1:36.68 S	F	Michael MacDonald	10	10/12/2005	SFU-SFA December LMR meet
<b>Men 9-10 200 Back</b>						
1	2:55.26 S	P	*I Jihyoon Oh	10	29/11/2002	Fastswim2002
2	2:57.09 S	F	*I Peter Wang	10	15/02/2003	Chillwack Regional Meet
3	2:57.45 S	P	Charlie Tapp	10	16/02/2001	BC Championship Trials
4	3:05.35 S	P	Michael MacDonald	10	23/06/2006	June 2006 LMR Championships
5	3:05.46 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
6	3:09.46 S	F	*I Cody Dodds	10	12/07/2002	December Gato SFU LMR meet
7	3:13.47 S	F	*I Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
8	3:17.50 S	F	*I Kevin Ma	10	10/05/2008	Surrey Knights LMR
9	3:18.70 S	F	William Karpan	10	30/01/2009	LMR SC Championships 2009
10	3:18.76 S	F	*I Andy Ryoo	9	04/03/2006	Haney Spring Splash Classic V
<b>Men 9-10 25 Breast</b>						
1	20.40 S	F	*I Jihyoon Oh	10	08/02/2003	Langley Olympians Intra Club Meet
2	24.20 S	F	*I Bill Sur	10	18/11/2004	Best Times SCM
3	24.60 S	F	*I Clay Stewart	10	18/11/2004	Best Times SCM
4	25.60 S	F	*I Steven Rehberg	10	08/02/2003	Langley Olympians Intra Club Meet
5	26.40 S	F	*I Kyle Polednik	10	08/02/2003	Langley Olympians Intra Club Meet
6	26.70 S	F	Charles Lee	9	18/11/2004	Best Times SCM
7	27.00 S	F	*I Vassili Asimakis	9	08/02/2003	Langley Olympians Intra Club Meet
8	27.90 S	F	*I Braeden Monk	9	08/02/2003	Langley Olympians Intra Club Meet
9	28.72 S	F	Bennett MacDonald	10	17/04/2010	LAOSC Novice Meet April 17 2010
10	30.10 S	F	*I Devon Mitchell	9	08/02/2003	Langley Olympians Intra Club Meet
<b>Men 9-10 50 Breast</b>						
1	44.60 S	F	*I Jihyoon Oh	10	07/06/2003	Langley Olympians Intra Club Meet
2	47.00 S	F	*I Josuha Stelting	10	09/03/2003	Langley Olympians Intra Club Meet
3	48.28 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	48.30 S	F	*I Peter Wang	10	07/06/2003	Langley Olympians Intra Club Meet
5	48.70 S	F	*I Cody Dodds	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
6	48.98 S	F	*I Cole Stewart	10	26/01/2002	SFU/WVOSC Regional Meet
7	49.20 S	F	*I Bill Sur	10	08/05/2004	Olympians Swimming Novice Invitational-3 C
8	49.34 S	F	*I David Nicmans	10	29/10/2005	2005 VPSC Invitational
9*	50.45 S	F	*I Clay Stewart	10	25/10/2003	VPSC Invitational 2003
9*	50.45 S	F	Justin Schramm	10	25/10/2008	2008 VPSC Invitational

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 9-10 100 Breast</b>						
1	1:31.54 S	F	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP
2	1:39.61 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
3	1:41.86 S	F	*I Josuha Stelting	10	18/01/2003	January 2003 SC Invitational
4	1:42.72 S	F	*I Cody Dodds	10	19/10/2002	6th Annual Vancouver Pacific Invitational
5	1:43.87 S	F	*I Clay Stewart	10	25/10/2003	VPSC Invitational 2003
6	1:44.72 S	F	*I Cole Stewart	10	27/10/2001	5th Annual Vancouver Pacific I
7	1:47.12 S	F	William Karpan	10	09/05/2009	SFU-WVOSC 2009 LMR
8	1:47.46 S	F	*I Peter Wang	10	18/01/2003	January 2003 SC Invitational
9	1:47.80 S	F	*I Brian Macphail	10	07/05/2005	BOGDONOV PAO LMR SWIM MEET
10	1:48.94 S	F	Trevor Voisey	10	24/10/2009	2009 VPSC Invitational
<b>Men 9-10 200 Breast</b>						
1	3:19.85 S	F	Charlie Tapp	10	16/02/2001	BC Championship Trials
2	3:20.69 S	P	*I Jihyoon Oh	10	29/11/2002	Fastswim2002
3	3:22.15 S	F	*I Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
4	3:35.80 S	F	*I Cole Stewart	10	24/11/2001	LMR #2 - SKSC
5	3:37.51 S	F	*I Cody Dodds	10	26/10/2002	Dynamo - SFU October KMR
6	3:42.27 S	F	*I Peter Wang	10	18/01/2003	January 2003 SC Invitational
7	3:46.15 S	F	Justin Schramm	10	17/01/2009	2009 Hyack Icebreaker Classic
8	3:49.47 S	F	*I Clay Stewart	10	15/02/2003	Chillwack Regional Meet
9	3:52.87 S	F	William Karpan	10	17/01/2009	2009 Hyack Icebreaker Classic
10	4:04.25 S	F	*I Hayden Gilmore	10	14/01/2006	Icebreaker Classic
<b>Men 9-10 25 Fly</b>						
1	15.30 S	F	*I Peter Wang	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	17.80 S	F	*I Jihyoon Oh	10	07/06/2003	Langley Olympians Intra Club Meet
3	19.10 S	F	*I Josuha Stelting	10	09/03/2003	Langley Olympians Intra Club Meet
4	19.30 S	F	*I Cody Dodds	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
5	19.80 S	F	*I Kyle Polednik	10	07/06/2003	Langley Olympians Intra Club Meet
6	20.30 S	F	*I Bill Sur	10	06/12/2003	Langley Olympians Intra Club Meet
7*	22.50 S	F	*I Steven Rehberg	10	07/06/2003	Langley Olympians Intra Club Meet
7*	22.50 S	F	*I Charles Lee	10	18/11/2004	Best Times SCM
9	24.20 S	F	*I Clay Stewart	10	07/06/2003	Langley Olympians Intra Club Meet
10	25.50 S	F	*I Vassili Asimakis	9	07/06/2003	Langley Olympians Intra Club Meet
<b>Men 9-10 50 Fly</b>						
1	39.29 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
2	40.50 S	F	*I Jihyoon Oh	10	08/02/2003	Langley Olympians Intra Club Meet
3	40.57 S	F	Michael MacDonald	10	10/06/2006	2006 June Intraclub-Novice Meet
4	41.05 S	F	*I Cody Dodds	10	12/07/2002	December Gato SFU LMR meet
5	41.49 S	F	Ryan Moloney	10	27/05/2006	2006 LOSC May 10+under Meet
6	42.53 S	F	*I Josuha Stelting	10	12/07/2002	December Gato SFU LMR meet
7	42.91 S	F	Trevor Voisey	10	24/10/2009	2009 VPSC Invitational
8	44.30 S	F	*I Bill Sur	10	18/10/2003	Langley Olympians Swim Club Intra Club M
9	44.33 S	F	Justin Schramm	10	25/10/2008	2008 VPSC Invitational
10	45.07 S	F	*I Ben Smyth	10	27/05/2006	2006 LOSC May 10+under Meet
<b>Men 9-10 100 Fly</b>						
1	1:25.56 S	F	*I Peter Wang	10	18/01/2003	January 2003 SC Invitational
2	1:26.25 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
3	1:26.63 S	P	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP
4	1:33.27 S	F	Ryan Moloney	10	23/06/2006	June 2006 LMR Championships
5	1:34.46 S	F	*I Cody Dodds	10	19/10/2002	6th Annual Vancouver Pacific Invitational
6	1:39.18 S	F	*I Josuha Stelting	10	18/01/2003	January 2003 SC Invitational
7	1:42.03 S	F	William Karpan	10	09/05/2009	SFU-WVOSC 2009 LMR
8	1:42.84 S	F	Trevor Voisey	10	24/10/2009	2009 VPSC Invitational
9	1:49.06 S	F	*I Charles Lee	9	18/11/2004	Best Times SCM

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
10	1:50.21 S	F	*I Brian Macphail	10	07/05/2005	BOGDONOV PAO LMR SWIM MEET
<b>Men 9-10 200 Fly</b>						
1	3:08.49 S	F	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP
2	3:19.83 S	P	*I Peter Wang	10	29/11/2002	Fastswim2002
3	3:22.86 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
4	3:25.80 S	F	Charlie Tapp	10	27/01/2001	2001 LMR - Surrey Knights
5	3:34.44 S	F	William Karpan	10	09/05/2009	SFU-WVOSC 2009 LMR
<b>Men 9-10 100 IM</b>						
1	1:24.90 S	F	*I Peter Wang	10	07/06/2003	Langley Olympians Intra Club Meet
2	1:26.20 S	F	*I Jihyoon Oh	10	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	1:31.10 S	F	William Karpan	10	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	1:31.69 S	F	*I Cody Dodds	10	12/07/2002	December Gato SFU LMR meet
5	1:32.90 S	F	Ryan Moloney	10	10/06/2006	2006 June Intraclub-Novice Meet
6	1:35.22 S	F	Justin Schramm	10	11/10/2008	October 11 IntraClub
7	1:35.30 S	F	*I Clay Stewart	10	18/10/2003	Langley Olympians Swim Club Intra Club M
8	1:36.39 S	F	*I David Nicmans	10	17/12/2005	December Intraclub Meet 2005
9	1:38.00 S	F	Trevor Voisey	10	10/10/2009	LAOSC IntraClub Meet October 10 2009
10	1:38.80 S	F	*I Bill Sur	10	18/11/2004	Best Times SCM
<b>Men 9-10 200 IM</b>						
1	2:57.95 S	P	Charlie Tapp	10	16/02/2001	BC Championship Trials
2	2:58.20 S	F	*I Jihyoon Oh	10	18/01/2003	January 2003 SC Invitational
3	3:01.49 S	F	*I Peter Wang	10	15/02/2003	Chillwack Regional Meet
4	3:07.35 S	F	Justin Schramm	10	13/02/2009	BC AA Champs - 2009 SC
5	3:08.16 S	P	*I Clay Stewart	10	07/11/2003	ISLAND PACIFIC CUP
6	3:13.32 S	F	*I Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
7	3:18.57 S	F	*I Cody Dodds	10	23/11/2002	Surrey Knights Regional Meet
8	3:20.03 S	P	William Karpan	10	30/01/2009	LMR SC Championships 2009
9	3:20.16 S	F	Michael MacDonald	10	27/05/2006	2006 LOSC May 10+under Meet
10	3:20.50 S	F	Ryan Moloney	10	27/05/2006	2006 LOSC May 10+under Meet
<b>Men 9-10 400 IM</b>						
1	6:12.58 S	F	*I Jihyoon Oh	10	08/11/2002	ISLAND PACIFIC CUP
2	6:14.40 S	F	Charlie Tapp	10	27/01/2001	2001 LMR - Surrey Knights
3	6:22.96 S	F	*I Peter Wang	10	15/02/2003	Chillwack Regional Meet
4	6:53.43 S	F	Justin Schramm	10	17/01/2009	2009 Hyack Icebreaker Classic
5	6:53.91 S	F	*I Josuha Stelting	10	15/02/2003	Chillwack Regional Meet
6	7:03.67 S	F	Ryan Moloney	10	23/06/2006	June 2006 LMR Championships
7	7:12.84 S	F	*I Clay Stewart	10	18/01/2003	January 2003 SC Invitational
8	7:18.90 S	F	Sage Sturgeon	10	08/06/2002	Langley Olympians Intra Club Meet
9	7:20.98 S	F	*I Cole Stewart	10	26/01/2002	SFU/WVOSC Regional Meet
10	7:23.28 S	F	William Karpan	10	17/01/2009	2009 Hyack Icebreaker Classic
<b>Men 11-12 25 Free</b>						
1	15.80 S	F	*I Jihyoon Oh	11	18/10/2003	Langley Olympians Swim Club Intra Club M
2	16.10 S	F	*I Josuha Stelting	11	18/10/2003	Langley Olympians Swim Club Intra Club M
3	16.80 S	F	*I Cole Stewart	12	18/11/2004	Best Times SCM
4	17.40 S	F	Sage Sturgeon	11	18/11/2004	Best Times SCM
5*	19.20 S	F	*I Vangeli Asimakis	11	08/02/2003	Langley Olympians Intra Club Meet
5*	19.20 S	F	*I Lucas Birdsall	12	18/10/2003	Langley Olympians Swim Club Intra Club M
7	20.40 S	F	*I Victor Miller	11	18/10/2003	Langley Olympians Swim Club Intra Club M
8	21.00 S	F	*I Alex Bae	11	18/11/2004	Best Times SCM
9	21.20 S	F	*I Justin Vaillant	11	08/02/2003	Langley Olympians Intra Club Meet
10	21.50 S	F	*I Erich Perkins	12	02/11/2002	Hyack Novice Meet
<b>Men 11-12 50 Free</b>						
1	x27.88 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	28.09 S	F	Michael MacDonald	12	14/06/2008	2008 L/A OSC June Intraclu

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	28.26 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
4	29.76 S	F	*I David Nicmans	12	08/12/2007	Team Sungod LMR Meet Dec 2007
5	30.00 S	F	Justin Schramm	12	30/07/2010	Hyack 2010 Year End Time Trial
6	30.86 S	F	*I Jihyoon Oh	12	22/01/2005	Icebreaker Classic
7	31.68 S	F	*I Hayden Gilmore	12	19/01/2008	Hyack 2008 Icebreaker
8*	31.97 S	F	Brennen Taylor	12	09/07/2008	2008 LOSC Last Chance July TimeTrial
8*	31.97 S	F	*I Luc Garrod	12	18/01/2003	January 2003 SC Invitational
10*	32.25 S	P	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
10*	32.25 S	F	Ryan Moloney	12	14/06/2008	2008 L/A OSC June Intraclu
<b>Men 11-12 100 Free</b>						
1	x1:00.60 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	1:02.17 S	F	Michael MacDonald	12	14/06/2008	2008 L/A OSC June Intraclu
3	1:02.42 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
4	1:04.91 S	P	*I Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
5	1:05.50 S	P	*I Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
6	1:06.50 S	P	*I David Nicmans	12	28/02/2008	2008 TAS BC Provincial SC Championships
7	1:07.47 S	F	Justin Schramm	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
8	1:07.77 S	F	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
9	1:09.85 S	P	*I Cole Stewart	12	28/11/2003	Fastswim Classic 2003
10	1:09.88 S L	F	*I Josuha Stelling	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 11-12 200 Free</b>						
1	x2:13.79 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	2:14.81 S	F	*I Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	2:15.41 S	F	Michael MacDonald	12	07/12/2007	2007 PCS Xmas Cracker Invitational
4	2:18.95 S	F	Charlie Tapp	12	08/11/2002	ISLAND PACIFIC CUP
5	2:19.06 S	F	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
6	2:21.23 S	F	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
7	2:22.97 S	P	*I Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
8	2:28.96 S	F	Sage Sturgeon	12	23/10/2004	Halloween Intra Club Meet - 2004/05
9	2:30.88 S	P	Ryan Moloney	12	28/02/2008	2008 TAS BC Provincial SC Championships
10	2:33.67 S	F	*I Peter Wang	11	25/10/2003	VPSC Invitational 2003
<b>Men 11-12 300 Free</b>						
1	4:51.88 S	F	*I Austin Buss	12	22/11/2008	November 22 2008 Novice Meet
2	4:56.97 S	F	Brennen Taylor	12	10/11/2007	2007 L/A OSC November Novice #2
3	5:02.25 S	F	*I Nathan Jongenburger	11	11/06/2005	2005 June Intraclub Meet
4	5:04.38 S	F	*I Vicente Dias	12	13/10/2007	2007 L/A OSC October Intraclub #1
5	5:19.56 S	F	*I Mike Ma	11	27/01/2007	2007 January Novice Meet
6	5:21.08 S	F	Reece Martin	11	23/01/2010	LAOSC Novice Meet January 23 2010
7	5:23.84 S	F	*I Devon Mitchell	11	17/12/2005	December Intraclub Meet 2005
8	5:37.69 S	F	Jimmy Stewart	12	19/11/2005	LOSC November Novice Meet 2005
9	5:38.19 S	F	*I Andrew Riddler	11	18/12/2004	2004 Christmas Intra Club
10	5:38.34 S	F	Owen Griffiths	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Men 11-12 400 Free</b>						
1	4:35.37 S	F	Michael MacDonald	12	09/07/2008	2008 LOSC Last Chance July TimeTrial
2	4:43.64 S	F	*I Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	x4:49.84 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
4	4:51.08 S	F	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
5	4:51.98 S	F	Charlie Tapp	12	08/11/2002	ISLAND PACIFIC CUP
6	4:54.22 S	F	*I Jihyoon Oh	12	12/11/2004	Island Pacific Cup
7	5:00.67 S	P	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
8	5:13.05 S	P	Justin Schramm	12	04/03/2010	2010 TAS BC AAA SC Championships
9	5:18.30 S	P	Ryan Moloney	12	07/12/2007	2007 PCS Xmas Cracker Invitational
10	5:26.43 S	P	William Karpan	11	04/03/2010	2010 TAS BC AAA SC Championships

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 11-12 800 Free</b>						
1	9:44.99 S	F	Michael MacDonald	12	19/01/2008	Hyack 2008 Icebreaker
<b>Men 11-12 1500 Free</b>						
1	18:25.84 S	F	Michael MacDonald	12	28/02/2008	2008 TAS BC Provincial SC Championships
2	18:53.04 S	F	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
3	19:13.02 S	F	*I Hayden Gilmore	12	13/01/2008	Distance Time Trial 2
4	19:18.31 S	F	*I Clay Stewart	12	03/02/2005	2005 TAS AAA Championshipst
5	19:39.55 S	F	*I Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
6	x19:46.39 S	F	Jake Tapp	12	12/05/2001	SFU May LMR Swim Meet
7	20:08.29 S	F	Charlie Tapp	12	26/10/2002	Dynamo - SFU October KMR
8	20:53.29 S	F	Ryan Moloney	12	28/02/2008	2008 TAS BC Provincial SC Championships
9	21:04.17 S	F	Justin Schramm	12	04/03/2010	2010 TAS BC AAA SC Championships
10	21:06.33 S	F	Sage Sturgeon	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 11-12 25 Back</b>						
1	16.20 S	F	Charlie Tapp	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	18.10 S	F	*I Luc Garrod	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	19.00 S	F	Sage Sturgeon	11	09/03/2003	Langley Olympians Intra Club Meet
4	20.20 S	F	*I Cole Stewart	12	07/06/2003	Langley Olympians Intra Club Meet
5	20.30 S	F	*I Cody Dodds	11	07/06/2003	Langley Olympians Intra Club Meet
6	20.90 S	F	*I Jacob Harcoff	12	09/03/2003	Langley Olympians Intra Club Meet
7	22.50 S	F	*I Vangeli Asimakis	11	09/03/2003	Langley Olympians Intra Club Meet
8	23.40 S	F	*I David Kalinowski	12	09/03/2003	Langley Olympians Intra Club Meet
9	23.80 S	F	*I Mark Kryski	12	19/10/2002	LOSC Intra Club
10	25.10 S	F	*I Brian Hwang	11	07/06/2003	Langley Olympians Intra Club Meet
<b>Men 11-12 50 Back</b>						
1	31.55 S L	F	Charlie Tapp	11	06/02/2001	June LMR Championships
2	32.12 S	F	Michael MacDonald	12	09/07/2008	2008 LOSC Last Chance July TimeTrial
3	35.96 S	F	Sage Sturgeon	12	23/10/2004	Halloween Intra Club Meet - 2004/05
4	36.19 S	F	*I Jihyoon Oh	12	18/12/2004	2004 Christmas Intra Club
5	37.10 S	F	*I Luc Garrod	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
6	37.89 S	F	*I Clay Stewart	12	29/10/2005	2005 VPSC Invitational
7	38.23 S	F	Ryan Moloney	12	14/06/2008	2008 L/A OSC June Intraclu
8	38.83 S	F	Justin Schramm	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
9	38.87 S	F	*I David Nicmans	12	10/11/2007	2007 L/A OSC November Novice #2
10	39.16 S	F	William Karpan	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Men 11-12 100 Back</b>						
1	x1:08.05 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	1:10.06 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
3	1:13.10 S	F	Michael MacDonald	12	28/02/2008	2008 TAS BC Provincial SC Championships
4	1:16.14 S	P	*I Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
5	1:18.94 S	F	*I Clay Stewart	12	29/10/2005	2005 VPSC Invitational
6	1:19.58 S	P	*I David Nicmans	12	28/02/2008	2008 TAS BC Provincial SC Championships
7	1:19.97 S	P	Sage Sturgeon	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
8	1:22.91 S	P	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
9	1:23.14 S	F	*I Peter Wang	11	25/10/2003	VPSC Invitational 2003
10	1:24.26 S	P	*I Hayden Gilmore	12	17/11/2007	Langley Olympians Remembrance Swim Mi
<b>Men 11-12 200 Back</b>						
1	2:32.74 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
2	2:34.19 S	F	Michael MacDonald	12	07/12/2007	2007 PCS Xmas Cracker Invitational
3	2:34.81 S	F	Jake Tapp	12	01/03/2001	BC Champs Short Course
4	2:37.03 S	F	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
5	2:45.05 S	F	*I Jihyoon Oh	12	12/11/2004	Island Pacific Cup
6	2:46.94 S	P	Sage Sturgeon	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
7	2:53.95 S	P	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
8	2:57.31 S	F *I	David Nicmans	12	17/11/2007	Langley Olympians Remembrance Swim M
9	2:58.29 S	F	Justin Schramm	11	16/01/2010	2010 Hyack Icebreaker Classic
10	3:03.14 S	F *I	Hayden Gilmore	12	17/11/2007	Langley Olympians Remembrance Swim M
<b>Men 11-12 25 Breast</b>						
1	19.40 S	F *I	Josuha Stelting	11	18/10/2003	Langley Olympians Swim Club Intra Club M
2	20.10 S	F *I	Cole Stewart	12	18/11/2004	Best Times SCM
3	20.40 S	F	Jihyoon Oh	11	18/11/2004	Best Times SCM
4	24.90 S	F *I	Vangeli Asimakis	11	08/02/2003	Langley Olympians Intra Club Meet
5	28.30 S	F *I	Gareth Ringham	11	18/10/2003	Langley Olympians Swim Club Intra Club M
6*	28.40 S	F *I	Erich Perkins	12	02/11/2002	Hyack Novice Meet
6*	28.40 S	F *I	Victor Miller	11	18/10/2003	Langley Olympians Swim Club Intra Club M
6*	28.40 S	F *I	Justin Vaillant	11	08/02/2003	Langley Olympians Intra Club Meet
9	28.50 S	F	Sage Sturgeon	11	08/02/2003	Langley Olympians Intra Club Meet
10	29.90 S	F *I	Lucas Birdsall	12	18/10/2003	Langley Olympians Swim Club Intra Club M
<b>Men 11-12 50 Breast</b>						
1	37.94 S	F	Michael MacDonald	12	14/06/2008	2008 L/A OSC June Intraclu
2	41.40 S	F	Charlie Tapp	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	42.02 S	F	Justin Schramm	12	30/07/2010	Hyack 2010 Year End Time Trial
4	42.50 S	F *I	Cole Stewart	12	06/12/2003	Langley Olympians Intra Club Meet
5	42.70 S	F *I	Jihyoon Oh	11	06/12/2003	Langley Olympians Intra Club Meet
6	43.27 S	F *I	Hayden Gilmore	12	13/10/2007	2007 L/A OSC October Intraclub #1
7	43.49 S	F *I	Josuha Stelting	11	25/10/2003	VPSC Invitational 2003
8	43.67 S	F *I	Clay Stewart	12	29/10/2005	2005 VPSC Invitational
9	43.83 S	F	William Karpan	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
10	43.89 S	F *I	David Nicmans	12	10/11/2007	2007 L/A OSC November Novice #2
<b>Men 11-12 100 Breast</b>						
1	1:21.00 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	1:24.48 S	F	Michael MacDonald	12	17/11/2007	Langley Olympians Remembrance Swim M
3	1:27.12 S	F	Charlie Tapp	12	18/01/2003	January 2003 SC Invitational
4	1:27.13 S	P *I	Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
5	1:27.14 S	F *I	Cole Stewart	12	28/11/2003	Fastswim Classic 2003
6	1:29.20 S	P *I	Josuha Stelting	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
7	x1:30.67 S	F *I	Jihyoon Oh	11	13/12/2003	December SFU-SFA LMR Meet
8	1:31.57 S	F	Justin Schramm	11	24/10/2009	2009 VPSC Invitational
9	1:31.66 S	F *I	Clay Stewart	12	29/10/2005	2005 VPSC Invitational
10	1:38.84 S	F *I	Luc Garrod	12	18/01/2003	January 2003 SC Invitational
<b>Men 11-12 200 Breast</b>						
1	2:49.88 S	F	Michael MacDonald	12	09/07/2008	2008 LOSC Last Chance July TimeTrial
2	2:57.58 S	F *I	Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
3	3:01.08 S	F	Jake Tapp	12	03/01/2001	B.C. Provincial Championships
4	3:04.08 S	F *I	Cole Stewart	12	28/11/2003	Fastswim Classic 2003
5	3:06.01 S	F	Charlie Tapp	12	18/01/2003	January 2003 SC Invitational
6	3:08.10 S	F *I	Clay Stewart	12	11/11/2005	Island Pacific Cup
7	3:12.21 S	P *I	Josuha Stelting	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
8	3:15.77 S	P *I	Jihyoon Oh	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
9	3:23.74 S	F	Justin Schramm	11	11/12/2009	2009 PCS Xmas Cracker Invitational
10	3:31.04 S	F	William Karpan	11	16/01/2010	2010 Hyack Icebreaker Classic
<b>Men 11-12 25 Fly</b>						
1	15.30 S	F	Charlie Tapp	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	16.70 S	F *I	Jihyoon Oh	11	18/11/2004	Best Times SCM
3	17.80 S	F *I	Luc Garrod	12	09/03/2003	Langley Olympians Intra Club Meet
4	18.20 S	F *I	Cole Stewart	12	06/12/2003	Langley Olympians Intra Club Meet
5*	19.80 S	F	Sage Sturgeon	11	09/03/2003	Langley Olympians Intra Club Meet
5*	19.80 S	F *I	Cody Dodds	11	07/06/2003	Langley Olympians Intra Club Meet

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
7	20.10 S	F *I	Lucas Birdsall	12	06/12/2003	Langley Olympians Intra Club Meet
8	20.60 S	F *I	Jacob Harcoff	12	09/03/2003	Langley Olympians Intra Club Meet
9	21.50 S	F *I	Clay Stewart	11	06/12/2003	Langley Olympians Intra Club Meet
10	22.70 S	F *I	Victor Miller	11	06/12/2003	Langley Olympians Intra Club Meet
<b>Men 11-12 50 Fly</b>						
1	30.97 S	F	Michael MacDonald	12	14/06/2008	2008 L/A OSC June Intraclu
2	32.84 S	F *I	Jihyoon Oh	12	10/12/2004	Thunderbolt Junior Internation
3	34.37 S	F	Justin Schramm	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
4	34.52 S	F	William Karpan	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	36.17 S	F *I	Peter Wang	11	25/10/2003	VPSC Invitational 2003
6	36.34 S	F	Ryan Moloney	12	14/06/2008	2008 L/A OSC June Intraclu
7	37.23 S	F *I	Nathan Jongenburger	12	16/12/2006	2006 December Intraclub Meet
8	37.38 S	F	Trevor Voisey	11	30/07/2010	Hyack 2010 Year End Time Trial
9	37.89 S	F *I	David Nicmans	12	10/11/2007	2007 L/A OSC November Novice #2
10	37.99 S	F	Sage Sturgeon	12	23/10/2004	Halloween Intra Club Meet - 2004/05
<b>Men 11-12 100 Fly</b>						
1	x1:08.23 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	1:11.19 S	F *I	Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
3	1:12.01 S	F	Michael MacDonald	12	28/02/2008	2008 TAS BC Provincial SC Championships
4	1:12.79 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
5	1:13.03 S	F	Justin Schramm	12	30/07/2010	Hyack 2010 Year End Time Trial
6	1:15.97 S	F	William Karpan	11	04/03/2010	2010 TAS BC AAA SC Championships
7	1:21.44 S	F *I	Peter Wang	11	25/10/2003	VPSC Invitational 2003
8	1:21.45 S	P	Ryan Moloney	12	07/12/2007	2007 PCS Xmas Cracker Invitational
9	1:24.89 S	P *I	Hayden Gilmore	12	17/11/2007	Langley Olympians Remembrance Swim M
10	1:25.61 S	F *I	Nathan Jongenburger	12	23/06/2006	June 2006 LMR Championships
<b>Men 11-12 200 Fly</b>						
1	2:32.39 S	F *I	Jihyoon Oh	12	03/02/2005	2005 TAS AAA Championshipst
2	2:36.83 S	F	Justin Schramm	12	30/07/2010	Hyack 2010 Year End Time Trial
3	x2:40.56 S	F	Jake Tapp	12	12/05/2001	SFU May LMR Swim Meet
4	2:48.18 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
5	2:53.97 S	F	Michael MacDonald	12	17/11/2007	Langley Olympians Remembrance Swim M
6	2:54.93 S	P	Ryan Moloney	12	28/02/2008	2008 TAS BC Provincial SC Championships
7	2:57.95 S	P	William Karpan	11	04/03/2010	2010 TAS BC AAA SC Championships
8	3:08.17 S	F	Trevor Voisey	11	30/07/2010	Hyack 2010 Year End Time Trial
9	3:09.15 S	P *I	Josuha Stelting	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
10	3:13.33 S	P	Sage Sturgeon	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 11-12 100 IM</b>						
1	1:10.36 S	F	Michael MacDonald	12	14/06/2008	2008 L/A OSC June Intraclu
2	1:15.50 S	F	Charlie Tapp	12	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	1:19.40 S	F *I	Jihyoon Oh	11	18/11/2004	Best Times SCM
4	1:19.60 S	F	Justin Schramm	12	12/06/2010	LAOSC IntraClub Meet June 12 2010
5	1:20.34 S	F *I	Hayden Gilmore	12	13/10/2007	2007 L/A OSC October Intraclub #1
6	1:22.47 S	F	William Karpan	11	12/06/2010	LAOSC IntraClub Meet June 12 2010
7	1:22.98 S	F *I	Clay Stewart	12	15/10/2005	October Intraclub Meet 2005
8	1:23.16 S	F *I	Nathan Jongenburger	12	14/10/2006	2006 October Intraclub
9	1:23.77 S	F *I	David Nicmans	12	10/11/2007	2007 L/A OSC November Novice #2
10	1:24.54 S	F	Ryan Moloney	12	14/06/2008	2008 L/A OSC June Intraclu
<b>Men 11-12 200 IM</b>						
1	x2:31.24 S	P	Jake Tapp	12	06/02/2001	June LMR Championships
2	2:33.47 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
3	2:37.16 S	F	Michael MacDonald	12	19/01/2008	Hyack 2008 Icebreaker
4	2:41.55 S	F *I	Jihyoon Oh	12	10/12/2004	2004 PCS Christmas Cracker Meet
5	2:46.05 S	P	Justin Schramm	12	04/03/2010	2010 TAS BC AAA SC Championships

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	2:48.81 S	F	*I Clay Stewart	12	29/10/2005	2005 VPSC Invitational
7	2:52.21 S	F	*I Hayden Gilmore	12	08/12/2007	Team Sungod LMR Meet Dec 2007
8	2:54.81 S	P	*I Cole Stewart	12	05/02/2004	TAS BC PROVINCIAL CHAMPS
9	2:55.98 S	P	*I David Nicmans	12	28/02/2008	2008 TAS BC Provincial SC Championships
10	2:56.32 S	P	*I Josuha Stelling	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 11-12 400 IM</b>						
1	5:25.63 S	F	Michael MacDonald	12	07/12/2007	2007 PCS Xmas Cracker Invitational
2	5:31.88 S	F	Charlie Tapp	12	27/02/2003	TAS BC Open Age Group Championships
3	5:36.84 S	F	*I Clay Stewart	12	11/11/2005	Island Pacific Cup
4	5:40.93 S	F	*I Jihyoon Oh	12	10/12/2004	2004 PCS Christmas Cracker Meet
5	5:42.98 S	F	Jake Tapp	12	27/01/2001	2001 LMR - Surrey Knights
6	5:44.78 S	P	*I Hayden Gilmore	12	28/02/2008	2008 TAS BC Provincial SC Championships
7	5:53.97 S	F	Justin Schramm	11	16/01/2010	2010 Hyack Icebreaker Classic
8	6:06.57 S	P	William Karpan	11	04/03/2010	2010 TAS BC AAA SC Championships
9	x6:06.91 S	F	*I Cole Stewart	12	13/12/2003	December SFU-SFA LMR Meet
10	6:08.98 S	P	*I Josuha Stelling	11	05/02/2004	TAS BC PROVINCIAL CHAMPS
<b>Men 13-14 25 Free</b>						
1	14.80 S	F	*I Luc Garrod	13	18/10/2003	Langley Olympians Swim Club Intra Club M
2	18.20 S	F	*I Kenny Carnes	13	18/11/2004	Best Times SCM
3	22.70 S	F	*I Denny Hwang	13	08/02/2003	Langley Olympians Intra Club Meet
<b>Men 13-14 50 Free</b>						
1	24.74 S	F	Charlie Tapp	14	17/02/2005	2005 Western Canadian Championships
2	25.68 S	F	Jake Tapp	14	29/11/2002	Fastswim2002
3	25.76 S	F	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
4	25.95 S	F	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
5	26.62 S	F	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
6	26.85 S	P	Jared Kichton	14	05/12/2008	Fastswim 2008
7	26.95 S	F	*I Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	27.33 S	F	*I Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
9	27.64 S	P	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
10	28.80 S L	F	*I Cole Stewart	14	02/12/2005	FASTSWIM 2005
<b>Men 13-14 100 Free</b>						
1	54.21 S	F	Charlie Tapp	14	17/02/2005	2005 Western Canadian Championships
2	55.41 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
3	55.42 S	F	Michael MacDonald	14	11/12/2009	2009 PCS Xmas Cracker Invitational
4	55.47 S	P	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
5	58.35 S L	F	*I Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
6	58.45 S	F	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	58.49 S	P	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
8	59.38 S	F	*I Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic
9	1:00.37 S	P	Jared Kichton	14	26/02/2009	2009 TAS BC AAA SC Championships
10	1:01.08 S	P	Ryan Moloney	14	04/03/2010	2010 TAS BC AAA SC Championships
<b>Men 13-14 200 Free</b>						
1	1:58.38 S	F	Michael MacDonald	14	11/12/2009	2009 PCS Xmas Cracker Invitational
2	2:01.59 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
3	2:03.48 S	F	Charlie Tapp	14	12/11/2004	Island Pacific Cup
4	2:03.64 S	F	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
5	2:05.39 S	F	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
6	2:06.32 S L	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
7	2:06.36 S	F	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	2:07.54 S	P	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
9	2:09.16 S	F	Jared Kichton	14	05/12/2008	Fastswim 2008
10	2:10.57 S	P	*I Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 13-14 300 Free</b>						
1	4:20.87 S	F	*I Andrew Hall	14	28/05/2005	2005 May Novice Meet
2	4:32.45 S	F	*I Benji Carlson	13	11/06/2005	2005 June Intraclub Meet
3	4:40.80 S	F	Garrett Huwyler	13	09/06/2007	june intra club
4	4:47.23 S	F	*I Max Levshuk	14	20/11/2004	Novice Meet - 1 - 2004
5	5:00.99 S	F	*I Adrian Dahl	14	10/11/2007	2007 L/A OSC November Novice #2
6	5:17.20 S	F	Josh Ydenberg	14	13/10/2001	Langley Olympians Intra Club Meet
7	5:28.27 S	F	*I Tom Levshuk	14	14/10/2006	2006 October Intraclub
8	5:30.08 S	F	*I Mitchel Daniel	14	29/01/2005	2005 January Novice Meet
9	5:31.63 S	F	Herman Kazakov	13	18/04/2009	LAOSC Novice Meet April 18 2009
10	5:33.50 S	F	William Vosper	13	26/02/2005	2005 February Novice Meet
<b>Men 13-14 400 Free</b>						
1	4:13.99 S	P	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
2	4:21.29 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
3	4:21.80 S	F	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
4	4:22.25 S	P	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
5	4:26.89 S	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
6	4:27.23 S	F	*I Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	4:28.91 S	F	Charlie Tapp	14	10/12/2004	2004 PCS Christmas Cracker Meet
8	4:30.09 S	F	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
9	4:34.14 S	P	Ryan Moloney	14	04/03/2010	2010 TAS BC AAA SC Championships
10	4:36.50 S	P	Jared Kichton	14	15/11/2008	LOSC 2nd Annual Short Course Invitational
<b>Men 13-14 800 Free</b>						
1	9:01.75 S	F	Michael MacDonald	13	30/01/2009	2009 TAS BC Sr Championships
2	9:29.85 S	F	Brennen Taylor	14	11/12/2009	2009 PCS Xmas Cracker Invitational
3	9:43.45 S	F	Ryan Moloney	14	11/12/2009	2009 PCS Xmas Cracker Invitational
4	11:06.15 S	F	*I Nathan Jongenburger	13	09/12/2006	SFU-SFA December LMR swim meet
5	12:43.43 S	F	Jimmy Stewart	13	09/12/2006	SFU-SFA December LMR swim meet
<b>Men 13-14 1500 Free</b>						
1	16:50.15 S	F	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
2	16:53.77 S	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
3	16:54.20 S	F	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
4	17:37.67 S	F	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
5	17:47.28 S	F	Jake Tapp	14	08/11/2002	ISLAND PACIFIC CUP
6	18:15.28 S	F	Sage Sturgeon	14	02/12/2005	FASTSWIM 2005
7	18:16.31 S	F	*I Jihyoon Oh	14	20/01/2007	IcebreakeClassic2007
8	18:17.62 S	F	Ryan Moloney	14	11/12/2009	2009 PCS Xmas Cracker Invitational
9	18:27.86 S	P	Charlie Tapp	14	12/11/2004	Island Pacific Cup
10	19:06.80 S	T	*I Duncan Gleed	14	04/11/2007	Hyack Distance Time Trial
<b>Men 13-14 25 Back</b>						
1	13.80 S	F	Jake Tapp	14	19/10/2002	LOSC Intra Club
2	14.80 S	F	Charlie Tapp	13	07/06/2003	Langley Olympians Intra Club Meet
3	18.50 S	F	*I Luc Garrod	13	07/06/2003	Langley Olympians Intra Club Meet
4	22.70 S	F	*I Denny Hwang	13	09/03/2003	Langley Olympians Intra Club Meet
5	23.20 S	F	*I Michael Lewis	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
<b>Men 13-14 50 Back</b>						
1	28.92 S	F	Charlie Tapp	14	17/02/2005	2005 Western Canadian Championships
2	29.30 S	F	Jake Tapp	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
3	29.98 S L	F	Michael MacDonald	14	11/12/2009	2009 PCS Xmas Cracker Invitational
4	30.68 S	F	Jared Kichton	14	08/02/2009	2009 LOSC February Challenge
5	31.71 S	F	*I Duncan Gleed	14	13/10/2007	2007 L/A OSC October Intraclub #1
6	32.24 S	F	*I Jihyoon Oh	14	16/12/2006	2006 December Intraclub Meet
7	32.46 S L	F	*I Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	32.74 S L	F	Sage Sturgeon	14	02/02/2006	TAS BC AAA Provincial Championships

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
9	34.07 S	F	*I Clay Stewart	14	13/10/2007	2007 L/A OSC October Intraclub #1
10	34.17 S	F	Jimmy Stewart	14	07/12/2007	2007 PCS Xmas Cracker Invitational
<b>Men 13-14 100 Back</b>						
1	1:00.26 S	P	Jake Tapp	14	20/02/2003	2003 Western Canadian Championships
2	1:02.28 S	F	Charlie Tapp	14	10/12/2004	2004 PCS Christmas Cracker Meet
3	1:04.38 S	F	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
4	1:06.01 S	F	*I Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
5	1:06.37 S	F	*I Duncan Gleed	14	27/10/2007	2007 VPSC Invitational
6	1:06.76 S	P	Jared Kichton	14	30/01/2009	2009 TAS BC Sr Championships
7	1:11.04 S	F	Sage Sturgeon	14	02/12/2005	FASTSWIM 2005
8	1:11.57 S	F	Jimmy Stewart	14	17/11/2007	Langley Olympians Remembrance Swim M
9	1:12.93 S	P	*I Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic
10	1:13.45 S	P	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
<b>Men 13-14 200 Back</b>						
1	2:11.83 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
2	2:14.93 S	F	Charlie Tapp	14	03/02/2005	2005 TAS AAA Championshipst
3	2:17.24 S	P	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
4	2:21.47 S	F	Jared Kichton	14	26/02/2009	2009 TAS BC AAA SC Championships
5	2:25.27 S	F	*I Jihyoon Oh	14	01/12/2006	Fastswim 2006
6	2:25.42 S	P	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
7	2:25.68 S	P	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	2:28.40 S	F	*I Cole Stewart	14	02/12/2005	FASTSWIM 2005
9	2:29.23 S	P	Brennen Taylor	14	04/03/2010	2010 TAS BC AAA SC Championships
10	2:31.60 S	F	Sage Sturgeon	14	02/02/2006	TAS BC AAA Provincial Championships
<b>Men 13-14 25 Breast</b>						
1	21.30 S	F	*I Luc Garrod	13	18/10/2003	Langley Olympians Swim Club Intra Club M
2	22.40 S	F	*I Kenny Carnes	13	18/10/2003	Langley Olympians Swim Club Intra Club M
3	32.34 S	F	*I Adrian Dahl	13	14/10/2006	2006 October Intraclub
4	33.02 S	F	William Vosper	13	23/10/2004	Halloween Intra Club Meet - 2004/05
5	34.80 S	F	*I Denny Hwang	13	08/02/2003	Langley Olympians Intra Club Meet
<b>Men 13-14 50 Breast</b>						
1	35.10 S	F	Jake Tapp	14	07/06/2003	Langley Olympians Intra Club Meet
2	35.24 S	F	Michael MacDonald	13	08/02/2009	2009 LOSC February Challenge
3	36.66 S	F	*I Jihyoon Oh	14	16/12/2006	2006 December Intraclub Meet
4	36.80 S	F	Charlie Tapp	14	19/06/2004	LOSC Year End Intra Meet June 2004
5	37.41 S	F	Brennen Taylor	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
6	38.13 S	F	*I Cole Stewart	14	29/10/2005	2005 VPSC Invitational
7	38.40 S	F	Jared Kichton	14	14/06/2008	2008 L/A OSC June Intraclu
8	38.53 S	F	*I Clay Stewart	14	13/10/2007	2007 L/A OSC October Intraclub #1
9	38.69 S	F	*I Kyle Polednik	14	09/06/2007	june intra club
10	38.87 S	F	*I Benji Carlson	14	16/12/2006	2006 December Intraclub Meet
<b>Men 13-14 100 Breast</b>						
1	1:15.04 S	F	Charlie Tapp	14	12/11/2004	Island Pacific Cup
2	1:15.81 S	F	Jake Tapp	14	18/01/2003	January 2003 SC Invitational
3	1:18.86 S	F	Michael MacDonald	13	31/07/2009	2009 Year End Time Trial
4	1:19.83 S	P	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
5	1:21.69 S	P	*I Cole Stewart	14	11/11/2005	Island Pacific Cup
6	1:21.95 S	P	Jared Kichton	14	15/11/2008	LOSC 2nd Annual Short Course Invitational
7	1:22.00 S	F	*I Kyle Polednik	14	17/02/2007	Rapids "AAA" Qualifier
8	1:22.52 S	F	*I Jihyoon Oh	14	20/01/2007	IcebreakeClassic2007
9	1:24.19 S	P	*I Clay Stewart	14	01/12/2006	Fastswim 2006
10	1:24.35 S	F	Brennen Taylor	14	24/10/2009	2009 VPSC Invitational
<b>Men 13-14 200 Breast</b>						
1	2:40.92 S	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
2	2:42.68 S	F	Jake Tapp	14	18/11/2004	Best Times SCM
3	2:44.16 S	F	Michael MacDonald	13	08/02/2009	2009 LOSC February Challenge
4	2:44.73 S	F *I	Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
5	2:46.18 S	F *I	Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
6	2:51.48 S	F	Charlie Tapp	13	17/01/2004	2004 Hyack Short Course Invitational Swim
7	2:57.23 S	F *I	Jihyoon Oh	14	20/01/2007	IcebreakeClassic2007
8	2:57.28 S	F	Brennen Taylor	14	14/11/2009	LOSC 3rd Annual Short Course Invitational
9	3:02.28 S	P *I	Kyle Polednik	14	01/03/2007	2007 TAS Provincial Short Course Champic
10	3:10.42 S	F *I	Luc Garrod	13	15/11/2003	LMR #2 - SKSC
<b>Men 13-14 25 Fly</b>						
1	12.80 S	F	Jake Tapp	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	13.40 S	F	Charlie Tapp	13	09/03/2003	Langley Olympians Intra Club Meet
3	16.60 S	F *I	Luc Garrod	13	06/12/2003	Langley Olympians Intra Club Meet
4	20.25 S	F *I	Mitchel Daniel	14	20/11/2004	Novice Meet - 1 - 2004
5	20.49 S	F	William Vosper	13	20/11/2004	Novice Meet - 1 - 2004
6	21.40 S	F *I	Denny Hwang	14	06/12/2003	Langley Olympians Intra Club Meet
7	23.40 S	F *I	Michael Lewis	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
8	25.65 S	F *I	Michael Tomsett-Ell	13	23/10/2004	Halloween Intra Club Meet - 2004/05
9	27.40 S	F *I	Kenny Carnes	13	18/11/2004	Best Times SCM
10	31.18 S	F *I	Adrian Dahl	13	14/10/2006	2006 October Intraclub
<b>Men 13-14 50 Fly</b>						
1	28.26 S	F *I	Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
2	28.52 S	F	Charlie Tapp	14	30/10/2004	2004 VPSC Invitational
3	29.00 S	F	Michael MacDonald	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
4	29.77 S	F *I	Jihyoon Oh	14	09/06/2007	june intra club
5	30.93 S	P	Jared Kichton	14	05/12/2008	Fastswim 2008
6	31.45 S	F	Ryan Moloney	14	30/07/2010	Hyack 2010 Year End Time Trial
7	31.94 S	F *I	Nathan Jongenburger	14	14/06/2008	2008 L/A OSC June Intraclu
8	32.60 S	F *I	Benji Carlson	14	16/12/2006	2006 December Intraclub Meet
9	32.75 S	F	Brennen Taylor	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
10	32.94 S	F *I	Clay Stewart	14	27/10/2007	2007 VPSC Invitational
<b>Men 13-14 100 Fly</b>						
1	1:01.80 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
2	1:01.81 S	P	Michael MacDonald	14	04/03/2010	2010 TAS BC AAA SC Championships
3	1:02.83 S	F	Charlie Tapp	14	03/02/2005	2005 TAS AAA Championshipst
4	1:03.17 S	F *I	Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
5	1:04.33 S	F *I	Duncan Gleed	14	27/10/2007	2007 VPSC Invitational
6	1:06.16 S	F	Jared Kichton	14	05/12/2008	Fastswim 2008
7	1:07.97 S	P	Ryan Moloney	14	04/03/2010	2010 TAS BC AAA SC Championships
8	1:14.41 S	F *I	Nathan Jongenburger	14	17/11/2007	Langley Olympians Remembrance Swim M
9	1:14.66 S	F *I	Cole Stewart	14	29/10/2005	2005 VPSC Invitational
10	1:15.09 S	F *I	Benji Carlson	14	20/01/2007	IcebreakeClassic2007
<b>Men 13-14 200 Fly</b>						
1	2:17.61 S	F *I	Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
2	2:20.26 S	F	Michael MacDonald	13	26/02/2009	2009 TAS BC AAA SC Championships
3	2:22.14 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
4	2:28.11 S	F	Charlie Tapp	14	22/01/2005	Icebreaker Classic
5	2:30.24 S	P	Ryan Moloney	14	04/03/2010	2010 TAS BC AAA SC Championships
6	2:32.23 S	F *I	Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
7	2:41.35 S	F *I	Clay Stewart	14	20/01/2007	IcebreakeClassic2007
8	2:48.60 S	F	Sage Sturgeon	14	02/12/2005	FASTSWIM 2005
9	2:49.54 S	P *I	Nathan Jongenburger	14	07/12/2007	2007 PCS Xmas Cracker Invitational
10	2:54.22 S	F	Jared Kichton	14	15/11/2008	LOSC 2nd Annual Short Course Invitational

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 13-14 100 IM</b>						
1	1:04.60 S	F	Jake Tapp	14	07/12/2002	Langley Olympian Swim Club Intra Club Me
2	1:06.57 S	F	Michael MacDonald	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
3	1:07.90 S	F	Charlie Tapp	14	19/06/2004	LOSC Year End Intra Meet June 2004
4	1:08.69 S	F	*I Duncan Gleed	14	13/10/2007	2007 L/A OSC October Intraclub #1
5	1:09.35 S	F	*I Jihyoon Oh	14	09/06/2007	june intra club
6	1:10.09 S	F	Jared Kichton	14	14/06/2008	2008 L/A OSC June Intraclu
7	1:11.40 S	F	*I Clay Stewart	14	09/06/2007	june intra club
8	1:12.72 S	F	Brennen Taylor	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
9	1:13.09 S	F	*I Benji Carlson	14	16/12/2006	2006 December Intraclub Meet
10	1:13.17 S	F	Ryan Moloney	14	12/06/2010	LAOSC IntraClub Meet June 12 2010
<b>Men 13-14 200 IM</b>						
1	2:15.98 S	F	Jake Tapp	14	27/02/2003	TAS BC Open Age Group Championships
2	2:20.00 S	F	Charlie Tapp	14	12/11/2004	Island Pacific Cup
3	2:20.84 S	F	Michael MacDonald	13	26/02/2009	2009 TAS BC AAA SC Championships
4	2:25.01 S	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
5	2:25.02 S	F	*I Jihyoon Oh	14	01/12/2006	Fastswim 2006
6	2:25.43 S	F	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
7	2:25.93 S	F	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
8	2:32.42 S	F	*I Nathan Jongenburger	14	09/07/2008	2008 LOSC Last Chance July TimeTrial
9	2:33.40 S	F	Jared Kichton	14	25/10/2008	2008 VPSC Invitational
10	2:37.76 S	P	*I Benji Carlson	14	01/12/2006	Fastswim 2006
<b>Men 13-14 400 IM</b>						
1	4:58.47 S	F	*I Clay Stewart	14	01/03/2007	2007 TAS Provincial Short Course Champic
2	4:58.54 S	P	Jake Tapp	14	29/11/2002	Fastswim2002
3	4:59.54 S	F	*I Jihyoon Oh	14	01/03/2007	2007 TAS Provincial Short Course Champic
4	5:04.93 S	F	Michael MacDonald	13	26/02/2009	2009 TAS BC AAA SC Championships
5	5:06.55 S	F	*I Cole Stewart	14	02/02/2006	TAS BC AAA Provincial Championships
6	5:07.45 S	F	Charlie Tapp	14	22/01/2005	Icebreaker Classic
7	5:11.97 S	P	*I Benji Carlson	14	01/03/2007	2007 TAS Provincial Short Course Champic
8	5:19.89 S	P	*I Duncan Gleed	14	07/12/2007	2007 PCS Xmas Cracker Invitational
9	5:28.36 S	P	Jared Kichton	14	15/11/2008	LOSC 2nd Annual Short Course Invitational
10	5:40.66 S	F	Brennen Taylor	14	14/11/2009	LOSC 3rd Annual Short Course Invitational
<b>Men 25 Free</b>						
1	12.00 S	F	*I Richard Kang	15	18/10/2003	Langley Olympians Swim Club Intra Club M
2	12.30 S	F	Jake Tapp	15	18/11/2004	Best Times SCM
3*	13.50 S	F	*I Kris Yap-Chung	16	18/11/2004	Best Times SCM
3*	13.50 S	F	*I Richard Desaulniers	17	18/10/2003	Langley Olympians Swim Club Intra Club M
5	14.00 S	F	*I Tyler Heppell	17	08/02/2003	Langley Olympians Intra Club Meet
6	41.20 S	F	*I Mitchell Shane	16	07/12/2002	Langley Olympian Swim Club Intra Club Me
<b>Men 50 Free</b>						
1	22.96 S	P	Charlie Tapp	17	07/12/2007	2007 Paul Bergen Junior International Chan
2	23.41 S	P	*I Spencer Landsiedel	19	07/12/2007	2007 PCS Xmas Cracker Invitational
3	23.60 S	F	Jake Tapp	17	16/02/2006	Western SC Champs 2006
4	23.61 S L	F	*I Duncan Gleed	17	04/03/2010	2010 TAS BC AAA SC Championships
5	24.25 S	P	*I Kyle Polednik	17	14/11/2009	LOSC 3rd Annual Short Course Invitational
6	24.61 S	F	Sage Sturgeon	17	26/02/2009	2009 TAS BC AAA SC Championships
7	24.78 S	F	*I David Killy	16	02/02/2006	TAS BC AAA Provincial Championships
8	25.03 S	P	*I Willem Hergesheimer	16	15/02/2007	2007 Speedo Western Canadian C
9	25.80 S	F	*I Richard Kang	15	18/10/2003	Langley Olympians Swim Club Intra Club M
10	26.08 S	P	*I Andreas Mock	18	14/11/2009	LOSC 3rd Annual Short Course Invitational
<b>Men 100 Free</b>						
1	51.24 S L	F	Charlie Tapp	17	14/02/2008	2008 Speedo Western Canadian Champion
2*	51.57 S	F	Jake Tapp	17	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
2*	51.57 S	P	*I Spencer Landsiedel	18	24/11/2006	2006 Bell Grand Prix
4	51.68 S	P	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
5	52.33 S	F	Sage Sturgeon	17	31/07/2009	2009 Year End Time Trial
6	53.35 S	F	*I Willem Hergesheimer	16	01/03/2007	2007 TAS Provincial Short Course Champic
7	53.44 S	P	*I Kyle Polednik	17	11/12/2009	2009 OR Paul Bergen Jr. International Char
8	53.63 S	P	*I David Killy	16	24/11/2006	2006 Bell Grand Prix
9	56.05 S	P	*I Kris Yap-Chung	17	12/11/2004	Island Pacific Cup
10	56.38 S	P	*I Andreas Mock	18	11/12/2009	2009 PCS Xmas Cracker Invitational
<b>Men 200 Free</b>						
1	1:52.55 S	F	*I Willem Hergesheimer	17	07/12/2007	2007 Paul Bergen Junior International Chan
2	1:54.22 S	F	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
3	1:54.39 S	F	Jake Tapp	17	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship
4	1:54.63 S	P	*I Spencer Landsiedel	18	24/11/2006	2006 Bell Grand Prix
5	1:55.13 S	F	Sage Sturgeon	17	31/07/2009	2009 Year End Time Trial
6	1:55.75 S	F	Charlie Tapp	16	15/02/2007	2007 Speedo Western Canadian C
7	1:57.40 S	F	*I David Killy	16	16/02/2006	Western SC Champs 2006
8	1:59.33 S L	F	*I Cole Stewart	16	14/02/2008	2008 Speedo Western Canadian Champion
9	1:59.70 S	P	*I Kyle Polednik	17	11/12/2009	2009 OR Paul Bergen Jr. International Char
10	2:00.33 S	F	*I Andreas Mock	18	11/12/2009	2009 PCS Xmas Cracker Invitational
<b>Men 400 Free</b>						
1	3:57.73 S	F	*I Willem Hergesheimer	17	07/12/2007	2007 Paul Bergen Junior International Chan
2	4:05.92 S	P	*I Spencer Landsiedel	18	24/11/2006	2006 Bell Grand Prix
3	4:09.91 S	F	Jake Tapp	17	02/02/2006	TAS BC AAA Provincial Championships
4	4:10.09 S	P	*I Duncan Gleed	17	04/03/2010	2010 TAS BC AAA SC Championships
5	4:10.75 S	P	*I Cole Stewart	16	14/02/2008	2008 Speedo Western Canadian Champion
6	4:10.89 S	F	Sage Sturgeon	17	05/12/2008	Fastswim 2008
7	4:12.92 S	F	*I Andreas Mock	18	11/12/2009	2009 PCS Xmas Cracker Invitational
8	4:13.17 S	F	Charlie Tapp	17	28/02/2008	2008 TAS BC Provincial SC Championships
9	4:13.38 S	F	*I David Killy	17	01/03/2007	2007 TAS Provincial Short Course Champic
10	4:15.76 S	P	*I Clay Stewart	15	14/02/2008	2008 Speedo Western Canadian Champion
<b>Men 800 Free</b>						
1	8:22.62 S	F	*I Willem Hergesheimer	17	14/02/2008	2008 Speedo Western Canadian Champion
2	8:34.62 S	F	*I Cole Stewart	16	14/02/2008	2008 Speedo Western Canadian Champion
3	8:43.47 S	F	Sage Sturgeon	17	12/02/2009	2009 Speedo Western Canadian SC Cham
4	8:43.52 S	F	*I Clay Stewart	15	14/02/2008	2008 Speedo Western Canadian Champion
5	8:52.36 S	F	*I Andreas Mock	18	11/12/2009	2009 PCS Xmas Cracker Invitational
6	9:34.90 S	F	William Vosper	17	17/01/2009	2009 Hyack Icebreaker Classic
7	9:43.67 S	F	*I Nathan Jongenburger	15	17/01/2009	2009 Hyack Icebreaker Classic
8	9:54.40 S	F	Jimmy Stewart	16	11/12/2009	2009 PCS Xmas Cracker Invitational
9	10:29.00 S	F	*I Max Levshuk	16	09/12/2006	SFU-SFA December LMR swim meet
<b>Men 1500 Free</b>						
1	16:00.65 S	F	*I Willem Hergesheimer	16	01/03/2007	2007 TAS Provincial Short Course Champic
2	16:16.58 S	F	*I Cole Stewart	17	28/02/2008	2008 TAS BC Provincial SC Championships
3	16:51.26 S	F	*I Clay Stewart	15	07/12/2007	2007 PCS Xmas Cracker Invitational
4	16:54.40 S	F	Sage Sturgeon	17	26/02/2009	2009 TAS BC AAA SC Championships
5	16:56.36 S	F	Jake Tapp	17	11/11/2005	Island Pacific Cup
6	17:03.89 S	F	*I Duncan Gleed	17	16/01/2010	2010 Hyack Icebreaker Classic
7	17:13.93 S	F	William Vosper	17	26/02/2009	2009 TAS BC AAA SC Championships
8	17:16.90 S	P	*I David Killy	16	10/11/2006	Island Pacific Cup
9	17:25.57 S	F	*I Kris Yap-Chung	16	18/11/2004	Best Times SCM
10	17:31.75 S	F	Charlie Tapp	15	11/11/2005	Island Pacific Cup
<b>Men 25 Back</b>						
1	15.40 S	F	*I Kris Yap-Chung	15	19/10/2002	LOSC Intra Club
2	15.80 S	F	*I Tyler Heppell	17	07/12/2002	Langley Olympian Swim Club Intra Club Me

## Individual Top Times

Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
3	39.40 S	F	*I Mitchell Shane	16	09/03/2003	Langley Olympians Intra Club Meet
<b>Men 50 Back</b>						
1	23.97 S	F	Jake Tapp	21	06/08/2009	British Gas Grand Prix
2	26.61 S	F	Charlie Tapp	16	24/11/2006	2006 Bell Grand Prix
3	27.33 S	P	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
4	28.42 S L	F	Sage Sturgeon	17	26/02/2009	2009 TAS BC AAA SC Championships
5	28.92 S	F	*I David Killy	17	27/10/2007	2007 VPSC Invitational
6	29.00 S	P	*I Kyle Polednik	17	11/12/2009	2009 OR Paul Bergen Jr. International Char
7	29.16 S	F	*I Jihyoon Oh	16	05/12/2008	Fastswim 2008
8	29.37 S	F	*I Willem Hergesheimer	18	14/06/2008	2008 L/A OSC June Intraclu
9	29.39 S	F	*I Spencer Landsiedel	18	28/10/2006	2006 VPSC Invitational
10	31.30 S	F	*I Kris Yap-Chung	16	19/06/2004	LOSC Year End Intra Meet June 2004
<b>Men 100 Back</b>						
1	50.60 S S	F	Jake Tapp	21	06/08/2009	British Gas Grand Prix
2	58.00 S	P	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
3	58.01 S	F	Charlie Tapp	17	07/12/2007	2007 Paul Bergen Junior International Chan
4	1:00.48 S	F	Sage Sturgeon	17	26/02/2009	2009 TAS BC AAA SC Championships
5	1:00.56 S	F	*I Spencer Landsiedel	19	17/11/2007	Langley Olympians Remembrance Swim M
6	1:01.34 S	P	*I David Killy	16	16/02/2006	Western SC Champs 2006
7	1:02.36 S	F	*I Jihyoon Oh	16	15/11/2008	LOSC 2nd Annual Short Course Invitational
8	1:03.01 S	F	*I Willem Hergesheimer	15	02/12/2005	FASTSWIM 2005
9	1:04.22 S	P	*I Kyle Polednik	17	14/11/2009	LOSC 3rd Annual Short Course Invitational
10	1:04.66 S	P	*I Kris Yap-Chung	17	12/11/2004	Island Pacific Cup
<b>Men 200 Back</b>						
1	1:54.02 S	P	Jake Tapp	21	06/08/2009	British Gas Grand Prix
2	2:08.46 S	P	Charlie Tapp	16	24/11/2006	2006 Bell Grand Prix
3	2:10.84 S	F	*I Willem Hergesheimer	16	01/03/2007	2007 TAS Provincial Short Course Champic
4	2:13.10 S	P	*I Duncan Gleed	17	04/03/2010	2010 TAS BC AAA SC Championships
5	2:13.51 S	F	Sage Sturgeon	17	05/12/2008	Fastswim 2008
6	2:14.13 S	P	*I David Killy	17	01/03/2007	2007 TAS Provincial Short Course Champic
7	2:16.44 S	P	*I Spencer Landsiedel	19	07/12/2007	2007 PCS Xmas Cracker Invitational
8	2:16.84 S	F	*I Jihyoon Oh	15	28/02/2008	2008 TAS BC Provincial SC Championships
9	2:17.30 S	P	*I Kris Yap-Chung	17	18/11/2004	Best Times SCM
10	2:19.18 S	P	*I Kyle Polednik	16	26/02/2009	2009 TAS BC AAA SC Championships
<b>Men 25 Breast</b>						
1	15.10 S	F	*I Richard Kang	15	18/10/2003	Langley Olympians Swim Club Intra Club M
2	15.80 S	F	Jake Tapp	15	18/10/2003	Langley Olympians Swim Club Intra Club M
3	18.40 S	F	*I Richard Desaulniers	17	18/10/2003	Langley Olympians Swim Club Intra Club M
4	18.90 S	F	*I Kris Yap-Chung	16	18/10/2003	Langley Olympians Swim Club Intra Club M
5	20.80 S	F	*I Tyler Heppell	17	08/02/2003	Langley Olympians Intra Club Meet
6	53.00 S	F	*I Mitchell Shane	16	09/03/2003	Langley Olympians Intra Club Meet
<b>Men 50 Breast</b>						
1	30.76 S	P	*I Spencer Landsiedel	18	15/02/2007	2007 Speedo Western Canadian C
2	31.35 S	F	*I Duncan Gleed	16	27/06/2009	LAOSC IntraClub Meet June 27 2009
3	31.78 S	F	Charlie Tapp	18	14/06/2008	2008 L/A OSC June Intraclu
4	32.51 S	F	Jake Tapp	16	11/06/2005	2005 June Intraclub Meet
5	33.00 S	F	*I Willem Hergesheimer	15	17/12/2005	December Intraclub Meet 2005
6	34.42 S	F	*I Kyle Polednik	16	25/10/2008	2008 VPSC Invitational
7	34.75 S	F	*I David Killy	16	16/12/2006	2006 December Intraclub Meet
8	35.06 S	F	*I Andreas Mock	18	24/10/2009	2009 VPSC Invitational
9	35.66 S	F	Sage Sturgeon	16	25/10/2008	2008 VPSC Invitational
10	35.69 S	F	*I Jihyoon Oh	16	25/10/2008	2008 VPSC Invitational
<b>Men 100 Breast</b>						
1	1:07.52 S	F	Jake Tapp	17	02/02/2006	TAS BC AAA Provincial Championships

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
2	1:08.45 S	F	Charlie Tapp	17	28/02/2008	2008 TAS BC Provincial SC Championships
3	1:09.05 S	F	*I Spencer Landsiedel	17	16/02/2006	Western SC Champs 2006
4	1:12.74 S	F	*I Richard Desaulniers	17	05/02/2004	TAS BC PROVINCIAL CHAMPS
5	1:13.78 S	F	*I Willem Hergesheimer	15	29/10/2005	2005 VPSC Invitational
6	1:14.35 S	F	Sage Sturgeon	17	15/11/2008	LOSC 2nd Annual Short Course Invitational
7	1:15.14 S	P	*I David Killy	17	17/11/2007	Langley Olympians Remembrance Swim M
8	1:16.66 S	F	*I Jihyoon Oh	16	15/11/2008	LOSC 2nd Annual Short Course Invitational
9	1:17.08 S	P	*I Kyle Polednik	16	15/11/2008	LOSC 2nd Annual Short Course Invitational
10	1:17.78 S	P	*I Cole Stewart	16	17/11/2007	Langley Olympians Remembrance Swim M
<b>Men 200 Breast</b>						
1	2:30.73 S	F	*I Spencer Landsiedel	17	16/02/2006	Western SC Champs 2006
2	2:35.59 S	P	*I Cole Stewart	16	14/02/2008	2008 Speedo Western Canadian Champion
3	2:36.46 S	F	*I Willem Hergesheimer	15	02/02/2006	TAS BC AAA Provincial Championships
4	2:41.12 S	F	Jake Tapp	16	22/01/2005	Icebreaker Classic
5	2:41.80 S	F	Charlie Tapp	16	20/01/2007	IcebreakeClassic2007
6	2:46.72 S	F	*I David Killy	15	14/01/2006	Icebreaker Classic
7	2:46.98 S	P	*I Richard Desaulniers	18	12/11/2004	Island Pacific Cup
8	2:47.07 S	P	*I Tom Levshuk	17	13/02/2009	BC AA Champs - 2009 SC
9	2:48.68 S	P	*I Max Levshuk	17	01/03/2007	2007 TAS Provincial Short Course Champic
10	2:50.05 S	F	William Vosper	17	08/02/2009	2009 LOSC February Challenge
<b>Men 25 Fly</b>						
1	12.30 S	F	Jake Tapp	15	18/11/2004	Best Times SCM
2	13.60 S	F	*I Kris Yap-Chung	15	09/03/2003	Langley Olympians Intra Club Meet
3	14.90 S	F	*I Tyler Heppell	17	07/12/2002	Langley Olympian Swim Club Intra Club Me
4	15.00 S	F	*I Richard Desaulniers	17	06/12/2003	Langley Olympians Intra Club Meet
5	58.70 S	F	*I Mitchell Shane	16	08/02/2003	Langley Olympians Intra Club Meet
<b>Men 50 Fly</b>						
1	25.27 S	P	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
2	25.66 S	F	Charlie Tapp	17	14/02/2008	2008 Speedo Western Canadian Champion
3	25.82 S	F	*I David Killy	18	14/02/2008	2008 Speedo Western Canadian Champion
4	25.84 S	F	Jake Tapp	17	16/02/2006	Western SC Champs 2006
5	26.54 S	P	*I Spencer Landsiedel	19	14/02/2008	2008 Speedo Western Canadian Champion
6	27.24 S	P	*I Jihyoon Oh	16	12/02/2009	2009 Speedo Western Canadian SC Cham
7	27.28 S	F	William Vosper	19	30/07/2010	Hyack 2010 Year End Time Trial
8	28.10 S	F	*I Kris Yap-Chung	16	18/11/2004	Best Times SCM
9	28.77 S	F	*I Nathan Jongenburger	15	31/07/2009	2009 Year End Time Trial
10	28.99 S	F	*I Kyle Polednik	16	27/06/2009	LAOSC IntraClub Meet June 27 2009
<b>Men 100 Fly</b>						
1	55.92 S	F	*I Duncan Gleed	17	18/02/2010	Speedo Western Canadian Championships
2	56.06 S	F	*I David Killy	18	14/02/2008	2008 Speedo Western Canadian Champion
3	57.14 S	F	Jake Tapp	17	16/02/2006	Western SC Champs 2006
4	58.60 S	F	Charlie Tapp	17	28/02/2008	2008 TAS BC Provincial SC Championships
5	58.82 S	P	*I Spencer Landsiedel	19	17/11/2007	Langley Olympians Remembrance Swim M
6	59.59 S	F	William Vosper	19	30/07/2010	Hyack 2010 Year End Time Trial
7	1:00.82 S	P	*I Kris Yap-Chung	17	18/11/2004	Best Times SCM
8	1:00.84 S	F	*I Jihyoon Oh	16	05/12/2008	Fastswim 2008
9	1:01.32 S	P	*I Willem Hergesheimer	17	28/02/2008	2008 TAS BC Provincial SC Championships
10	1:03.79 S	P	*I Nathan Jongenburger	15	30/01/2009	2009 TAS BC Sr Championships
<b>Men 200 Fly</b>						
1	2:03.31 S	P	*I David Killy	17	07/12/2007	2007 Paul Bergen Junior International Chan
2	2:09.93 S	P	*I Willem Hergesheimer	17	07/12/2007	2007 Paul Bergen Junior International Chan
3	2:10.84 S	F	*I Duncan Gleed	17	04/03/2010	2010 TAS BC AAA SC Championships
4	2:12.78 S	F	*I Kris Yap-Chung	15	27/02/2003	TAS BC Open Age Group Championships
5	2:14.17 S	P	William Vosper	18	18/02/2010	Speedo Western Canadian Championships

## Individual Top Times

### Number of Top Times: 10 Show Short Course Only

	Time	P/F/S	Name	Age/Yr		
6	2:14.70 S	F	*I Jihyoon Oh	15	28/02/2008	2008 TAS BC Provincial SC Championships
7	2:18.07 S	F	Jake Tapp	16	22/01/2005	Icebreaker Classic
8	2:20.48 S	F	*I Spencer Landsiedel	18	20/01/2007	IcebreakClassic2007
9	2:23.20 S	F	*I Nathan Jongenburger	15	05/12/2008	Fastswim 2008
10	2:23.62 S	F	Charlie Tapp	16	20/01/2007	IcebreakClassic2007
<b>Men 100 IM</b>						
1	53.81 S S	P	Jake Tapp	21	06/08/2009	British Gas Grand Prix
2	1:00.64 S	P	*I Spencer Landsiedel	18	24/11/2006	2006 Bell Grand Prix
3	1:00.92 S	F	*I Duncan Gleed	16	27/06/2009	LAOSC IntraClub Meet June 27 2009
4	1:01.59 S	F	Charlie Tapp	16	16/12/2006	2006 December Intraclub Meet
5	1:03.10 S	F	*I David Killy	16	16/12/2006	2006 December Intraclub Meet
6	1:03.77 S	F	*I Willem Hergesheimer	17	09/06/2007	june intra club
7	1:05.84 S	F	William Vosper	19	30/07/2010	Hyack 2010 Year End Time Trial
8	1:06.23 S	F	*I Kyle Polednik	16	11/10/2008	October 11 IntraClub
9	1:06.50 S	F	*I Kris Yap-Chung	16	18/11/2004	Best Times SCM
10	1:07.88 S	F	Sage Sturgeon	17	11/10/2008	October 11 IntraClub
<b>Men 200 IM</b>						
1	2:05.97 S	F	Jake Tapp	17	02/02/2006	TAS BC AAA Provincial Championships
2	2:09.40 S	F	*I Spencer Landsiedel	19	14/02/2008	2008 Speedo Western Canadian Champion
3	2:10.24 S	F	*I Willem Hergesheimer	16	01/03/2007	2007 TAS Provincial Short Course Champic
4	2:10.55 S	P	Charlie Tapp	17	28/02/2008	2008 TAS BC Provincial SC Championships
5	2:16.08 S	F	*I David Killy	16	20/01/2007	IcebreakClassic2007
6	2:18.87 S	P	*I Cole Stewart	18	26/02/2009	2009 TAS BC AAA SC Championships
7	2:19.61 S	P	Sage Sturgeon	17	14/11/2008	2008 BC HighSchool Championships
8	2:19.94 S	F	*I Duncan Gleed	16	24/10/2009	2009 VPSC Invitational
9	2:20.21 S	P	*I Jihyoon Oh	15	28/02/2008	2008 TAS BC Provincial SC Championships
10	2:20.55 S	P	*I Kris Yap-Chung	17	12/11/2004	Island Pacific Cup
<b>Men 400 IM</b>						
1	4:31.37 S	F	*I Willem Hergesheimer	16	01/03/2007	2007 TAS Provincial Short Course Champic
2	4:33.35 S	F	Jake Tapp	17	02/02/2006	TAS BC AAA Provincial Championships
3	4:43.01 S	P	Sage Sturgeon	17	26/02/2009	2009 TAS BC AAA SC Championships
4	4:44.65 S	F	*I Spencer Landsiedel	18	20/01/2007	IcebreakClassic2007
5	4:46.39 S	P	Charlie Tapp	16	01/03/2007	2007 TAS Provincial Short Course Champic
6	4:51.65 S	P	*I Cole Stewart	16	14/02/2008	2008 Speedo Western Canadian Champion
7	4:52.20 S	F	*I Clay Stewart	15	07/12/2007	2007 PCS Xmas Cracker Invitational
8	4:55.75 S	F	*I David Killy	15	14/01/2006	Icebreaker Classic
9	5:00.26 S	F	*I Jihyoon Oh	15	28/02/2008	2008 TAS BC Provincial SC Championships
10	5:01.02 S	P	*I Kris Yap-Chung	16	18/11/2004	Best Times SCM