

## Individual Top Times

Langley Olympians Swim Club [LOSC] Coach: Buan Metcalfe  
Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 8 &amp; Under 50 Free</b>						
1	38.04 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
2	1:01.43 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
3	1:08.12 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	1:17.09 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
5	1:17.46 L	F	Jessy Barton-Jenson	5	16/07/2010	2010 Sizzlin Summer swim Meet
<b>Women 8 &amp; Under 100 Free</b>						
1	1:24.58 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
2	2:13.83 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
3	2:41.61 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	2:43.08 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Women 8 &amp; Under 200 Free</b>						
1	3:02.14 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 400 Free</b>						
1	6:27.38 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 50 Back</b>						
1	51.01 L	F	Hillary Metcalfe	8	14/07/2006	Sizzlin' Summer Invitational
2	1:07.34 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
3	1:21.64 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	1:23.14 L	F	Jessy Barton-Jenson	5	16/07/2010	2010 Sizzlin Summer swim Meet
5	1:27.98 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
6	1:28.98 L	F	Amelia Blair	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Women 8 &amp; Under 100 Back</b>						
1	1:40.51 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
2	2:27.27 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
3	3:18.19 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Women 8 &amp; Under 200 Back</b>						
1	3:27.12 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 50 Breast</b>						
1	55.76 L	F	Hillary Metcalfe	8	02/06/2006	June Classic 2006
2	1:12.14 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
3	1:18.25 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
4	1:25.40 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Women 8 &amp; Under 100 Breast</b>						
1	1:58.01 L	F	Hillary Metcalfe	8	02/06/2006	June Classic 2006
2	2:18.69 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Women 8 &amp; Under 200 Breast</b>						
1	4:12.14 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 50 Fly</b>						
1	51.94 L	F	Hillary Metcalfe	8	14/07/2006	Sizzlin' Summer Invitational
2	1:18.48 L	F	Kelley MacDonald	7	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
3	1:36.10 L	F	Pearl Schramm	8	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	1:44.94 L	F	Kristianna Barton	8	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Women 8 &amp; Under 100 Fly</b>						
1	2:04.05 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 200 IM</b>						
1	3:38.10 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational
<b>Women 8 &amp; Under 400 IM</b>						
1	7:47.90 L	F	Hillary Metcalfe	8	31/03/2007	5th Annual Long Course Invitational

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr		
<b>Women 9-10 50 Free</b>						
1	31.20 L	F	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
2	32.78 L	F	Hillary Metcalfe	10	03/07/2008	2008 TAS BC AAA LC Champs
3	33.07 L	F	Kate Thomson	10	21/04/2006	2006 Mies Schootman Invitational
4	33.34 L	P	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
5	33.71 L	F	*1 Vanessa Rivas	10	05/07/2007	2007 TAS BC Long Course Champs
6	34.38 L	F	*1 Maria Van Noordenne	10	15/07/2005	Sizzlin' Summer Invitational
7	34.77 L	P	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitation
8	34.99 L	F	Rena Ledoux	10	16/07/2010	2010 Sizzlin Summer swim Meet
9	35.20 L	F	Chelsea Borrowdale	10	19/06/2010	Summer Solstice Invitational
10	35.97 L	F	*1 Hilary Cave	10	14/07/2006	Sizzlin' Summer Invitational
<b>Women 9-10 100 Free</b>						
1	1:09.32 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
2	1:09.44 L	P	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
3	1:12.00 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
4	1:13.57 L	P	Hillary Metcalfe	10	30/07/2008	2008 PC WEST LCM FAR WEST CHM
5	1:15.60 L	F	Chelsea Borrowdale	10	16/04/2010	Mies Schootman Invitational
6	1:15.62 L	F	Rena Ledoux	10	08/07/2010	2010 TAS BC Long Course AAA Champion
7	1:15.86 L L	F	*1 Maria Van Noordenne	10	15/07/2005	Sizzlin' Summer Invitational
8	1:16.81 L	F	*1 Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
9	1:16.90 L	F	Romina Worthington	10	31/03/2007	5th Annual Long Course Invitational
10	1:17.54 L	P	Amelia Blair	10	02/07/2009	2009 TAS BC LC Championships
<b>Women 9-10 200 Free</b>						
1	2:35.62 L	P	Trista Tetreault	10	15/05/2009	Hyack Festival May 2009
2	2:37.84 L	F	Devon Mark	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
3	2:38.09 L	P	Kate Thomson	10	21/04/2006	2006 Mies Schootman Invitational
4	2:40.20 L	F	Chelsea Borrowdale	10	16/04/2010	Mies Schootman Invitational
5	2:41.35 L	P	Hillary Metcalfe	10	30/07/2008	2008 PC WEST LCM FAR WEST CHM
6	2:45.14 L	F	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitation
7	2:45.86 L	F	Rena Ledoux	10	16/07/2010	2010 Sizzlin Summer swim Meet
8	2:45.93 L	F	Amelia Blair	10	19/06/2009	TOP entries Jun 2009
9	2:47.76 L	F	*1 Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
10	2:49.91 L	F	*1 Maria Van Noordenne	10	15/07/2005	Sizzlin' Summer Invitational
<b>Women 9-10 400 Free</b>						
1	5:26.23 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
2	5:28.33 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
3	5:29.75 L	P	Trista Tetreault	10	15/05/2009	Hyack Festival May 2009
4	5:40.43 L	F	Romina Worthington	10	31/03/2007	5th Annual Long Course Invitational
5	5:42.08 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
6	5:50.64 L	F	Chelsea Borrowdale	10	27/03/2010	LOSC 8th Annual Long Course Invitational
7	5:50.67 L	P	Rena Ledoux	10	25/06/2010	2010 SwimBC Long Course AA Champions
8	5:51.80 L	F	*1 Vanessa Rivas	10	05/07/2007	2007 TAS BC Long Course Champs
9	5:53.94 L	F	Amelia Blair	10	02/07/2009	2009 TAS BC LC Championships
10	5:55.39 L	F	Meredith Clark	10	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 9-10 800 Free</b>						
1	11:19.53 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
2	11:26.74 L	F	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
3	12:20.98 L	F	Chelsea Borrowdale	10	27/03/2010	LOSC 8th Annual Long Course Invitational
4	12:32.99 L	F	Devon Mark	10	28/03/2009	LOSC 7th Annual Long Course Invitational
5	12:35.29 L	F	Romina Worthington	10	31/03/2007	5th Annual Long Course Invitational
6	12:35.71 L	F	*1 Vanessa Rivas	10	05/05/2007	West Coast Open 2007
7	12:39.35 L	F	Martha Metcalfe	10	05/05/2007	West Coast Open 2007
8	12:40.53 L	F	Robyn Nakano	10	27/03/2010	LOSC 8th Annual Long Course Invitational
9	12:58.86 L	F	Amelia Blair	10	28/03/2009	LOSC 7th Annual Long Course Invitational

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	Time	P/F/S	Name	Age/Yr		
10	x13:00.28 L	F	*1 Hayley Gilmore	10	05/05/2007	West Coast Open 2007
<b>Women 9-10 50 Back</b>						
1	40.19 L	P	Hillary Metcalfe	10	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	40.95 L	F	Devon Mark	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
3	41.25 L	F	Amelia Blair	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	41.38 L	F	Siobhan Board	10	06/06/2008	Kamloops June Classic 2008
5	41.78 L	F	*1 Maria Van Noordenne	10	15/07/2005	Sizzlin' Summer Invitational
6	43.66 L	F	Meredith Clark	10	16/07/2010	2010 Sizzlin Summer swim Meet
7	43.68 L	F	Trista Tetreault	9	06/06/2008	Kamloops June Classic 2008
8	45.07 L	F	Ilian Urquidi	10	06/06/2008	Kamloops June Classic 2008
9	45.99 L	F	Martha Metcalfe	9	02/06/2006	June Classic 2006
10	46.38 L	F	*1 Jassett Goldwire	10	01/05/2004	WEST COAST OPEN
<b>Women 9-10 100 Back</b>						
1	1:22.99 L	P	Trista Tetreault	10	17/04/2009	Mies Schootman Invitational 2009
2	1:24.30 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
3	1:24.66 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
4	1:27.13 L	P	Hillary Metcalfe	10	30/07/2008	2008 PC WEST LCM FAR WEST CHM
5	1:27.59 L	F	Robyn Nakano	10	27/03/2010	LOSC 8th Annual Long Course Invitational
6	1:27.71 L	F	Amelia Blair	10	02/07/2009	2009 TAS BC LC Championships
7	1:27.79 L	P	Chelsea Borrowdale	10	16/04/2010	Mies Schootman Invitational
8	1:30.68 L	F	Siobhan Board	10	06/06/2008	Kamloops June Classic 2008
9	1:31.06 L	P	Ilian Urquidi	10	17/04/2009	Mies Schootman Invitational 2009
10	1:31.63 L	P	Rena Ledoux	10	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 9-10 200 Back</b>						
1	2:51.53 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
2	3:00.75 L	F	Robyn Nakano	10	27/03/2010	LOSC 8th Annual Long Course Invitational
3	3:04.99 L	F	Trista Tetreault	10	28/03/2009	LOSC 7th Annual Long Course Invitational
4	3:06.79 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
5	3:07.34 L	F	Amelia Blair	10	19/06/2009	TOP entries Jun 2009
6	3:08.05 L	F	Chelsea Borrowdale	10	19/06/2010	Summer Solstice Invitational
7	3:12.89 L	P	Ilian Urquidi	10	17/04/2009	Mies Schootman Invitational 2009
8	3:18.11 L	F	Meredith Clark	10	19/06/2010	Summer Solstice Invitational
9	3:18.89 L	F	Rena Ledoux	10	27/03/2010	LOSC 8th Annual Long Course Invitational
10	3:21.00 L	F	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitational
<b>Women 9-10 50 Breast</b>						
1	39.30 L	F	Hillary Metcalfe	10	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	41.06 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
3	41.99 L	F	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
4	42.32 L	F	Kate Thomson	10	21/04/2006	2006 Mies Schootman Invitational
5	43.26 L	F	Kelley MacDonald	10	08/07/2010	2010 TAS BC Long Course AAA Champion
6	44.62 L	F	Rena Ledoux	10	08/07/2010	2010 TAS BC Long Course AAA Champion
7	45.59 L	F	*1 Hilary Cave	10	14/07/2006	Sizzlin' Summer Invitational
8	46.45 L	P	Ilian Urquidi	10	17/04/2009	Mies Schootman Invitational 2009
9	47.49 L	F	*1 Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
10	48.02 L	F	*1 Maria Van Noordenne	10	15/07/2005	Sizzlin' Summer Invitational
<b>Women 9-10 100 Breast</b>						
1	1:27.19 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
2	1:31.41 L	F	Chelsea Borrowdale	10	19/06/2010	Summer Solstice Invitational
3	1:31.88 L	F	Devon Mark	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
4	1:33.07 L	P	Trista Tetreault	10	15/05/2009	Hyack Festival May 2009
5	1:34.61 L	F	Kelley MacDonald	10	25/06/2010	2010 SwimBC Long Course AA Champions
6	1:35.23 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
7	1:36.20 L	F	*1 Hilary Cave	10	14/07/2006	Sizzlin' Summer Invitational
8	1:38.99 L	F	*1 Vanessa Rivas	10	05/07/2007	2007 TAS BC Long Course Champs

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	Time	P/F/S	Name	Age/Yr		
9	1:39.07 L	F	Renae Ledoux	10	27/03/2010	LOSC 8th Annual Long Course Invitational
10	1:40.84 L	F	Amelia Blair	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Women 9-10 200 Breast</b>						
1	3:07.98 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
2	3:13.38 L	F	Kate Thomson	10	21/04/2006	2006 Mies Schootman Invitational
3	3:16.55 L	P	Trista Tetreault	10	17/04/2009	Mies Schootman Invitational 2009
4	3:17.09 L	F	Chelsea Borrowdale	10	19/06/2010	Summer Solstice Invitational
5	3:21.46 L	P	Devon Mark	10	17/04/2009	Mies Schootman Invitational 2009
6	3:23.14 L	F	Kelley MacDonald	10	25/06/2010	2010 SwimBC Long Course AA Champions
7	3:23.17 L	F	Renae Ledoux	10	25/06/2010	2010 SwimBC Long Course AA Champions
8	3:39.82 L	F	*I Hilary Cave	10	29/04/2006	West Coast Open 2006
9	3:40.28 L	P	Ilian Urquidi	10	17/04/2009	Mies Schootman Invitational 2009
10	3:43.93 L	F	*I Hannah Jones	10	28/04/2001	West Coast Open LC
<b>Women 9-10 50 Fly</b>						
1	36.40 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
2	36.58 L	F	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
3	37.70 L	F	*I Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
4	37.76 L	F	Siobhan Board	10	03/07/2008	2008 TAS BC AAA LC Champs
5	39.19 L	F	Renae Ledoux	10	16/07/2010	2010 Sizzlin' Summer swim Meet
6	39.80 L	P	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitational
7	40.48 L	P	*I Hilary Cave	10	02/06/2006	June Classic 2006
8	41.13 L	P	Kelley MacDonald	10	08/07/2010	2010 TAS BC Long Course AAA Champion
9	41.46 L	F	Hillary Metcalfe	10	03/07/2008	2008 TAS BC AAA LC Champs
10	41.77 L	F	Amelia Blair	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Women 9-10 100 Fly</b>						
1	1:23.42 L	F	Devon Mark	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
2	1:24.91 L	P	Trista Tetreault	10	15/05/2009	Hyack Festival May 2009
3	1:25.50 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
4	1:29.80 L	P	Martha Metcalfe	10	18/05/2007	2007 Hyack Festival Invitational
5	1:30.40 L	F	*I Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
6	1:30.66 L	F	Robyn Nakano	10	27/03/2010	LOSC 8th Annual Long Course Invitational
7	1:31.33 L	P	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitational
8	1:31.54 L	F	Chelsea Borrowdale	10	27/03/2010	LOSC 8th Annual Long Course Invitational
9	1:34.55 L	F	*I Hilary Cave	10	14/07/2006	Sizzlin' Summer Invitational
10	1:35.41 L	F	Siobhan Board	10	06/06/2008	Kamloops June Classic 2008
<b>Women 9-10 200 Fly</b>						
1	3:00.92 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
2	3:19.49 L	F	Martha Metcalfe	10	18/05/2007	2007 Hyack Festival Invitational
3	3:22.69 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
4	3:23.69 L	F	Trista Tetreault	10	28/03/2009	LOSC 7th Annual Long Course Invitational
5	3:26.87 L	F	Chelsea Borrowdale	10	27/03/2010	LOSC 8th Annual Long Course Invitational
6	3:29.43 L	F	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitation
7	3:36.85 L	F	Gabriella Szalkai	10	27/03/2010	LOSC 8th Annual Long Course Invitational
8	3:47.51 L	P	Paige Dong	10	17/04/2009	Mies Schootman Invitational 2009
9	3:49.57 L	F	Ilian Urquidi	10	28/03/2009	LOSC 7th Annual Long Course Invitational
10	3:53.79 L	F	*I Hannah Jones	10	28/04/2001	West Coast Open LC
<b>Women 9-10 200 IM</b>						
1	2:51.93 L	F	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
2	2:52.47 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
3	2:52.99 L	F	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
4	2:57.64 L	F	Chelsea Borrowdale	10	16/04/2010	Mies Schootman Invitational
5	3:00.64 L	F	Kate Thomson	10	01/04/2006	4th Annual LOSC Long Course Invitational
6	3:07.48 L	F	*I Vanessa Rivas	10	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
7	3:08.60 L	F	Renae Ledoux	10	08/07/2010	2010 TAS BC Long Course AAA Champion

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
8	3:08.68 L	F	Amelia Blair	10	19/06/2009	TOP entries Jun 2009
9	3:11.35 L	P	Romina Worthington	10	13/04/2007	2007 Mies Schootman Invitational
10	3:13.00 L	F	Siobhan Board	10	06/06/2008	Kamloops June Classic 2008
<b>Women 9-10 400 IM</b>						
1	6:05.70 L	P	Trista Tetreault	10	02/07/2009	2009 TAS BC LC Championships
2	6:07.29 L	P	Devon Mark	10	02/07/2009	2009 TAS BC LC Championships
3	6:14.87 L	F	Chelsea Borrowdale	10	16/04/2010	Mies Schootman Invitational
4	6:15.47 L	F	Hillary Metcalfe	10	28/03/2009	LOSC 7th Annual Long Course Invitational
5	6:52.21 L	F	Robyn Nakano	10	27/03/2010	LOSC 8th Annual Long Course Invitational
6	6:52.37 L	P	Kelley MacDonald	10	25/06/2010	2010 SwimBC Long Course AA Champions
7	6:54.48 L	F	Gabriella Szalkai	10	27/03/2010	LOSC 8th Annual Long Course Invitational
8	6:55.35 L	F *1	Vanessa Rivas	10	05/05/2007	West Coast Open 2007
9	6:55.56 L	F	Martha Metcalfe	10	05/05/2007	West Coast Open 2007
10	6:55.99 L	F	Romina Worthington	10	31/03/2007	5th Annual Long Course Invitational
<b>Women 11-12 50 Free</b>						
1	28.79 L	F	Hillary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship
2	29.70 L	F	Rachelle Salli	12	11/07/2002	BC Championships
3	29.90 L	F	Trista Tetreault	11	08/07/2010	2010 TAS BC Long Course AAA Champion
4	30.92 L	P	Kate Thomson	12	19/07/2007	Championnats nationaux groupe
5	30.99 L	F	Hannah Weinkauff	11	08/07/2010	2010 TAS BC Long Course AAA Champion
6	31.15 L	P	Janelle Hay	12	05/07/2007	2007 TAS BC Long Course Champs
7	31.34 L	F *1	Vanessa Rivas	11	03/07/2008	2008 TAS BC AAA LC Champs
8	31.40 L L	F *1	Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
9	31.41 L	S	Siobhan Board	12	21/05/2010	Hyack Festival Youth Cup 2010
10	31.61 L	F *1	Shelby Blankstein	12	29/03/2008	LOSC 6th Annual Long Course Invitational
<b>Women 11-12 100 Free</b>						
1	1:04.40 L	F	Hillary Metcalfe	12	08/07/2010	2010 TAS BC Long Course AAA Champion
2	1:04.47 L	F	Rachelle Salli	12	11/07/2002	BC Championships
3	1:05.26 L	F	Trista Tetreault	11	08/07/2010	2010 TAS BC Long Course AAA Champion
4	1:06.53 L	F	Kate Thomson	11	13/04/2007	2007 Mies Schootman Invitation
5	1:08.05 L	F *1	Jiyoan Oh	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
6	1:08.73 L	P	Chelsey Salli	12	15/07/2004	2004 TAS AAA LC Championships
7	1:08.95 L	F *1	Shelby Blankstein	12	11/04/2008	Mies Schootman Invitational 2008
8	1:09.12 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
9	1:09.73 L	S	Janelle Hay	12	13/04/2007	2007 Mies Schootman Invitation
10	1:09.80 L	F *1	Jessie Gibson	12	19/06/2010	Summer Solstice Invitational
<b>Women 11-12 200 Free</b>						
1	2:19.05 L	F	Hillary Metcalfe	12	08/07/2010	2010 TAS BC Long Course AAA Champion
2	2:20.53 L	F	Rachelle Salli	12	11/07/2002	BC Championships
3	2:22.54 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
4	2:24.44 L	F *1	Jiyoan Oh	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
5	2:24.83 L	F	Trista Tetreault	11	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:26.10 L	F *1	Shelby Blankstein	12	11/04/2008	Mies Schootman Invitational 2008
7	2:26.29 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	2:26.56 L	F	Romina Worthington	12	17/04/2009	Mies Schootman Invitational 2009
9	2:30.35 L	P	Chelsey Salli	12	15/07/2004	2004 TAS AAA LC Championships
10	2:30.86 L	P *1	Jessie Gibson	12	21/05/2010	Hyack Festival Youth Cup 2010
<b>Women 11-12 400 Free</b>						
1	4:57.98 L	F	Hillary Metcalfe	12	21/05/2010	Hyack Festival Youth Cup 2010
2	4:58.72 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
3	4:59.91 L	F	Rachelle Salli	12	11/07/2002	BC Championships
4	5:02.66 L	P *1	Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
5	5:04.46 L	F *1	Jiyoan Oh	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
6	5:05.61 L	F	Romina Worthington	12	28/03/2009	LOSC 7th Annual Long Course Invitational

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
7	5:05.80 L	F	Martha Metcalfe	12	01/05/2009	2009 THSC Spring Open
8	5:06.46 L	F	*1 Shelby Blankstein	12	11/04/2008	Mies Schootman Invitational 2008
9	5:07.18 L	F	*1 Hilary Cave	12	03/07/2008	2008 TAS BC AAA LC Champs
10	5:13.08 L	F	*1 Hannah Jones	12	03/05/2003	West Coast Open 2003
<b>Women 11-12 800 Free</b>						
1	10:16.09 L	F	*1 Hannah Jones	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	10:26.76 L	F	Rachelle Salli	12	11/07/2002	BC Championships
3	10:29.64 L	F	*1 Hilary Cave	12	03/07/2008	2008 TAS BC AAA LC Champs
4	10:30.38 L	F	Romina Worthington	12	15/05/2009	Hyack Festival May 2009
5	10:31.06 L	F	*1 Jiyeon Oh	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
6	10:40.05 L	F	Kate Thomson	12	05/07/2007	2007 TAS BC Long Course Champs
7	10:41.84 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	10:48.85 L	F	Hilary Metcalfe	12	16/04/2010	Mies Schootman Invitational
9	10:51.01 L	F	*1 Shelby Blankstein	12	29/03/2008	LOSC 6th Annual Long Course Invitational
10	10:55.60 L	F	Martha Metcalfe	12	28/03/2009	LOSC 7th Annual Long Course Invitational
<b>Women 11-12 1500 Free</b>						
1	20:22.35 L	F	Kate Thomson	12	29/03/2008	LOSC 6th Annual Long Course Invitational
2	20:59.12 L	F	Hilary Metcalfe	11	27/03/2010	LOSC 8th Annual Long Course Invitational
3	21:24.93 L	F	Siobhan Board	12	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Women 11-12 50 Back</b>						
1	35.20 L L	F	Siobhan Board	12	08/07/2010	2010 TAS BC Long Course AAA Champion
2	35.89 L L	F	Rachelle Salli	12	11/07/2002	BC Championships
3	36.24 L	F	Hilary Metcalfe	11	15/05/2009	Hyack Festival May 2009
4	36.65 L	P	Trista Tetreault	11	21/05/2010	Hyack Festival Youth Cup 2010
5	36.80 L	F	*1 Meghan Cheung	12	17/04/2009	Mies Schootman Invitational 2009
6	37.51 L	F	*1 Kaitlin George	12	03/05/2003	West Coast Open 2003
7	37.81 L	F	*1 Tricia Kiss	12	15/07/2005	Sizzlin' Summer Invitational
8	38.47 L	P	Hannah Weinkauf	11	21/05/2010	Hyack Festival Youth Cup 2010
9	38.75 L L	F	Amelia Blair	11	08/07/2010	2010 TAS BC Long Course AAA Champion
10	39.34 L L	F	Janelle Hay	12	05/07/2007	2007 TAS BC Long Course Champs
<b>Women 11-12 100 Back</b>						
1	1:15.86 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
2	1:16.38 L L	F	Siobhan Board	12	08/07/2010	2010 TAS BC Long Course AAA Champion
3	1:17.51 L	F	Hilary Metcalfe	12	19/06/2010	Summer Solstice Invitational
4	1:17.55 L	P	Chelsey Salli	12	15/07/2004	2004 TAS AAA LC Championships
5	1:18.25 L	P	*1 Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
6	1:19.77 L	F	*1 Kaitlin George	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
7	1:19.81 L	F	Trista Tetreault	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	1:19.93 L	P	*1 Hannah Jones	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
9	1:20.51 L	F	Rachelle Salli	12	12/04/2002	CDSC Invitational
10	1:21.22 L L	F	Hannah Weinkauf	11	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 11-12 200 Back</b>						
1	2:39.63 L	F	Rachelle Salli	12	11/07/2002	BC Championships
2	2:40.57 L	F	Hilary Metcalfe	12	08/07/2010	2010 TAS BC Long Course AAA Champion
3	2:40.79 L	F	Chelsey Salli	12	05/08/2004	2004 Canadian Long Course Club Nationals
4	2:41.40 L	F	*1 Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
5	2:44.28 L	F	*1 Hannah Jones	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
6	2:44.60 L	P	Siobhan Board	12	08/07/2010	2010 TAS BC Long Course AAA Champion
7	2:47.03 L	F	Kate Thomson	12	29/03/2008	LOSC 6th Annual Long Course Invitational
8	2:49.48 L	F	Martha Metcalfe	12	17/04/2009	Mies Schootman Invitational 2009
9	2:49.78 L	P	Trista Tetreault	11	21/05/2010	Hyack Festival Youth Cup 2010
10	2:52.24 L	F	*1 Vanessa Rivas	11	11/04/2008	Mies Schootman Invitational 2008
<b>Women 11-12 50 Breast</b>						
1	35.00 L	F	Hilary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
2	36.40 L	P	Chelsey Salli	12	05/08/2004	2004 Canadian Long Course Club Nationals
3	38.66 L	P	Kate Thomson	12	19/07/2007	Championnats nationaux groupe
4	42.07 L	F *I	Hilary Cave	12	11/04/2008	Mies Schootman Invitational 2008
5	44.00 L	P	Kennedy Douglas	11	21/05/2010	Hyack Festival Youth Cup 2010
6	44.04 L	F	Martha Metcalfe	12	11/07/2008	Sizzlin' Summer Invitational
7	44.90 L	F *I	Jessie Gibson	11	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
8	45.04 L	P	Kyla Barton	11	17/04/2009	Mies Schootman Invitational 2009
9	45.25 L	F	Paige Dong	11	16/07/2010	2010 Sizzlin Summer swim Meet
10	45.53 L	P *I	Aisha Friesen	12	20/05/2005	Hyack Festival Invitational
<b>Women 11-12 100 Breast</b>						
1	1:18.82 L	F	Hilary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship
2	1:19.73 L	F	Chelsey Salli	12	15/07/2004	2004 TAS AAA LC Championships
3	1:20.42 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
4	1:24.52 L	P *I	Hannah Jones	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
5	1:25.31 L	F *I	Vanessa Rivas	11	03/07/2008	2008 TAS BC AAA LC Champs
6	1:26.23 L	F	Martha Metcalfe	12	17/04/2009	Mies Schootman Invitational 2009
7	1:26.89 L	F	Chelsea Borrowdale	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	1:27.76 L	P	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
9	1:30.48 L	P *I	Hilary Cave	12	11/04/2008	Mies Schootman Invitational 2008
10	1:31.35 L	F	Kyla Barton	12	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Women 11-12 200 Breast</b>						
1	2:49.03 L	F	Hilary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship
2	2:49.95 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
3	2:50.40 L	F	Chelsey Salli	12	05/08/2004	2004 Canadian Long Course Club Nationals
4	3:02.10 L	F *I	Hannah Jones	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
5	3:04.10 L	F	Martha Metcalfe	12	17/04/2009	Mies Schootman Invitational 2009
6	3:06.09 L	F	Kyla Barton	12	16/04/2010	Mies Schootman Invitational
7	3:08.96 L	F	Chelsea Borrowdale	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	3:09.42 L	P *I	Hilary Cave	12	06/06/2008	Kamloops June Classic 2008
9	3:09.55 L	P *I	Jessie Gibson	12	16/04/2010	Mies Schootman Invitational
10	3:09.74 L	F	Trista Tetreault	11	19/06/2010	Summer Solstice Invitational
<b>Women 11-12 50 Fly</b>						
1	33.38 L	F	Romina Worthington	12	15/05/2009	Hyack Festival May 2009
2	33.57 L	P *I	Jessie Gibson	12	21/07/2010	2010 Canadian Age Group Championship
3	33.93 L	F *I	Meghan Cheung	12	17/04/2009	Mies Schootman Invitational 2009
4	34.00 L	P *I	Hilary Cave	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
5	34.17 L	F *I	Vanessa Rivas	11	06/06/2008	Kamloops June Classic 2008
6	35.92 L	F *I	Jiyooh Oh	12	03/05/2003	West Coast Open 2003
7	36.19 L	F	Martha Metcalfe	12	11/07/2008	Sizzlin' Summer Invitational
8	36.72 L	F	Siobhan Board	11	01/05/2009	2009 THSC Spring Open
9	37.39 L	F	Paige Dong	11	16/07/2010	2010 Sizzlin Summer swim Meet
10	39.58 L	F	Gabriella Szalkai	11	16/07/2010	2010 Sizzlin Summer swim Meet
<b>Women 11-12 100 Fly</b>						
1	1:10.97 L	F *I	Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
2	1:12.33 L	F *I	Hannah Jones	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
3	1:13.45 L	F	Rachelle Salli	12	11/07/2002	BC Championships
4	1:14.42 L	F *I	Shelby Blankstein	12	11/04/2008	Mies Schootman Invitational 2008
5	1:15.35 L	F *I	Jiyooh Oh	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
6	1:15.44 L	F	Devon Mark	11	16/04/2010	Mies Schootman Invitational
7	1:15.63 L	P	Romina Worthington	12	15/05/2009	Hyack Festival May 2009
8	1:17.23 L	F	Martha Metcalfe	12	28/03/2009	LOSC 7th Annual Long Course Invitational
9	1:17.29 L	P *I	Hilary Cave	12	03/07/2008	2008 TAS BC AAA LC Champs
10	1:17.54 L	F *I	Vanessa Rivas	11	03/07/2008	2008 TAS BC AAA LC Champs

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women 11-12 200 Fly</b>						
1	2:36.66 L	F	*I Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
2	2:40.01 L	F	*I Hannah Jones	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
3	2:43.17 L	F	*I Shelby Blankstein	12	11/04/2008	Mies Schootman Invitational 2008
4	2:44.32 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
5	2:46.27 L	F	Martha Metcalfe	12	17/04/2009	Mies Schootman Invitational 2009
6	2:46.54 L	F	*I Jiyooh Oh	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
7	2:50.78 L	F	*I Hilary Cave	12	03/07/2008	2008 TAS BC AAA LC Champs
8	2:52.26 L	F	Romina Worthington	12	17/04/2009	Mies Schootman Invitational 2009
9	2:56.51 L	P	Siobhan Board	12	21/05/2010	Hyack Festival Youth Cup 2010
10	2:58.04 L	F	Rachelle Salli	12	15/06/2002	June A AAA Invitational
<b>Women 11-12 200 IM</b>						
1	2:32.80 L	F	Hillary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship
2	2:38.11 L	P	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
3	2:38.12 L	F	*I Hannah Jones	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
4	2:39.14 L	F	Chelsey Salli	12	05/08/2004	2004 Canadian Long Course Club Nationals
5	2:40.06 L	F	*I Jessie Gibson	12	21/05/2010	Hyack Festival Youth Cup 2010
6	2:40.16 L	F	Rachelle Salli	12	11/07/2002	BC Championships
7	2:42.31 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	2:42.32 L	F	Trista Tetreault	11	19/06/2010	Summer Solstice Invitational
9	2:44.88 L	F	Martha Metcalfe	12	17/04/2009	Mies Schootman Invitational 2009
10	2:45.93 L	P	Romina Worthington	12	15/05/2009	Hyack Festival May 2009
<b>Women 11-12 400 IM</b>						
1	5:27.12 L	F	Hillary Metcalfe	12	21/07/2010	2010 Canadian Age Group Championship
2	5:33.20 L	F	Chelsey Salli	12	05/08/2004	2004 Canadian Long Course Club Nationals
3	5:33.30 L	F	Kate Thomson	12	11/04/2008	Mies Schootman Invitational 2008
4	5:34.57 L	F	*I Hannah Jones	12	30/07/2003	Far Western Championships
5	5:35.58 L	F	Rachelle Salli	12	11/07/2002	BC Championships
6	5:38.25 L	F	*I Jessie Gibson	12	08/07/2010	2010 TAS BC Long Course AAA Champion
7	5:42.14 L	F	Devon Mark	11	08/07/2010	2010 TAS BC Long Course AAA Champion
8	5:44.16 L	F	Martha Metcalfe	12	01/05/2009	2009 THSC Spring Open
9	5:44.62 L	F	Romina Worthington	12	15/05/2009	Hyack Festival May 2009
10	5:52.01 L	F	Trista Tetreault	11	19/06/2010	Summer Solstice Invitational
<b>Women 13-14 50 Free</b>						
1	28.24 L	F	Rachelle Salli	13	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
2	28.47 L	F	Morgan Mark	14	17/04/2009	Mies Schootman Invitational 2009
3	29.28 L	F	Janelle Hay	14	02/07/2009	2009 TAS BC LC Championships
4	29.51 L L	F	Chelsey Salli	14	06/07/2006	2006 TAS BC LC Championships
5	29.56 L	P	*I Shauna Jense	14	02/02/2007	2007 TAS BC Sr Championships L
6	29.86 L	P	Melanie Dodds	14	18/04/2003	Island Invitational
7	30.05 L L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
8	30.17 L	F	*I Jiyooh Oh	14	22/04/2005	Island Pacific Cup
9	30.19 L L	F	*I Kaitlin George	14	22/04/2005	Island Pacific Cup
10	30.54 L	F	Daniella Szalkai	13	02/06/2006	June Classic 2006
<b>Women 13-14 100 Free</b>						
1	59.79 L	F	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
2	1:00.56 L	F	Rachelle Salli	14	16/04/2004	2004 Canadian Dolphin Swim Club Invitational
3	1:02.19 L	P	Melanie Dodds	14	30/07/2003	Far Western Championships
4	1:03.69 L	F	*I Jiyooh Oh	14	22/04/2005	Island Pacific Cup
5	1:04.71 L	F	Chelsey Salli	14	01/04/2006	4th Annual LOSC Long Course Invitational
6	1:04.96 L	P	Janelle Hay	14	02/07/2009	2009 TAS BC LC Championships
7	1:05.16 L	F	*I Shauna Jense	13	01/04/2006	4th Annual LOSC Long Course Invitational
8	1:05.83 L	F	*I Hannah Jones	14	21/09/2005	Best Times LCM
9	1:05.93 L	P	Daniella Szalkai	14	05/07/2007	2007 TAS BC Long Course Champs

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
10	1:06.12 L	F	*I Shelby Blankstein	13	06/06/2008	Kamloops June Classic 2008
<b>Women 13-14 200 Free</b>						
1	2:11.83 L	F	Rachelle Salli	14	15/07/2004	2004 TAS AAA LC Championships
2	2:11.92 L	P	Chelsey Salli	14	27/07/2006	2006 Canadian Pan Pacific Trials
3	2:12.15 L	F	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
4	2:12.65 L	F	Melanie Dodds	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
5	2:14.61 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Championships
6	2:15.47 L	P	*I Jiyoong Oh	14	21/07/2005	2005 Canadian Long Course Club Nationals
7	2:17.45 L	P	*I Shauna Jense	13	06/07/2006	2006 TAS BC LC Championships
8	2:17.73 L	F	Daniella Szalkai	14	05/07/2007	2007 TAS BC Long Course Champs
9	2:19.46 L	P	*I Tricia Kiss	14	05/07/2007	2007 TAS BC Long Course Champs
10	2:20.13 L	F	Kate Thomson	13	17/04/2009	Mies Schootman Invitational 2009
<b>Women 13-14 400 Free</b>						
1	4:39.17 L	F	Rachelle Salli	14	16/04/2004	2004 Canadian Dolphin Swim Club Invitational
2	4:39.47 L	F	Chelsey Salli	14	01/04/2006	4th Annual LOSC Long Course Invitational
3	4:41.63 L	F	Melanie Dodds	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
4	4:45.44 L	P	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
5	4:45.71 L	F	*I Hannah Jones	14	22/04/2005	Island Pacific Cup
6	4:47.18 L	F	*I Tricia Kiss	14	18/05/2007	2007 Hyack Festival Invitational
7	4:47.37 L	P	Romina Worthington	14	21/07/2010	2010 Canadian Age Group Championship
8	4:47.69 L	F	*I Jiyoong Oh	14	20/05/2005	Hyack Festival Invitational
9	4:51.90 L	P	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Championships
10	4:51.92 L	F	*I Shauna Jense	14	13/04/2007	2007 Mies Schootman Invitational
<b>Women 13-14 800 Free</b>						
1	9:34.16 L	F	Rachelle Salli	14	15/07/2004	2004 TAS AAA LC Championships
2	9:35.21 L	F	Chelsey Salli	14	06/07/2006	2006 TAS BC LC Championships
3	9:42.35 L	F	Melanie Dodds	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
4	9:42.58 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Championships
5	9:42.76 L	F	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
6	9:44.20 L S	F	*I Jiyoong Oh	14	21/07/2005	2005 Canadian Long Course Club Nationals
7	9:50.08 L	F	Romina Worthington	14	08/07/2010	2010 TAS BC Long Course AAA Championships
8	9:51.59 L	F	*I Hannah Jones	14	22/04/2005	Island Pacific Cup
9	9:52.05 L	F	*I Shauna Jense	13	21/04/2006	2006 Mies Schootman Invitational
10	10:00.98 L	F	Kate Thomson	13	03/07/2008	2008 TAS BC AAA LC Champs
<b>Women 13-14 1500 Free</b>						
1	18:54.69 L	F	Romina Worthington	14	21/07/2010	2010 Canadian Age Group Championship
2	19:35.72 L	F	Martha Metcalfe	13	27/03/2010	LOSC 8th Annual Long Course Invitational
3	19:54.92 L	F	Kate Thomson	14	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Women 13-14 50 Back</b>						
1	32.63 L	F	Rachelle Salli	14	05/08/2004	2004 Canadian Long Course Club Nationals
2	32.81 L L	F	*I Shauna Jense	13	06/07/2006	2006 TAS BC LC Championships
3	33.71 L L	F	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
4	34.61 L L	F	Chelsey Salli	13	22/04/2005	Island Pacific Cup
5	34.76 L	F	*I Tricia Kiss	13	19/05/2006	Hyack Festival Invitational 2006
6	35.16 L	F	Melanie Dodds	14	03/05/2003	West Coast Open 2003
7	37.22 L L	F	*I Shelby Blankstein	13	03/07/2008	2008 TAS BC AAA LC Champs
8	39.60 L	F	*I Kaitlin George	13	01/05/2004	WEST COAST OPEN
9	41.60 L	P	*I Michelle Kragt	14	02/06/2006	June Classic 2006
10	44.17 L	F	*I Alysha Harper	13	13/07/2007	Moses Lake Sizzlin' Summer Invitational 2007
<b>Women 13-14 100 Back</b>						
1	1:08.51 L	F	Rachelle Salli	14	15/07/2004	2004 TAS AAA LC Championships
2	1:10.40 L	P	*I Shauna Jense	13	06/07/2006	2006 TAS BC LC Championships
3*	1:11.02 L	F	*I Katie Kotlowski	14	11/01/2003	Sr. Circuit
3*	1:11.02 L	F	Chelsey Salli	14	06/07/2006	2006 TAS BC LC Championships

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	1:12.62 L	P	*I Tricia Kiss	14	19/07/2007	Championnats nationaux groupe
6	1:13.50 L	F	Morgan Mark	14	17/04/2009	Mies Schootman Invitational 2009
7	1:14.64 L	F	Melanie Dodds	14	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
8	1:17.04 L	F	*I Hannah Jones	14	12/03/2005	LOSC 3rd Annual Long Course Invitational
9	1:17.17 L	F	Romina Worthington	13	19/06/2010	Summer Solstice Invitational
10	1:18.16 L	F	Martha Metcalfe	13	19/06/2010	Summer Solstice Invitational
<b>Women 13-14 200 Back</b>						
1	2:24.09 L	P	Rachelle Salli	14	20/01/2005	2005 Australian Youth Olympic
2	2:24.17 L	P	Chelsey Salli	14	17/08/2006	2006 Pan Pacific Swimming Cham
3	2:30.90 L	F	*I Katie Kotlowski	14	11/01/2003	Sr. Circuit
4	2:31.27 L	F	*I Shauna Jense	13	20/07/2006	2006 Canadian Age Group Nationals
5	2:34.43 L	P	*I Tricia Kiss	14	19/07/2007	Championnats nationaux groupe
6	2:35.10 L	P	Melanie Dodds	14	30/07/2003	Far Western Championships
7	2:37.59 L	P	Kate Thomson	14	15/05/2009	Hyack Festival May 2009
8	2:39.88 L	F	*I Hannah Jones	14	12/03/2005	LOSC 3rd Annual Long Course Invitational
9	2:41.64 L	F	Romina Worthington	13	19/06/2010	Summer Solstice Invitational
10	2:41.69 L	P	Morgan Mark	14	17/04/2009	Mies Schootman Invitational 2009
<b>Women 13-14 50 Breast</b>						
1	34.32 L	F	Chelsey Salli	14	20/07/2006	2006 Canadian Age Group Nationals
2	35.22 L	F	*I Hannah Jones	14	21/07/2005	2005 Canadian Long Course Club Nationals
3	36.60 L	P	Kate Thomson	13	24/07/2008	2008 Age Group Nationals
4	38.09 L	F	Melanie Dodds	14	03/05/2003	West Coast Open 2003
5	39.21 L	F	Janelle Hay	14	17/04/2009	Mies Schootman Invitational 2009
6	49.98 L	F	*I Hayley Wood	13	04/05/2002	West Coast Open
7	50.08 L	F	*I Lacey Shields	14	03/05/2003	West Coast Open 2003
8	54.74 L	F	*I Alice Choi	13	03/05/2003	West Coast Open 2003
<b>Women 13-14 100 Breast</b>						
1	1:11.49 L	P	Chelsey Salli	14	17/08/2006	2006 Pan Pacific Swimming Cham
2	1:16.12 L	F	*I Hannah Jones	14	21/07/2005	2005 Canadian Long Course Club Nationals
3	1:18.07 L	F	Kate Thomson	14	02/07/2009	2009 TAS BC LC Championships
4	1:18.68 L	F	Melanie Dodds	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
5	1:20.72 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	1:23.98 L	F	*I Tricia Kiss	14	18/05/2007	2007 Hyack Festival Invitational
7	1:26.19 L	F	Kyla Barton	13	01/05/2010	WEST COAST OPEN
8	1:26.38 L	F	Rachelle Salli	14	01/05/2004	WEST COAST OPEN
9	1:27.16 L	P	Janelle Hay	14	02/07/2009	2009 TAS BC LC Championships
10	1:27.50 L	F	Romina Worthington	13	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Women 13-14 200 Breast</b>						
1	2:31.57 L	P	Chelsey Salli	14	17/08/2006	2006 Pan Pacific Swimming Cham
2	2:42.36 L	F	*I Hannah Jones	14	22/04/2005	Island Pacific Cup
3	2:46.32 L	F	Kate Thomson	14	02/07/2009	2009 TAS BC LC Championships
4	2:47.05 L	F	Melanie Dodds	14	30/07/2003	Far Western Championships
5	2:50.98 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:55.09 L	F	*I Tricia Kiss	14	05/07/2007	2007 TAS BC Long Course Champs
7	3:00.88 L	F	Rachelle Salli	14	01/05/2004	WEST COAST OPEN
8	3:00.99 L	P	Kyla Barton	13	08/07/2010	2010 TAS BC Long Course AAA Champion
9	3:08.02 L	F	*I Shauna Jense	13	01/04/2006	4th Annual LOSC Long Course Invitational
10	3:08.55 L	P	Janelle Hay	14	17/04/2009	Mies Schootman Invitational 2009
<b>Women 13-14 50 Fly</b>						
1	29.56 L	F	Rachelle Salli	14	05/08/2004	2004 Canadian Long Course Club Nationals
2	30.17 L	P	Morgan Mark	14	24/07/2008	2008 Age Group Nationals
3	30.48 L	S	Daniella Szalkai	14	20/07/2006	2006 Canadian Age Group Nationals
4	30.75 L	F	*I Shauna Jense	14	13/04/2007	2007 Mies Schootman Invitation
5	32.33 L	P	*I Jiyeon Oh	14	05/08/2004	2004 Canadian Long Course Club Nationals

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
6	32.47 L	P	*I Shelby Blankstein	14	22/05/2009	2009 Mel Zajac Jr International
7	32.81 L	P	Chelsey Salli	14	03/01/2006	2006 Victorian Championships
8	32.92 L	P	Kate Thomson	14	15/05/2009	Hyack Festival May 2009
9	32.93 L	P	Romina Worthington	13	21/05/2010	Hyack Festival Youth Cup 2010
10	33.00 L	F	Melanie Dodds	14	03/05/2003	West Coast Open 2003
<b>Women 13-14 100 Fly</b>						
1	1:03.90 L	P	Rachelle Salli	14	20/01/2005	2005 Australian Youth Olympic
2	1:04.34 L	F	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
3	1:07.11 L	F	Daniella Szalkai	14	20/07/2006	2006 Canadian Age Group Nationals
4	1:07.42 L	F	*I Shauna Jense	13	06/07/2006	2006 TAS BC LC Championships
5	1:08.04 L	F	*I Katie Kotlowski	14	11/01/2003	Sr. Circuit
6	1:08.37 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
7	1:09.13 L	P	*I Jiyeon Oh	14	21/07/2005	2005 Canadian Long Course Club Nationals
8	1:09.49 L	F	*I Shelby Blankstein	14	02/07/2009	2009 TAS BC LC Championships
9	1:09.91 L	F	*I Hannah Jones	14	22/04/2005	Island Pacific Cup
10	1:11.77 L	P	Romina Worthington	14	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 13-14 200 Fly</b>						
1	2:17.91 L	P	Rachelle Salli	14	20/01/2005	2005 Australian Youth Olympic
2	2:23.41 L	F	Daniella Szalkai	14	05/07/2007	2007 TAS BC Long Course Champs
3	2:25.56 L	F	*I Shauna Jense	13	24/03/2006	T.A.S. BC Senior Cup - Long Course
4	2:27.59 L	F	*I Jiyeon Oh	14	21/07/2005	2005 Canadian Long Course Club Nationals
5	2:29.55 L	F	*I Katie Kotlowski	14	07/02/2003	BC Sr. Champs
6	2:31.26 L	F	*I Shelby Blankstein	14	02/07/2009	2009 TAS BC LC Championships
7	2:31.72 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
8	2:35.40 L	F	Kate Thomson	14	02/07/2009	2009 TAS BC LC Championships
9	2:37.35 L	P	*I Hannah Jones	14	17/06/2005	2005 Mel Zajac Jr International Swim Meet
10	2:38.06 L	F	Romina Worthington	14	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 13-14 200 IM</b>						
1	2:25.22 L	F	Chelsey Salli	14	20/07/2006	2006 Canadian Age Group Nationals
2	2:25.85 L	F	Rachelle Salli	14	05/08/2004	2004 Canadian Long Course Club Nationals
3	2:27.65 L	P	*I Hannah Jones	14	10/05/2005	2005 Canadian World Championship Trials
4	2:30.16 L	F	Melanie Dodds	14	30/07/2003	Far Western Championships
5	2:30.78 L	F	Martha Metcalfe	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:31.01 L	F	*I Shauna Jense	13	06/07/2006	2006 TAS BC LC Championships
7	2:31.74 L	F	*I Katie Kotlowski	14	11/01/2003	Sr. Circuit
8	2:32.37 L	F	*I Tricia Kiss	14	18/05/2007	2007 Hyack Festival Invitational
9	2:32.60 L	P	Morgan Mark	14	02/07/2009	2009 TAS BC LC Championships
10	2:34.58 L	P	Kate Thomson	14	22/05/2009	2009 Mel Zajac Jr International
<b>Women 13-14 400 IM</b>						
1	5:04.30 L	F	Rachelle Salli	14	05/08/2004	2004 Canadian Long Course Club Nationals
2	5:07.06 L	F	Chelsey Salli	14	06/07/2006	2006 TAS BC LC Championships
3	5:10.78 L	P	*I Hannah Jones	14	10/05/2005	2005 Canadian World Championship Trials
4	5:13.59 L	F	Martha Metcalfe	14	21/07/2010	2010 Canadian Age Group Championship
5	5:15.42 L	F	Melanie Dodds	14	30/07/2003	Far Western Championships
6	5:16.75 L	P	Kate Thomson	14	02/07/2009	2009 TAS BC LC Championships
7	5:19.40 L	F	*I Katie Kotlowski	14	26/10/2002	TEAM AQUATIC SUPPLIES SR. CIRCUIT
8	5:21.18 L	F	*I Shauna Jense	13	20/07/2006	2006 Canadian Age Group Nationals
9	5:28.55 L	P	Romina Worthington	14	21/07/2010	2010 Canadian Age Group Championship
10	5:28.60 L	F	Daniella Szalkai	14	05/07/2007	2007 TAS BC Long Course Champs
<b>Women 50 Free</b>						
1	27.33 L	F	*I Courtenay Landsiedel	18	06/07/2006	2006 TAS BC LC Championships
2	27.62 L	F	*I Olivia Montgomery	17	06/06/2008	Kamloops June Classic 2008
3	27.63 L	P	*I Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
4	27.86 L	P	Morgan Mark	16	28/07/2010	2010 Summer National Championships

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	28.33 L L	F	Melanie Dodds	15	15/07/2004	2004 TAS AAA LC Championships
6	28.34 L L	F *1	Katie Kotlowski	17	22/04/2005	Island Pacific Cup
7	28.35 L	P *1	Adrienne Hait	15	06/07/2006	2006 TAS BC LC Championships
8	28.40 L L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion
9	28.42 L	P	Rachelle Salli	18	22/05/2008	2008 Mel Zajac Jr International
10	28.54 L	P	Chelsey Salli	16	30/07/2008	2008 PC WEST LCM FAR WEST CHM
<b>Women 100 Free</b>						
1	58.02 L	F *1	Courtenay Landsiedel	19	21/03/2007	2007 Canadian Spring National
2	58.88 L	F *1	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
3	59.04 L	F *1	Olivia Montgomery	17	06/03/2008	2008 TAS BC Sr Championships LC
4*	59.88 L	P	Morgan Mark	16	21/07/2010	2010 Canadian Age Group Championship
4*	59.88 L	F	Melanie Dodds	16	03/01/2006	2006 Victorian Championships
6	1:00.12 L	P	Rachelle Kichton	18	21/07/2010	2010 Canadian Age Group Championship
7	1:00.60 L	F	Rachelle Salli	17	31/03/2007	5th Annual Long Course Invitational
8	1:00.76 L L	F *1	Adrienne Hait	17	22/05/2008	2008 Mel Zajac Jr International
9	1:01.14 L	P *1	Shannon Garrett	18	26/07/2007	2007 Summer National Champions
10	1:01.27 L	P	Daniella Szalkai	17	31/03/2010	Essais PanPac 2010
<b>Women 200 Free</b>						
1	2:03.39 L	F *1	Olivia Montgomery	18	08/07/2009	Essais Mondiaux ROME 2009 Worl
2	2:05.12 L	F *1	Courtenay Landsiedel	20	01/04/2008	Essais de natation Beijing Swimming Trials
3	2:07.04 L	P *1	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
4	2:08.84 L	P	Melanie Dodds	17	02/06/2006	Bell Grand Prix - Mel Zajac Jr
5	2:09.13 L	P *1	Shannon Garrett	18	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
6	2:09.84 L	P *1	Anne Schmuck	18	06/07/2006	2006 TAS BC LC Championships
7	2:09.99 L	P	Morgan Mark	16	21/07/2010	2010 Canadian Age Group Championship
8	2:10.05 L	P	Rachelle Salli	15	17/06/2005	2005 Mel Zajac Jr International Swim Meet
9	2:10.24 L	P	Chelsey Salli	16	30/07/2008	2008 PC WEST LCM FAR WEST CHM
10	2:10.61 L	P *1	Adrienne Hait	16	19/07/2007	Championnats nationaux groupe
<b>Women 400 Free</b>						
1	4:23.93 L	F *1	Olivia Montgomery	18	15/07/2009	Championnats canadiens groupe
2	4:25.04 L	F *1	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
3	4:25.15 L	F *1	Anne Schmuck	18	02/06/2006	Bell Grand Prix - Mel Zajac Jr
4	4:25.36 L	P *1	Courtenay Landsiedel	20	01/04/2008	Essais de natation Beijing Swimming Trials
5	4:25.92 L	F *1	Shannon Garrett	18	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
6	4:26.95 L	P	Melanie Dodds	18	12/07/2007	2007 JANET EVANS INVITATIONAL
7	4:31.87 L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion
8	4:34.80 L	P	Chelsey Salli	17	25/01/2008	10th Luxembourg Euro-Meet 2008
9	4:34.85 L	F *1	Tricia Kiss	17	21/05/2010	Hyack Festival Youth Cup 2010
10	4:35.34 L	F	Morgan Mark	15	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 800 Free</b>						
1	9:02.77 L	F *1	Anne Schmuck	18	02/06/2006	Bell Grand Prix - Mel Zajac Jr
2	9:06.25 L	F *1	Shannon Garrett	21	28/07/2010	2010 Summer National Championships
3	9:07.06 L	F *1	Olivia Montgomery	18	15/07/2009	Championnats canadiens groupe
4	9:16.23 L	F	Chelsey Salli	15	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
5	9:16.67 L	F *1	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
6	9:19.03 L	F *1	Courtenay Landsiedel	19	12/07/2007	2007 JANET EVANS INVITATIONAL
7	9:22.15 L	F	Melanie Dodds	18	18/05/2007	2007 Hyack Festival Invitational
8	9:25.33 L	F	Rachelle Salli	16	02/06/2006	Bell Grand Prix - Mel Zajac Jr
9	9:32.34 L	F *1	Hannah Jones	16	19/07/2007	Championnats nationaux groupe
10	9:32.58 L	F	Daniella Szalkai	18	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Women 1500 Free</b>						
1	17:17.15 L	F *1	Anne Schmuck	18	02/06/2006	Bell Grand Prix - Mel Zajac Jr
2	17:23.68 L	F *1	Shannon Garrett	18	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
3	18:48.17 L	F	Rachelle Kichton	17	27/03/2010	LOSC 8th Annual Long Course Invitational

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
4	19:16.81 L	F	Morgan Mark	15	27/03/2010	LOSC 8th Annual Long Course Invitational
5	20:33.41 L	F	Janelle Hay	15	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Women 50 Back</b>						
1	30.59 L	F *I	Katie Kotlowski	17	10/05/2005	2005 Canadian World Championship Trials
2	31.39 L	P	Rachelle Salli	18	22/05/2008	2008 Mel Zajac Jr International
3	31.61 L	P	Chelsey Salli	16	16/05/2008	Hyack Festival Youth Cup
4	31.69 L	P *I	Tricia Kiss	17	28/05/2010	2010 Mel Zajac Jr International
5	31.91 L L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion
6	32.58 L L	F *I	Olivia Montgomery	17	03/07/2008	2008 TAS BC AAA LC Champs
7	32.74 L	P *I	Shauna Jense	16	15/07/2009	Championnats canadiens groupe
8	34.01 L L	F *I	Anne Schmuck	18	06/07/2006	2006 TAS BC LC Championships
9	34.67 L	F *I	Kayla Rawlings	15	03/05/2003	West Coast Open 2003
10	37.28 L	F *I	Lacey Shields	16	20/05/2005	Hyack Festival Invitational
<b>Women 100 Back</b>						
1	1:04.62 L	P	Chelsey Salli	17	15/01/2009	Australian Youth Olympic Festival 2009
2	1:04.96 L	F *I	Katie Kotlowski	16	05/08/2004	2004 Canadian Long Course Club Nationals
3	1:05.12 L L	F	Rachelle Salli	18	01/04/2008	Essais de natation Beijing Swimming Trials
4	1:06.18 L	P *I	Tricia Kiss	17	31/03/2010	Essais PanPac 2010
5	1:07.84 L	P *I	Olivia Montgomery	17	22/05/2008	2008 Mel Zajac Jr International
6	1:08.31 L	F *I	Anne Schmuck	18	06/07/2006	2006 TAS BC LC Championships
7	1:08.39 L L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion
8	1:09.41 L	P *I	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
9	1:11.20 L	P	Melanie Dodds	16	03/01/2006	2006 Victorian Championships
10	1:13.97 L	P *I	Jiyoon Oh	18	30/07/2008	2008 PC WEST LCM FAR WEST CHM
<b>Women 200 Back</b>						
1	2:17.64 L	F *I	Katie Kotlowski	17	21/07/2005	2005 Canadian Long Course Club Nationals
2	2:18.58 L	P	Chelsey Salli	17	15/01/2009	Australian Youth Olympic Festival 2009
3	2:19.93 L	P	Rachelle Salli	18	01/04/2008	Essais de natation Beijing Swimming Trials
4	2:20.28 L	F *I	Tricia Kiss	17	28/05/2010	2010 Mel Zajac Jr International
5	2:20.92 L	F *I	Olivia Montgomery	18	08/07/2009	Essais Mondiaux ROME 2009 Worl
6	2:20.93 L	F *I	Anne Schmuck	18	02/06/2006	Bell Grand Prix - Mel Zajac Jr
7	2:23.42 L	P *I	Rachelue Salli	16	30/11/2006	2006 U.S. Open
8	2:25.12 L	P	Melanie Dodds	19	22/05/2008	2008 Mel Zajac Jr International
9	2:26.51 L	F *I	Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
10	2:33.65 L	P	Rachelle Kichton	15	22/05/2008	2008 Mel Zajac Jr International
<b>Women 50 Breast</b>						
1	31.77 L	F	Chelsey Salli	18	28/07/2010	2010 Summer National Championships
2	35.30 L	P *I	Bora Lee	15	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
3	35.93 L	P *I	Annika Schmuck	17	20/07/2006	2006 Canadian Age Group Nationals
4	36.67 L	P *I	Hannah Jones	15	02/06/2006	Bell Grand Prix - Mel Zajac Jr
5	37.02 L	P	Melanie Dodds	15	14/05/2004	2004 Mel Zajac Jr International Swim Meet
6	37.72 L	P	Kate Thomson	15	21/05/2010	Hyack Festival Youth Cup 2010
7	38.55 L	F *I	Adrienne Hait	15	19/05/2006	Hyack Festival Invitational 2006
8	38.76 L	F	Janelle Hay	15	16/04/2010	Mies Schootman Invitational
9	40.12 L	F *I	Katie Kotlowski	15	03/05/2003	West Coast Open 2003
10	40.34 L	F *I	Kayla Rawlings	15	03/05/2003	West Coast Open 2003
<b>Women 100 Breast</b>						
1	1:09.11 L	F	Chelsey Salli	18	28/07/2010	2010 Summer National Championships
2	1:15.47 L	F *I	Annika Schmuck	17	20/07/2006	2006 Canadian Age Group Nationals
3	1:16.16 L	P	Melanie Dodds	15	14/05/2004	2004 Mel Zajac Jr International Swim Meet
4	1:16.30 L	F *I	Hannah Jones	17	03/07/2008	2008 TAS BC AAA LC Champs
5	1:17.48 L	F	Kate Thomson	15	08/07/2010	2010 TAS BC Long Course AAA Champion
6	1:17.80 L	F *I	Tricia Kiss	17	21/05/2010	Hyack Festival Youth Cup 2010
7	1:19.15 L	P *I	Bora Lee	15	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
8	1:19.89 L	F	*I Courtenay Landsiedel	18	06/07/2006	2006 TAS BC LC Championships
9	1:20.49 L	P	*I Adrienne Hait	15	02/06/2006	Bell Grand Prix - Mel Zajac Jr
10	1:23.13 L	F	*I Shannon Garrett	18	31/03/2007	5th Annual Long Course Invitational
<b>Women 200 Breast</b>						
1	2:29.35 L	F	Chelsey Salli	16	02/08/2007	Open EDF de Natation
2	2:36.07 L	F	Melanie Dodds	21	28/07/2010	2010 Summer National Championships
3	2:41.47 L	F	*I Annika Schmuck	17	20/07/2006	2006 Canadian Age Group Nationals
4	2:41.68 L	F	*I Anne Schmuck	18	06/07/2006	2006 TAS BC LC Championships
5	2:42.88 L	F	*I Hannah Jones	17	30/07/2008	2008 PC WEST LCM FAR WEST CHM
6	2:44.34 L	P	*I Tricia Kiss	17	31/03/2010	Essais PanPac 2010
7	2:44.41 L	F	Kate Thomson	15	08/07/2010	2010 TAS BC Long Course AAA Champion
8	2:46.41 L	P	*I Bora Lee	15	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
9	2:55.51 L	F	Rachelle Kichton	16	15/05/2009	Hyack Festival May 2009
10	2:56.04 L	P	Rachelle Salli	17	18/05/2007	2007 Hyack Festival Invitational
<b>Women 50 Fly</b>						
1	28.26 L S	S	Morgan Mark	16	21/07/2010	2010 Canadian Age Group Championship
2	28.84 L	F	*I Kayla Rawlings	18	24/11/2005	2005 Canadian Commonwealth Games Tri
3	29.12 L	P	Rachelle Salli	15	24/11/2005	2005 Canadian Commonwealth Games Tri
4	29.48 L	P	*I Shauna Jense	16	15/07/2009	Championnats canadiens groupe
5	29.65 L	P	Melanie Dodds	17	22/08/2006	FINA: 1st World Youth Swimming
6	29.76 L	F	*I Courtenay Landsiedel	18	20/07/2006	2006 Canadian Age Group Nationals
7	29.94 L	F	*I Katie Kotlowski	16	05/08/2004	2004 Canadian Long Course Club Nationals
8	30.07 L	P	Daniella Szalkai	17	08/07/2009	Essais Mondiaux ROME 2009 Worl
9	30.74 L	F	*I Jiyooh Oh	15	19/05/2006	Hyack Festival Invitational 2006
10	30.78 L	P	Rachelle Kichton	17	28/05/2010	2010 Mel Zajac Jr International
<b>Women 100 Fly</b>						
1	1:02.49 L	P	*I Kayla Rawlings	20	02/08/2007	Open EDF de Natation
2	1:02.65 L	P	Rachelle Salli	18	01/04/2008	Essais de natation Beijing Swimming Trials
3	1:02.87 L	F	Morgan Mark	16	21/07/2010	2010 Canadian Age Group Championship
4*	1:03.20 L	P	*I Courtenay Landsiedel	20	01/04/2008	Essais de natation Beijing Swimming Trials
4*	1:03.20 L	F	Melanie Dodds	21	31/03/2010	Essais PanPac 2010
6	1:04.76 L	P	Daniella Szalkai	17	08/07/2009	Essais Mondiaux ROME 2009 Worl
7	1:05.11 L	P	*I Shauna Jense	16	15/07/2009	Championnats canadiens groupe
8	1:05.19 L	P	*I Katie Kotlowski	17	21/07/2005	2005 Canadian Long Course Club Nationals
9	1:05.27 L	P	Rachelle Kichton	18	21/07/2010	2010 Canadian Age Group Championship
10	1:05.85 L	P	*I Rachelue Salli	16	30/11/2006	2006 U.S. Open
<b>Women 200 Fly</b>						
1	2:13.56 L	F	*I Kayla Rawlings	18	27/07/2006	2006 Canadian Pan Pacific Trials
2	2:14.95 L	P	Melanie Dodds	21	28/07/2010	2010 Summer National Championships
3	2:17.17 L	F	Daniella Szalkai	17	08/07/2009	Essais Mondiaux ROME 2009 Worl
4	2:17.91 L	P	Rachelle Salli	15	25/01/2005	2005 Australian Youth Olympic
5	2:18.22 L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:18.67 L	F	*I Courtenay Landsiedel	20	01/04/2008	Essais de natation Beijing Swimming Trials
7	2:22.50 L	P	*I Shauna Jense	16	15/07/2009	Championnats canadiens groupe
8	2:23.06 L	F	*I Katie Kotlowski	17	17/06/2005	2005 Mel Zajac Jr International Swim Meet
9	2:24.58 L	F	*I Jiyooh Oh	15	20/07/2006	2006 Canadian Age Group Nationals
10	2:24.83 L	P	*I Rachelue Salli	16	30/11/2006	2006 U.S. Open
<b>Women 200 IM</b>						
1	2:16.59 L	F	Melanie Dodds	19	01/08/2008	Coupe des Trois-Nations
2	2:16.70 L	F	Chelsey Salli	18	01/08/2009	Tri-Nations
3	2:20.35 L	P	Rachelle Salli	18	01/04/2008	Essais de natation Beijing Swimming Trials
4	2:22.02 L	F	*I Anne Schmuck	18	06/07/2006	2006 TAS BC LC Championships
5	2:22.42 L	F	*I Tricia Kiss	17	31/03/2010	Essais PanPac 2010
6	2:22.68 L	F	Rachelle Kichton	18	08/07/2010	2010 TAS BC Long Course AAA Champion

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
7	2:23.75 L	P	*I Rachelue Salli	16	30/11/2006	2006 U.S. Open
8	2:25.06 L	F	*I Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
9	2:25.16 L	P	*I Courtenay Landsiedel	20	16/07/2008	2008 Summer Nationals
10	2:26.26 L	P	*I Katie Kotlowski	16	25/01/2005	2005 Australian Youth Olympic
<b>Women 400 IM</b>						
1	4:45.97 L	F	Melanie Dodds	21	28/07/2010	2010 Summer National Championships
2	4:52.21 L	F	Chelsey Salli	18	01/08/2009	Tri-Nations
3	4:55.77 L	F	Rachelle Salli	16	27/07/2006	2006 Canadian Pan Pacific Trials
4	4:57.21 L	F	*I Anne Schmuck	18	27/07/2006	2006 Canadian Pan Pacific Trials
5	5:00.07 L	F	*I Tricia Kiss	17	31/03/2010	Essais PanPac 2010
6	5:01.71 L	F	Rachelle Kichton	18	21/07/2010	2010 Canadian Age Group Championship
7	5:06.72 L	P	*I Katie Kotlowski	16	20/01/2005	2005 Australian Youth Olympic
8	5:07.87 L	P	*I Courtenay Landsiedel	20	22/05/2008	2008 Mel Zajac Jr International
9	5:08.30 L	F	*I Hannah Jones	16	19/07/2007	Championnats nationaux groupe
10	5:08.48 L	P	*I Kayla Rawlings	18	03/01/2006	2006 Victorian Championships
<b>Men 8 &amp; Under 50 Free</b>						
1	43.56 L	F	Joshua Kim	8	16/07/2010	2010 Sizzlin Summer swim Meet
2	43.57 L	F	*I Andy Ryoo	8	12/03/2005	LOSC 3rd Annual Long Course Invitational
<b>Men 8 &amp; Under 100 Free</b>						
1	1:34.38 L	F	Joshua Kim	8	16/07/2010	2010 Sizzlin Summer swim Meet
2	1:39.52 L	F	*I Andy Ryoo	8	21/09/2005	Best Times LCM
<b>Men 8 &amp; Under 200 Free</b>						
1	3:31.85 L	F	*I Andy Ryoo	8	12/03/2005	LOSC 3rd Annual Long Course Invitational
2	3:32.48 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
3	3:40.62 L	F	Joshua Kim	8	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 8 &amp; Under 400 Free</b>						
1	6:57.89 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
<b>Men 8 &amp; Under 100 Back</b>						
1	1:44.37 L	F	*I Andy Ryoo	8	21/09/2005	Best Times LCM
2	2:04.72 L	F	Joshua Kim	8	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 8 &amp; Under 200 Back</b>						
1	x3:40.52 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
2	3:50.22 L	F	*I Andy Ryoo	8	21/09/2005	Best Times LCM
3	4:14.77 L	F	Joshua Kim	8	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 8 &amp; Under 50 Breast</b>						
1	1:03.55 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
<b>Men 8 &amp; Under 100 Breast</b>						
1	2:01.87 L	F	Joshua Kim	8	16/07/2010	2010 Sizzlin Summer swim Meet
2	2:25.03 L	F	*I Andy Ryoo	8	12/03/2005	LOSC 3rd Annual Long Course Invitational
<b>Men 8 &amp; Under 200 Breast</b>						
1	4:27.18 L	F	Joshua Kim	8	27/03/2010	LOSC 8th Annual Long Course Invitational
2	5:00.47 L	F	*I Andy Ryoo	8	21/09/2005	Best Times LCM
3	5:07.43 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
<b>Men 8 &amp; Under 50 Fly</b>						
1	49.03 L	F	Joshua Kim	8	16/07/2010	2010 Sizzlin Summer swim Meet
2	50.53 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC
<b>Men 8 &amp; Under 100 Fly</b>						
1	2:01.37 L	F	Joshua Kim	8	16/07/2010	2010 Sizzlin Summer swim Meet
<b>Men 8 &amp; Under 200 IM</b>						
1	3:55.18 L	F	Joshua Kim	8	27/03/2010	LOSC 8th Annual Long Course Invitational
2	3:56.18 L	F	Sage Sturgeon	8	28/04/2001	West Coast Open LC

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 8 &amp; Under 400 IM</b>						
1	8:20.36 L	F	*1 Andy Ryoo	8	21/09/2005	Best Times LCM
<b>Men 9-10 50 Free</b>						
1	31.97 L L	F	*1 Jihyoon Oh	10	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
2	33.08 L	P	*1 Peter Wang	10	18/04/2003	Island Invitational
3	33.86 L	F	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
4	35.92 L	P	William Karpan	10	19/06/2009	TOP entries Jun 2009
5	36.25 L	F	Ryan Moloney	10	29/04/2006	West Coast Open 2006
6	36.29 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
7	36.81 L	F	Sage Sturgeon	10	15/06/2002	June A AAA Invitational
8	36.90 L	P	*1 Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
9	37.38 L	F	*1 Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
10	38.70 L	P	*1 Bill Sur	10	21/05/2004	2004 Hyack Long Course Invitational
<b>Men 9-10 100 Free</b>						
1	1:11.81 L	F	*1 Peter Wang	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
2	1:16.61 L	P	*1 Clay Stewart	10	30/07/2003	Far Western Championships
3	1:16.70 L	P	*1 Jihyoon Oh	10	18/04/2003	Island Invitational
4	1:18.19 L	F	Michael MacDonald	10	14/07/2006	Sizzlin' Summer Invitational
5	1:21.36 L	F	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
6	1:22.79 L	F	Ryan Moloney	10	29/04/2006	West Coast Open 2006
7	1:25.26 L	F	*1 Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
8	1:26.05 L	F	Avery Martin	9	19/06/2010	Summer Solstice Invitational
9	1:26.43 L	F	Sage Sturgeon	10	15/06/2002	June A AAA Invitational
10	1:29.53 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
<b>Men 9-10 200 Free</b>						
1	2:34.92 L	P	*1 Clay Stewart	10	30/07/2003	Far Western Championships
2	2:36.88 L	P	*1 Peter Wang	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
3	2:46.15 L	F	Michael MacDonald	10	14/07/2006	Sizzlin' Summer Invitational
4	2:48.00 L	F	*1 Jihyoon Oh	10	03/05/2003	West Coast Open 2003
5	2:56.90 L	P	William Karpan	10	19/06/2009	TOP entries Jun 2009
6	2:57.42 L	F	Sage Sturgeon	10	04/05/2002	West Coast Open
7	3:02.20 L	F	Ryan Moloney	10	01/04/2006	4th Annual LOSC Long Course Invitational
8	3:10.29 L	F	*1 Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
9	3:11.92 L	F	*1 Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational
10	3:13.70 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
<b>Men 9-10 400 Free</b>						
1	5:20.83 L	F	*1 Peter Wang	10	18/04/2003	Island Invitational
2	5:22.45 L	P	*1 Clay Stewart	10	30/07/2003	Far Western Championships
3	5:28.43 L	F	*1 Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitational
4	5:59.82 L	F	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
5	5:59.83 L	F	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
6	6:14.92 L	F	Ryan Moloney	10	06/07/2006	2006 TAS BC LC Championships
7	6:19.54 L	F	Sage Sturgeon	10	15/06/2002	June A AAA Invitational
8	6:31.22 L	F	*1 Cole Stewart	10	28/04/2001	West Coast Open LC
9	6:42.57 L	F	*1 Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
10	6:45.66 L	F	*1 Steven Rehberg	10	03/05/2003	West Coast Open 2003
<b>Men 9-10 1500 Free</b>						
1	21:21.31 L	F	*1 Peter Wang	10	29/03/2003	LOSC 1st Annual Long Course Invitational
2	21:40.31 L	F	*1 Jihyoon Oh	10	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
3	22:17.01 L	F	*1 Clay Stewart	10	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
4	25:02.73 L	F	William Karpan	10	28/03/2009	LOSC 7th Annual Long Course Invitational
<b>Men 9-10 50 Back</b>						
1	40.74 L	F	*1 Jihyoon Oh	10	03/05/2003	West Coast Open 2003

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
2	41.73 L	F	Michael MacDonald	10	14/07/2006	Sizzlin' Summer Invitational
3	42.12 L	F	*I Peter Wang	10	03/05/2003	West Coast Open 2003
4	42.57 L	F	Sage Sturgeon	10	04/05/2002	West Coast Open
5	46.01 L	F	*I Steven Rehberg	10	03/05/2003	West Coast Open 2003
6	48.92 L	F	*I Cole Stewart	10	28/04/2001	West Coast Open LC
7	49.42 L	F	*I Josuha Stelling	10	04/05/2002	West Coast Open
8	50.43 L	F	*I Clay Stewart	9	04/05/2002	West Coast Open
9	51.11 L	F	Liam Taylor	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Men 9-10 100 Back</b>						
1	1:23.75 L	P	*I Jihyoon Oh	10	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
2	1:24.84 L	P	*I Peter Wang	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
3	1:27.16 L	F	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
4	1:33.07 L	P	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
5	1:34.78 L	P	*I Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
6	1:36.31 L	P	Ryan Moloney	10	06/07/2006	2006 TAS BC LC Championships
7	1:37.47 L	F	*I Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational
8	1:38.39 L	F	Avery Martin	9	19/06/2010	Summer Solstice Invitational
9	1:40.24 L	F	*I Andy Ryoo	9	01/04/2006	4th Annual LOSC Long Course Invitational
10	1:40.36 L	P	*I Bill Sur	10	21/05/2004	2004 Hyack Long Course Invitational
<b>Men 9-10 200 Back</b>						
1	2:53.24 L	F	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	3:00.72 L	P	*I Peter Wang	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
3	3:09.41 L	F	*I Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
4	3:12.45 L	F	Michael MacDonald	10	29/04/2006	West Coast Open 2006
5	3:14.47 L	F	Sage Sturgeon	10	15/06/2002	June A AAA Invitational
6	3:18.02 L	F	William Karpan	10	19/06/2009	TOP entries Jun 2009
7	3:23.61 L	F	Ryan Moloney	10	29/04/2006	West Coast Open 2006
8	3:25.95 L	F	Avery Martin	9	19/06/2010	Summer Solstice Invitational
9	3:40.35 L	F	*I Josuha Stelling	10	04/05/2002	West Coast Open
10	3:40.41 L	F	*I Steven Rehberg	10	03/05/2003	West Coast Open 2003
<b>Men 9-10 50 Breast</b>						
1	44.91 L	F	*I Jihyoon Oh	10	03/05/2003	West Coast Open 2003
2	47.18 L	F	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
3	50.38 L	F	Michael MacDonald	10	14/07/2006	Sizzlin' Summer Invitational
4	50.58 L	F	*I Josuha Stelling	10	04/05/2002	West Coast Open
5	53.25 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
6	53.76 L	P	*I Clay Stewart	10	18/04/2003	Island Invitational
7	55.06 L	F	*I Steven Rehberg	10	03/05/2003	West Coast Open 2003
8	56.68 L	F	Sage Sturgeon	10	04/05/2002	West Coast Open
9	56.86 L	F	*I Charles Lee	9	03/05/2003	West Coast Open 2003
<b>Men 9-10 100 Breast</b>						
1	1:37.17 L	F	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	1:47.22 L	F	*I Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
3	1:49.57 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
4	1:51.18 L	P	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
5	1:56.59 L	P	*I Charles Lee	10	21/05/2004	2004 Hyack Long Course Invitational
6	1:57.49 L	F	Trevor Voisey	10	28/03/2009	LOSC 7th Annual Long Course Invitational
7	1:57.87 L	F	William Karpan	10	28/03/2009	LOSC 7th Annual Long Course Invitational
8	1:59.35 L	F	*I Hayden Gilmore	10	01/04/2006	4th Annual LOSC Long Course Invitational
9	1:59.89 L	F	*I Steven Rehberg	10	29/03/2003	LOSC 1st Annual Long Course Invitational
10	2:01.03 L	F	*I Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational
<b>Men 9-10 200 Breast</b>						
1	3:25.96 L	P	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	3:40.94 L	P	*I Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
3	3:42.95 L	F	*I Peter Wang	10	03/05/2003	West Coast Open 2003
4	3:49.67 L	F	*I Josuha Stelting	10	04/05/2002	West Coast Open
5	3:58.89 L	F	*I Brian Macphail	10	21/09/2005	Best Times LCM
6	4:03.14 L	F	William Karpan	10	28/03/2009	LOSC 7th Annual Long Course Invitational
7	4:07.83 L	F	*I Hayden Gilmore	10	01/04/2006	4th Annual LOSC Long Course Invitational
8	4:12.30 L	F	Michael MacDonald	10	01/04/2006	4th Annual LOSC Long Course Invitational
9	4:12.61 L	F	*I Charles Lee	10	27/03/2004	LOSC 2nd Annual Long Course Invitational
10	4:20.68 L	F	*I Steven Rehberg	10	03/05/2003	West Coast Open 2003
<b>Men 9-10 50 Fly</b>						
1	36.66 L	F	*I Peter Wang	10	03/05/2003	West Coast Open 2003
2	38.08 L	F	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
3	38.42 L	P	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
4	38.55 L	F	*I Jihyoon Oh	10	03/05/2003	West Coast Open 2003
5	43.80 L	P	Ryan Moloney	10	06/07/2006	2006 TAS BC LC Championships
6	46.04 L	F	Justin Schramm	10	11/07/2008	Sizzlin' Summer Invitational
7	49.65 L	F	*I Josuha Stelting	10	04/05/2002	West Coast Open
8	54.08 L	F	*I Clay Stewart	10	03/05/2003	West Coast Open 2003
9	54.37 L	F	*I Steven Rehberg	10	03/05/2003	West Coast Open 2003
10	54.88 L	F	Liam Taylor	10	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Men 9-10 100 Fly</b>						
1	1:22.32 L	F	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	1:24.90 L	P	*I Peter Wang	10	18/04/2003	Island Invitational
3	1:32.31 L	F	William Karpan	10	19/06/2009	TOP entries Jun 2009
4	1:44.70 L	F	Ryan Moloney	10	29/04/2006	West Coast Open 2006
5	1:48.57 L	F	*I Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational
6	1:54.74 L	F	*I Andy Ryoo	9	01/04/2006	4th Annual LOSC Long Course Invitational
7	1:58.05 L	F	*I Charles Lee	9	29/03/2003	LOSC 1st Annual Long Course Invitational
8	x2:00.36 L	F	William Lim	9	31/03/2007	5th Annual Long Course Invitational
9	2:02.31 L	F	Michael MacDonald	10	01/04/2006	4th Annual LOSC Long Course Invitational
10	2:03.63 L	F	*I Hayden Gilmore	10	01/04/2006	4th Annual LOSC Long Course Invitational
<b>Men 9-10 200 Fly</b>						
1	2:57.64 L	F	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	3:20.01 L	F	*I Peter Wang	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
3	3:28.69 L	F	William Karpan	10	19/06/2009	TOP entries Jun 2009
4	4:51.30 L	F	Ryan Moloney	9	12/03/2005	LOSC 3rd Annual Long Course Invitational
<b>Men 9-10 200 IM</b>						
1	2:54.88 L	F	*I Jihyoon Oh	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
2	3:03.12 L	F	*I Peter Wang	10	29/03/2003	LOSC 1st Annual Long Course Invitational
3	3:07.00 L	F	Michael MacDonald	10	06/07/2006	2006 TAS BC LC Championships
4	3:18.61 L	F	William Karpan	10	02/07/2009	2009 TAS BC LC Championships
5	3:22.99 L	F	Ryan Moloney	10	06/07/2006	2006 TAS BC LC Championships
6	3:25.85 L	P	*I Clay Stewart	10	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
7	3:30.46 L	F	Sage Sturgeon	10	15/06/2002	June A AAA Invitational
8	3:32.23 L	P	*I Bill Sur	10	21/05/2004	2004 Hyack Long Course Invitational
9	3:35.09 L	F	*I Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
10	3:35.59 L	F	*I Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational
<b>Men 9-10 400 IM</b>						
1	6:17.24 L	F	*I Jihyoon Oh	10	18/04/2003	Island Invitational
2	6:24.65 L	F	*I Peter Wang	10	18/04/2003	Island Invitational
3	6:40.22 L	F	*I Charles Lee	9	03/05/2003	West Coast Open 2003
4	7:17.75 L	F	William Karpan	10	28/03/2009	LOSC 7th Annual Long Course Invitational
5	7:21.52 L	F	*I Clay Stewart	10	03/05/2003	West Coast Open 2003
6	7:26.12 L	F	Sage Sturgeon	10	04/05/2002	West Coast Open
7	7:42.75 L	F	*I Ben Smyth	10	01/04/2006	4th Annual LOSC Long Course Invitational

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
8	7:53.13 L	F	*I Andy Ryoo	9	01/04/2006	4th Annual LOSC Long Course Invitational
9	7:53.40 L	F	*I Kyle Polednik	10	29/03/2003	LOSC 1st Annual Long Course Invitational
10	7:54.99 L	F	Michael MacDonald	10	01/04/2006	4th Annual LOSC Long Course Invitational
<b>Men 11-12 50 Free</b>						
1	27.77 L	F	Michael MacDonald	12	07/08/2008	North American Challenge Cup 2008
2	27.83 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	29.60 L	F	Charlie Tapp	12	11/07/2002	BC Championships
4	30.47 L	F	*I Kyle Polednik	12	20/05/2005	Hyack Festival Invitational
5	30.79 L	F	*I Jihyoon Oh	12	18/06/2005	Summer Solstice Invitational
6	31.32 L L	F	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
7	32.03 L	P	Ryan Moloney	12	06/06/2008	Kamloops June Classic 2008
8	32.38 L	F	William Karpan	11	19/06/2010	Summer Solstice Invitational
9	32.67 L	F	Trevor Voisey	11	08/07/2010	2010 TAS BC Long Course AAA Champion
10	33.12 L	F	*I Clay Stewart	12	20/05/2005	Hyack Festival Invitational
<b>Men 11-12 100 Free</b>						
1	1:00.39 L	F	Michael MacDonald	12	07/08/2008	North American Challenge Cup 2008
2	1:02.55 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	1:05.45 L	P	Charlie Tapp	12	11/07/2002	BC Championships
4	1:08.04 L	F	*I Jihyoon Oh	12	22/04/2005	Island Pacific Cup
5	1:08.48 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
6	1:08.90 L	P	Justin Schramm	12	21/05/2010	Hyack Festival Youth Cup 2010
7	1:09.29 L	F	Ryan Moloney	12	06/06/2008	Kamloops June Classic 2008
8	1:10.13 L	F	Trevor Voisey	11	08/07/2010	2010 TAS BC Long Course AAA Champion
9	1:10.87 L	F	Liam Taylor	11	25/06/2010	2010 SwimBC Long Course AA Champions
10	1:10.95 L	F	*I Clay Stewart	12	15/07/2005	Sizzlin' Summer Invitational
<b>Men 11-12 200 Free</b>						
1	2:11.54 L	F	Michael MacDonald	12	07/08/2008	North American Challenge Cup 2008
2	2:17.28 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	2:25.33 L	F	*I Jihyoon Oh	12	20/05/2005	Hyack Festival Invitational
4	2:25.81 L	F	*I Clay Stewart	12	20/05/2005	Hyack Festival Invitational
5	2:26.46 L	P	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:28.11 L	F	Charlie Tapp	12	12/04/2002	CDSC Invitational
7	2:30.32 L	P	Ryan Moloney	12	03/07/2008	2008 TAS BC AAA LC Champs
8	2:31.97 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
9	2:33.17 L	P	Trevor Voisey	11	08/07/2010	2010 TAS BC Long Course AAA Champion
10	2:34.55 L	F	Liam Taylor	11	25/06/2010	2010 SwimBC Long Course AA Champions
<b>Men 11-12 400 Free</b>						
1	4:41.15 L	F	Michael MacDonald	12	03/07/2008	2008 TAS BC AAA LC Champs
2	4:52.73 L	F	Jake Tapp	12	23/06/2001	Hyack Invite
3	5:00.68 L	F	*I Jihyoon Oh	12	22/04/2005	Island Pacific Cup
4	5:01.69 L	P	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
5	5:02.14 L	F	*I Clay Stewart	12	20/05/2005	Hyack Festival Invitational
6	5:09.78 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
7	5:10.91 L	F	Charlie Tapp	12	12/04/2002	CDSC Invitational
8	5:10.98 L	P	*I Cole Stewart	12	30/07/2003	Far Western Championships
9	5:20.13 L	F	Trevor Voisey	11	08/07/2010	2010 TAS BC Long Course AAA Champion
10	5:21.19 L	P	Ryan Moloney	12	03/07/2008	2008 TAS BC AAA LC Champs
<b>Men 11-12 1500 Free</b>						
1	18:48.46 L	F	Michael MacDonald	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	19:25.70 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	20:10.46 L	F	*I Jihyoon Oh	12	18/06/2005	Summer Solstice Invitational
4	20:16.85 L	F	*I Clay Stewart	12	20/05/2005	Hyack Festival Invitational
5	20:18.81 L	F	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
6	20:24.04 L	F	*I Cole Stewart	12	18/04/2003	Island Invitational

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
7	20:37.11 L	F	Charlie Tapp	12	11/07/2002	BC Championships
8	20:50.26 L	F	Ryan Moloney	12	03/07/2008	2008 TAS BC AAA LC Champs
9	20:58.93 L	F	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
10	21:08.87 L	F	Trevor Voisey	11	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Men 11-12 50 Back</b>						
1	34.81 L	P	Michael MacDonald	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	37.08 L	F *I	Jihyoon Oh	11	01/05/2004	WEST COAST OPEN
3	37.51 L	F	Sage Sturgeon	12	01/05/2004	WEST COAST OPEN
4	38.97 L	F *I	Clay Stewart	12	20/05/2005	Hyack Festival Invitational
5	41.75 L L	F	Liam Taylor	11	08/07/2010	2010 TAS BC Long Course AAA Champion
6	41.99 L L	F *I	Cole Stewart	12	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COU
7	42.97 L	F *I	Hayden Gilmore	12	13/04/2007	2007 Mies Schootman Invitational
8	42.98 L	P	Trevor Voisey	11	21/05/2010	Hyack Festival Youth Cup 2010
9	44.01 L	F	Justin Schramm	11	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
10	45.42 L	F *I	Cody Dodds	11	03/05/2003	West Coast Open 2003
<b>Men 11-12 100 Back</b>						
1	1:14.02 L	F	Jake Tapp	12	20/04/2001	Canadian Dolphin Invite
2	1:14.28 L	P	Michael MacDonald	12	06/06/2008	Kamloops June Classic 2008
3	1:16.61 L	P	Charlie Tapp	12	11/07/2002	BC Championships
4	1:19.52 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
5	1:19.99 L	F *I	Jihyoon Oh	12	18/06/2005	Summer Solstice Invitational
6	1:20.07 L	F *I	Clay Stewart	12	20/05/2005	Hyack Festival Invitational
7	1:22.88 L	P	Ryan Moloney	12	06/06/2008	Kamloops June Classic 2008
8	1:25.85 L	F	Justin Schramm	12	19/06/2010	Summer Solstice Invitational
9	1:27.22 L	P *I	Kyle Polednik	12	20/05/2005	Hyack Festival Invitational
10	1:27.90 L	F *I	Josuha Stelting	12	27/03/2004	LOSC 2nd Annual Long Course Invitational
<b>Men 11-12 200 Back</b>						
1	2:36.52 L	F	Michael MacDonald	12	16/05/2008	Hyack Festival Youth Cup
2	2:37.58 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	2:44.14 L	F *I	Jihyoon Oh	12	22/04/2005	Island Pacific Cup
4	2:44.58 L	F	Charlie Tapp	12	11/07/2002	BC Championships
5	2:44.68 L	F *I	Clay Stewart	12	20/05/2005	Hyack Festival Invitational
6	2:49.53 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
7	x2:54.77 L	F	Justin Schramm	12	19/06/2010	Summer Solstice Invitational
8	2:59.38 L	F	Liam Taylor	11	08/07/2010	2010 TAS BC Long Course AAA Champion
9	3:04.76 L	P *I	Cole Stewart	12	18/04/2003	Island Invitational
10	3:07.00 L	P	Ryan Moloney	12	11/04/2008	Mies Schootman Invitational 2008
<b>Men 11-12 50 Breast</b>						
1	42.50 L	F *I	Jihyoon Oh	12	20/05/2005	Hyack Festival Invitational
2	44.23 L	F	Justin Schramm	11	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
3	45.53 L	F *I	Cole Stewart	12	03/05/2003	West Coast Open 2003
4	48.49 L	P *I	Hayden Gilmore	12	18/05/2007	2007 Hyack Festival Invitational
5	49.20 L	F *I	Cody Dodds	11	03/05/2003	West Coast Open 2003
6	55.64 L	F *I	Zach MacAulay	11	10/07/2009	2009 Sizzlin' Summer Swim Classic 2009
<b>Men 11-12 100 Breast</b>						
1	1:22.25 L	F	Michael MacDonald	12	06/06/2008	Kamloops June Classic 2008
2	1:26.19 L	F	Jake Tapp	12	23/06/2001	Hyack Invite
3	1:33.49 L	F	Justin Schramm	11	02/07/2009	2009 TAS BC LC Championships
4	1:33.50 L	F *I	Josuha Stelting	12	27/03/2004	LOSC 2nd Annual Long Course Invitational
5	1:33.68 L	F *I	Jihyoon Oh	12	22/04/2005	Island Pacific Cup
6	1:34.16 L	F *I	Clay Stewart	12	18/06/2005	Summer Solstice Invitational
7	1:34.64 L	F	Charlie Tapp	12	15/06/2002	June A AAA Invitational
8	1:35.23 L	F *I	Cole Stewart	12	13/06/2003	2003 Canadian Dolphin Swim Club Invitatio
9	1:35.95 L	F *I	Hayden Gilmore	12	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
10	1:40.16 L	F	William Karpan	11	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 11-12 200 Breast</b>						
1	2:59.88 L	F	Michael MacDonald	12	06/06/2008	Kamloops June Classic 2008
2	3:08.13 L	F	Jake Tapp	12	23/06/2001	Hyack Invite
3	3:11.38 L	F	*I Jihyoon Oh	12	22/04/2005	Island Pacific Cup
4	3:12.94 L	F	*I Clay Stewart	12	22/04/2005	Island Pacific Cup
5	3:18.36 L	F	*I Hayden Gilmore	12	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
6	3:18.72 L	F	*I Cole Stewart	12	18/04/2003	Island Invitational
7	3:19.77 L	F	Justin Schramm	12	19/06/2010	Summer Solstice Invitational
8	3:21.32 L	P	*I Josuha Stelting	11	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
9	3:22.16 L	F	Charlie Tapp	12	15/06/2002	June A AAA Invitational
10	3:41.56 L	F	*I Cody Dodds	11	29/03/2003	LOSC 1st Annual Long Course Invitational
<b>Men 11-12 50 Fly</b>						
1	31.96 L	F	Michael MacDonald	12	11/04/2008	Mies Schootman Invitational 2008
2	33.19 L	P	*I Jihyoon Oh	12	05/08/2004	2004 Canadian Long Course Club Nationals
3	34.39 L	F	William Karpan	11	21/05/2010	Hyack Festival Youth Cup 2010
4	34.59 L	F	Justin Schramm	12	21/05/2010	Hyack Festival Youth Cup 2010
5	38.57 L	P	*I Kyle Polednik	12	20/05/2005	Hyack Festival Invitational
6	39.07 L	F	Ryan Moloney	11	13/04/2007	2007 Mies Schootman Invitational
7	40.96 L	F	Sage Sturgeon	11	03/05/2003	West Coast Open 2003
8	41.83 L	P	*I Hayden Gilmore	12	13/04/2007	2007 Mies Schootman Invitational
9	43.12 L	F	*I Cody Dodds	11	03/05/2003	West Coast Open 2003
10	51.27 L	F	*I Cole Stewart	11	04/05/2002	West Coast Open
<b>Men 11-12 100 Fly</b>						
1	1:06.27 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
2	1:11.05 L	P	*I Jihyoon Oh	12	21/07/2005	2005 Canadian Long Course Club Nationals
3	1:12.54 L	P	Michael MacDonald	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
4	1:13.53 L	F	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
5	1:16.84 L	F	Charlie Tapp	12	11/07/2002	BC Championships
6	1:18.18 L	P	William Karpan	12	08/07/2010	2010 TAS BC Long Course AAA Champion
7	1:18.65 L	P	Ryan Moloney	12	03/07/2008	2008 TAS BC AAA LC Champs
8	1:29.18 L	F	Sage Sturgeon	12	16/04/2004	2004 Canadian Dolphin Swim Club Invitational
9	1:30.15 L	F	*I Josuha Stelting	12	27/03/2004	LOSC 2nd Annual Long Course Invitational
10	1:31.07 L	F	*I Clay Stewart	12	15/07/2005	Sizzlin' Summer Invitational
<b>Men 11-12 200 Fly</b>						
1	2:36.16 L	P	*I Jihyoon Oh	12	21/07/2005	2005 Canadian Long Course Club Nationals
2	2:37.71 L	F	Jake Tapp	12	23/06/2001	Hyack Invite
3	2:40.15 L	F	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
4	2:59.85 L	F	William Karpan	11	19/06/2010	Summer Solstice Invitational
5*	3:00.78 L	P	Ryan Moloney	12	03/07/2008	2008 TAS BC AAA LC Champs
5*	3:00.78 L	F	Charlie Tapp	12	12/04/2002	CDSC Invitational
7	3:07.63 L	P	Sage Sturgeon	12	15/07/2004	2004 TAS AAA LC Championships
8	3:14.89 L	F	*I Clay Stewart	12	18/06/2005	Summer Solstice Invitational
9	3:17.33 L	F	Michael MacDonald	11	31/03/2007	5th Annual Long Course Invitational
10	3:43.61 L	F	*I Hayden Gilmore	11	31/03/2007	5th Annual Long Course Invitational
<b>Men 11-12 200 IM</b>						
1	2:32.42 L	F	Michael MacDonald	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	2:35.39 L	F	Jake Tapp	12	13/07/2001	BC Champs AAA LC 2001
3	2:41.24 L	P	*I Jihyoon Oh	12	21/07/2005	2005 Canadian Long Course Club Nationals
4	2:47.72 L	P	Charlie Tapp	12	11/07/2002	BC Championships
5	2:47.81 L	F	Justin Schramm	12	16/04/2010	Mies Schootman Invitational
6	2:54.50 L	F	*I Clay Stewart	12	15/07/2005	Sizzlin' Summer Invitational
7	2:58.58 L	F	William Karpan	11	16/04/2010	Mies Schootman Invitational
8	3:01.12 L	P	Sage Sturgeon	12	21/05/2004	2004 Hyack Long Course Invitational

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
9	3:02.19 L	F	*I Hayden Gilmore	12	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
10	3:02.98 L	F	*I Josuha Stelling	12	27/03/2004	LOSC 2nd Annual Long Course Invitational
<b>Men 11-12 400 IM</b>						
1	5:25.60 L	F	Michael MacDonald	12	30/07/2008	2008 PC WEST LCM FAR WEST CHM
2	5:31.53 L	F	Jake Tapp	12	23/06/2001	Hyack Invite
3	5:39.44 L	F	*I Jihyoon Oh	12	22/04/2005	Island Pacific Cup
4	5:50.44 L	F	Justin Schramm	12	08/07/2010	2010 TAS BC Long Course AAA Champion
5	5:55.17 L	P	Charlie Tapp	12	11/07/2002	BC Championships
6	6:00.80 L	F	*I Clay Stewart	12	22/04/2005	Island Pacific Cup
7	6:15.38 L	P	William Karpan	11	21/05/2010	Hyack Festival Youth Cup 2010
8	6:26.99 L	F	*I Cole Stewart	12	18/04/2003	Island Invitational
9	6:31.61 L	F	Ryan Moloney	12	06/06/2008	Kamloops June Classic 2008
10	6:33.01 L	F	Sage Sturgeon	12	16/04/2004	2004 Canadian Dolphin Swim Club Invitatio
<b>Men 13-14 50 Free</b>						
1	25.37 L	F	Jake Tapp	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COUI
2	26.03 L L	F	Charlie Tapp	14	15/07/2004	2004 TAS AAA LC Championships
3	26.36 L	F	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
4	26.53 L	P	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
5	26.90 L	P	Brennen Taylor	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	28.59 L	F	*I Nathan Jongenburger	14	11/04/2008	Mies Schootman Invitational 2008
7	28.98 L	P	*I Vincent Matak	13	21/07/2005	2005 Canadian Long Course Club Nationals
8	29.03 L	P	Jared Kichton	14	03/07/2008	2008 TAS BC AAA LC Champs
9	29.16 L	P	Ryan Moloney	14	21/05/2010	Hyack Festival Youth Cup 2010
10	29.22 L	F	*I Jihyoon Oh	14	23/06/2007	Hyack Summer Solstice Invitational
<b>Men 13-14 100 Free</b>						
1	55.76 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	56.11 L	F	Michael MacDonald	14	08/07/2010	2010 TAS BC Long Course AAA Champion
3	57.80 L	F	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
4	57.82 L	F	Brennen Taylor	14	08/07/2010	2010 TAS BC Long Course AAA Champion
5	58.24 L	P	Charlie Tapp	14	05/08/2004	2004 Canadian Long Course Club Nationals
6	1:01.20 L	F	*I Jihyoon Oh	14	05/07/2007	2007 TAS BC Long Course Champs
7	1:01.30 L	P	Ryan Moloney	14	21/05/2010	Hyack Festival Youth Cup 2010
8	1:02.12 L	P	Jared Kichton	14	03/07/2008	2008 TAS BC AAA LC Champs
9	1:02.80 L	P	*I Nathan Jongenburger	14	03/07/2008	2008 TAS BC AAA LC Champs
10	1:03.23 L	P	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
<b>Men 13-14 200 Free</b>						
1	1:59.85 L	F	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
2	2:04.40 L	P	Brennen Taylor	14	21/07/2010	2010 Canadian Age Group Championship
3	2:04.53 L	F	Jake Tapp	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COUI
4	2:08.56 L	P	Charlie Tapp	14	05/08/2004	2004 Canadian Long Course Club Nationals
5	2:09.50 L	F	*I Jihyoon Oh	14	05/07/2007	2007 TAS BC Long Course Champs
6	2:09.96 L	F	*I Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
7	2:10.39 L	P	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
8	2:10.57 L	P	Ryan Moloney	14	08/07/2010	2010 TAS BC Long Course AAA Champion
9	2:13.64 L	F	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
10	2:14.18 L	P	*I Cole Stewart	14	21/07/2005	2005 Canadian Long Course Club Nationals
<b>Men 13-14 400 Free</b>						
1	4:08.64 L	F	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
2	4:21.62 L	P	Brennen Taylor	14	21/07/2010	2010 Canadian Age Group Championship
3	4:24.60 L	F	Jake Tapp	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COUI
4	4:27.60 L	F	*I Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
5	4:34.06 L	P	Ryan Moloney	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	4:35.19 L	F	Charlie Tapp	14	16/04/2004	2004 Canadian Dolphin Swim Club Invitatio
7	4:37.85 L	F	*I Jihyoon Oh	14	18/05/2007	2007 Hyack Festival Invitational

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
8	4:40.05 L	P	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
9	4:41.11 L	F	*1 Cole Stewart	14	20/05/2005	Hyack Festival Invitational
10	4:46.10 L	F	*1 Kyle Polednik	14	23/06/2007	Hyack Summer Solstice Invitational
<b>Men 13-14 800 Free</b>						
1	8:47.75 L	F	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
2	9:05.98 L	F	Brennen Taylor	14	21/07/2010	2010 Canadian Age Group Championship
3	9:21.21 L	F	*1 Clay Stewart	14	19/07/2007	Championnats nationaux groupe
4	9:40.60 L	F	*1 Cole Stewart	14	18/06/2005	Summer Solstice Invitational
5	9:49.36 L	F	Ryan Moloney	14	19/06/2010	Summer Solstice Invitational
6	9:51.30 L	F	Sage Sturgeon	14	20/07/2006	2006 Canadian Age Group Nationals
7	10:57.01 L	F	*1 Nathan Jongenburger	13	05/05/2007	West Coast Open 2007
<b>Men 13-14 1500 Free</b>						
1	16:42.16 L	F	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
2	17:13.75 L	F	*1 Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
3	17:21.67 L	F	Brennen Taylor	14	21/07/2010	2010 Canadian Age Group Championship
4	18:01.79 L	F	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
5	18:07.92 L S	F	*1 Cole Stewart	14	21/07/2005	2005 Canadian Long Course Club Nationals
6	18:19.05 L	F	Ryan Moloney	14	08/07/2010	2010 TAS BC Long Course AAA Champion
7	18:45.54 L	F	*1 Jihyoon Oh	14	23/06/2007	Hyack Summer Solstice Invitational
8	x18:51.10 L	F	Jake Tapp	13	12/04/2002	CDSC Invitational
9	19:17.04 L	F	Charlie Tapp	14	27/03/2004	LOSC 2nd Annual Long Course Invitational
10	19:21.92 L	F	Jared Kichton	14	28/03/2009	LOSC 7th Annual Long Course Invitational
<b>Men 13-14 50 Back</b>						
1	29.98 L	P	Jake Tapp	14	30/05/2003	2003 Mel Zajac Jr International Swim Meet
2	30.01 L	F	Charlie Tapp	14	05/08/2004	2004 Canadian Long Course Club Nationals
3	31.57 L L	F	Michael MacDonald	14	08/07/2010	2010 TAS BC Long Course AAA Champion
4	32.80 L L	F	*1 Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
5	33.00 L	F	Jared Kichton	14	16/05/2008	Hyack Festival Youth Cup
6	33.29 L L	F	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
7	33.71 L	F	*1 Nathan Jongenburger	14	11/04/2008	Mies Schootman Invitational 2008
8	36.54 L	P	Ryan Moloney	13	15/05/2009	Hyack Festival May 2009
9	37.98 L	P	*1 Clay Stewart	13	19/05/2006	Hyack Festival Invitational 2006
10	40.61 L	F	*1 Cole Stewart	13	01/05/2004	WEST COAST OPEN
<b>Men 13-14 100 Back</b>						
1	1:01.53 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	1:04.62 L	F	Charlie Tapp	14	04/03/2005	2005 TAS BC Sr Championships LC
3	1:06.71 L	F	Michael MacDonald	14	08/07/2010	2010 TAS BC Long Course AAA Champion
4	1:10.28 L L	F	*1 Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
5	1:10.32 L	P	Jared Kichton	14	16/05/2008	Hyack Festival Youth Cup
6	1:10.43 L	F	*1 Jihyoon Oh	14	13/04/2007	2007 Mies Schootman Invitation
7	1:11.77 L L	F	Sage Sturgeon	14	06/07/2006	2006 TAS BC LC Championships
8	1:13.09 L	F	*1 Clay Stewart	14	31/03/2007	5th Annual Long Course Invitational
9	1:13.96 L	P	Brennen Taylor	14	16/04/2010	Mies Schootman Invitational
10	1:16.15 L	F	Ryan Moloney	14	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 13-14 200 Back</b>						
1	2:15.28 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	2:20.04 L	P	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
3	2:24.26 L	F	Charlie Tapp	14	15/07/2004	2004 TAS AAA LC Championships
4	2:28.88 L	P	*1 Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
5	2:29.36 L	F	*1 Jihyoon Oh	14	18/05/2007	2007 Hyack Festival Invitational
6	2:30.37 L	P	Brennen Taylor	14	08/07/2010	2010 TAS BC Long Course AAA Champion
7	2:32.40 L	F	Jared Kichton	14	28/03/2009	LOSC 7th Annual Long Course Invitational
8	2:32.69 L	P	*1 Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
9	2:33.70 L	F	*1 Cole Stewart	14	18/06/2005	Summer Solstice Invitational

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
10	2:36.57 L	P	Sage Sturgeon	13	21/07/2005	2005 Canadian Long Course Club Nationals
<b>Men 13-14 50 Breast</b>						
1	36.60 L	F	Jake Tapp	14	03/05/2003	West Coast Open 2003
2	39.68 L	F	Charlie Tapp	13	03/05/2003	West Coast Open 2003
3	42.86 L	F	William Vosper	14	02/06/2006	June Classic 2006
4	44.26 L	F	Jimmy Stewart	14	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Men 13-14 100 Breast</b>						
1	1:15.92 L	P	Jake Tapp	14	30/07/2003	Far Western Championships
2	1:19.48 L	F	Michael MacDonald	14	27/03/2010	LOSC 8th Annual Long Course Invitational
3	1:23.71 L	F	*I Clay Stewart	14	31/03/2007	5th Annual Long Course Invitational
4	1:24.05 L	P	Brennen Taylor	14	21/05/2010	Hyack Festival Youth Cup 2010
5	1:24.16 L	F	*I Cole Stewart	14	22/04/2005	Island Pacific Cup
6	1:25.64 L	F	*I Benji Carlson	14	02/06/2006	June Classic 2006
7	1:26.06 L	F	*I Anthony Mihhailenko	13	31/03/2007	5th Annual Long Course Invitational
8	1:26.30 L	P	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
9	1:26.40 L	F	*I Jihyoon Oh	14	31/03/2007	5th Annual Long Course Invitational
10	1:26.68 L	F	Charlie Tapp	14	01/05/2004	WEST COAST OPEN
<b>Men 13-14 200 Breast</b>						
1	2:43.72 L	F	Jake Tapp	14	10/07/2003	BC OPEN 'AAA' AGE GROUP LONG COURSE
2	2:48.78 L	P	Brennen Taylor	14	08/07/2010	2010 TAS BC Long Course AAA Champion
3	2:50.04 L	F	Michael MacDonald	14	27/03/2010	LOSC 8th Annual Long Course Invitational
4	2:55.61 L	F	*I Clay Stewart	14	13/04/2007	2007 Mies Schootman Invitational
5	2:56.66 L	P	*I Cole Stewart	14	21/07/2005	2005 Canadian Long Course Club Nationals
6	3:03.78 L	F	Charlie Tapp	14	01/05/2004	WEST COAST OPEN
7	3:06.13 L	F	*I Jihyoon Oh	14	23/06/2007	Hyack Summer Solstice Invitational
8	3:06.22 L	F	*I Kyle Polednik	14	13/04/2007	2007 Mies Schootman Invitation
9	3:11.39 L	P	*I Benji Carlson	14	02/06/2006	June Classic 2006
10	3:13.08 L	P	Jared Kichton	14	06/06/2008	Kamloops June Classic 2008
<b>Men 13-14 50 Fly</b>						
1	27.78 L	P	Charlie Tapp	14	05/08/2004	2004 Canadian Long Course Club Nationals
2	28.45 L	F	Michael MacDonald	14	21/05/2010	Hyack Festival Youth Cup 2010
3	29.22 L	F	*I Jihyoon Oh	14	13/04/2007	2007 Mies Schootman Invitation
4	31.14 L	P	Ryan Moloney	14	21/05/2010	Hyack Festival Youth Cup 2010
5	32.31 L	F	Jared Kichton	14	11/04/2008	Mies Schootman Invitational 2008
6	32.53 L	P	*I Vincent Matak	13	21/07/2005	2005 Canadian Long Course Club Nationals
7	35.10 L	P	Sage Sturgeon	14	02/06/2006	June Classic 2006
8	36.15 L	P	William Vosper	14	02/06/2006	June Classic 2006
9	37.00 L	F	Jimmy Stewart	14	13/07/2007	Moses Lake Sizzlin' Summer Invitational 20
<b>Men 13-14 100 Fly</b>						
1	1:01.04 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	1:01.71 L	F	Michael MacDonald	14	21/07/2010	2010 Canadian Age Group Championship
3	1:03.89 L	F	*I Jihyoon Oh	14	05/07/2007	2007 TAS BC Long Course Champs
4	1:05.24 L	F	Charlie Tapp	14	15/07/2004	2004 TAS AAA LC Championships
5	1:07.34 L	P	Ryan Moloney	14	08/07/2010	2010 TAS BC Long Course AAA Champion
6	1:08.47 L	P	*I Nathan Jongenburger	14	03/07/2008	2008 TAS BC AAA LC Champs
7	1:10.98 L	P	Jared Kichton	14	16/05/2008	Hyack Festival Youth Cup
8	1:12.75 L	P	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
9	1:13.36 L	P	*I Vincent Matak	13	21/07/2005	2005 Canadian Long Course Club Nationals
10	1:14.29 L	P	*I Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
<b>Men 13-14 200 Fly</b>						
1	2:20.18 L	F	*I Jihyoon Oh	14	19/07/2007	Championnats nationaux groupe
2	2:24.31 L	P	Michael MacDonald	14	21/05/2010	Hyack Festival Youth Cup 2010
3	2:28.66 L	F	Ryan Moloney	14	08/07/2010	2010 TAS BC Long Course AAA Champion
4	2:31.12 L	F	Jake Tapp	13	12/04/2002	CDSC Invitational

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	2:31.80 L	F	*I Nathan Jongenburger	14	11/04/2008	Mies Schootman Invitational 2008
6	2:36.11 L	F	Charlie Tapp	14	27/03/2004	LOSC 2nd Annual Long Course Invitational
7	2:36.33 L	P	*I Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
8	2:42.83 L	F	*I Cole Stewart	14	18/06/2005	Summer Solstice Invitational
9	2:51.28 L	P	*I Vincent Matak	13	21/07/2005	2005 Canadian Long Course Club Nationals
10	2:57.01 L	F	Sage Sturgeon	13	18/06/2005	Summer Solstice Invitational
<b>Men 13-14 200 IM</b>						
1	2:17.18 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	2:21.58 L	P	Michael MacDonald	14	08/07/2010	2010 TAS BC Long Course AAA Champion
3	2:25.81 L	F	Charlie Tapp	14	16/04/2004	2004 Canadian Dolphin Swim Club Invisatio
4	2:27.19 L	P	*I Jihyoon Oh	14	19/07/2007	Championnats nationaux groupe
5	2:31.85 L	F	*I Clay Stewart	14	13/04/2007	2007 Mies Schootman Invitation
6	2:34.98 L	P	*I Nathan Jongenburger	14	03/07/2008	2008 TAS BC AAA LC Champs
7	2:36.86 L	F	Brennen Taylor	14	27/03/2010	LOSC 8th Annual Long Course Invitational
8	2:39.39 L	F	*I Cole Stewart	14	18/06/2005	Summer Solstice Invitational
9	2:39.45 L	P	Jared Kichton	14	16/05/2008	Hyack Festival Youth Cup
10	2:40.23 L	F	*I Kyle Polednik	14	31/03/2007	5th Annual Long Course Invitational
<b>Men 13-14 400 IM</b>						
1	5:00.90 L	F	Jake Tapp	14	30/07/2003	Far Western Championships
2	5:04.32 L	F	Michael MacDonald	14	19/06/2010	Summer Solstice Invitational
3	5:07.72 L	P	*I Clay Stewart	14	05/07/2007	2007 TAS BC Long Course Champs
4	5:12.84 L	F	Charlie Tapp	14	27/03/2004	LOSC 2nd Annual Long Course Invitational
5	5:15.23 L	F	*I Jihyoon Oh	14	02/02/2007	2007 TAS BC Sr Championships L
6	5:20.26 L	P	*I Cole Stewart	14	21/07/2005	2005 Canadian Long Course Club Nationals
7	5:33.42 L	P	*I Kyle Polednik	14	05/07/2007	2007 TAS BC Long Course Champs
8	5:36.96 L	F	Brennen Taylor	14	27/03/2010	LOSC 8th Annual Long Course Invitational
9	5:38.51 L	F	Jared Kichton	14	28/03/2009	LOSC 7th Annual Long Course Invitational
10	5:40.24 L	F	Ryan Moloney	14	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 50 Free</b>						
1	22.83 L	F	Charlie Tapp	19	04/08/2009	2009 U. S. Open
2	23.36 L	F	Jake Tapp	21	28/07/2010	2010 Summer National Championships
3	24.15 L	P	*I Spencer Landsiedel	18	26/07/2007	2007 Summer National Champions
4	24.37 L	F	*I Kyle Polednik	16	02/07/2009	2009 TAS BC LC Championships
5	24.84 L	P	*I Duncan Gleed	17	08/07/2010	2010 TAS BC Long Course AAA Champion
6	25.18 L	P	*I David Killy	18	01/04/2008	Essais de natation Beijing Swimming Trials
7	25.20 L L	F	Sage Sturgeon	18	08/07/2010	2010 TAS BC Long Course AAA Champion
8	26.06 L	P	*I Willem Hergesheimer	16	20/07/2006	2006 Canadian Age Group Nationals
9	26.39 L	F	*I Kris Yap-Chung	16	16/04/2004	2004 Canadian Dolphin Swim Club Invisatio
10	27.35 L	P	William Vosper	19	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Men 100 Free</b>						
1	50.18 L	F	Jake Tapp	20	08/07/2009	Essais Mondiaux ROME 2009 Worl
2	52.16 L	P	Charlie Tapp	19	08/07/2009	Essais Mondiaux ROME 2009 Worl
3	52.67 L	P	*I Spencer Landsiedel	19	16/07/2008	2008 Summer Nationals
4	53.38 L	F	*I Duncan Gleed	17	08/07/2010	2010 TAS BC Long Course AAA Champion
5	53.83 L	P	*I Kyle Polednik	16	02/07/2009	2009 TAS BC LC Championships
6	54.79 L	F	Sage Sturgeon	18	08/07/2010	2010 TAS BC Long Course AAA Champion
7	54.89 L	P	*I David Killy	18	01/04/2008	Essais de natation Beijing Swimming Trials
8	54.94 L	P	*I Willem Hergesheimer	17	01/04/2008	Essais de natation Beijing Swimming Trials
9	57.71 L	P	*I Kris Yap-Chung	16	05/08/2004	2004 Canadian Long Course Club Nationals
10	58.25 L	P	William Vosper	18	15/07/2009	Championnats canadiens groupe
<b>Men 200 Free</b>						
1	1:55.99 L	F	*I Willem Hergesheimer	17	19/07/2007	Championnats nationaux groupe
2	1:57.94 L	P	*I Spencer Landsiedel	18	12/07/2007	2007 JANET EVANS INVITATIONAL
3	1:58.25 L	F	Jake Tapp	17	03/01/2006	2006 Victorian Championships

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
4	1:58.78	L	P	*I Duncan Gleed	17	28/05/2010	2010 Mel Zajac Jr International
5	1:58.93	L	F	Sage Sturgeon	17	02/07/2009	2009 TAS BC LC Championships
6	2:00.29	L	P	Charlie Tapp	16	21/03/2007	2007 Canadian Spring National
7	2:00.47	L	P	*I David Killy	18	01/04/2008	Essais de natation Beijing Swimming Trials
8	2:03.22	L	P	*I Kyle Polednik	16	22/05/2009	2009 Mel Zajac Jr International
9	2:04.28	L	F	*I Kris Yap-Chung	16	15/07/2004	2004 TAS AAA LC Championships
10	2:04.81	L	P	*I Cole Stewart	16	19/07/2007	Championnats nationaux groupe
<b>Men 400 Free</b>							
1	4:04.26	L	F	*I Willem Hergesheimer	17	19/07/2007	Championnats nationaux groupe
2	4:15.40	L	P	Jake Tapp	17	03/01/2006	2006 Victorian Championships
3	4:17.14	L	P	Sage Sturgeon	17	02/07/2009	2009 TAS BC LC Championships
4	4:19.24	L	P	*I Spencer Landsiedel	18	11/01/2007	2007 Jr Pan Pacific Swimming C
5	4:20.25	L	P	*I David Killy	15	21/07/2005	2005 Canadian Long Course Club Nationals
6	4:21.52	L	F	*I Cole Stewart	17	06/06/2008	Kamloops June Classic 2008
7	4:22.78	L	P	*I Duncan Gleed	17	08/07/2010	2010 TAS BC Long Course AAA Champion
8	4:24.12	L	F	*I Clay Stewart	15	03/07/2008	2008 TAS BC AAA LC Champs
9	4:25.39	L	F	*I Kris Yap-Chung	16	15/07/2004	2004 TAS AAA LC Championships
10	4:30.92	L	P	William Vosper	19	08/07/2010	2010 TAS BC Long Course AAA Champion
<b>Men 800 Free</b>							
1	8:34.05	L	F	*I Willem Hergesheimer	16	21/03/2007	2007 Canadian Spring National
2	8:52.50	L	F	*I Cole Stewart	17	22/05/2008	2008 Mel Zajac Jr International
3	9:04.32	L	F	Sage Sturgeon	16	30/07/2008	2008 PC WEST LCM FAR WEST CHM
4	9:05.83	L	F	*I Clay Stewart	15	30/07/2008	2008 PC WEST LCM FAR WEST CHM
5	9:18.08	L	F	*I Duncan Gleed	17	27/03/2010	LOSC 8th Annual Long Course Invitational
6	9:48.50	L	F	*I Nathan Jongenburger	16	27/03/2010	LOSC 8th Annual Long Course Invitational
7	10:03.18	L	F	*I Brent Jastrzebski	15	21/04/2006	2006 Mies Schootman Invitational
8	x10:33.29	L	F	*I Max Levshuk	16	14/07/2006	Sizzlin' Summer Invitational
9	10:40.42	L	F	Jimmy Stewart	17	27/03/2010	LOSC 8th Annual Long Course Invitational
10	10:42.58	L	F	William Vosper	15	14/07/2006	Sizzlin' Summer Invitational
<b>Men 1500 Free</b>							
1	16:30.04	L	F	*I Willem Hergesheimer	17	19/07/2007	Championnats nationaux groupe
2	16:52.75	L	F	*I Cole Stewart	17	22/05/2008	2008 Mel Zajac Jr International
3	17:08.15	L	F	Sage Sturgeon	17	02/07/2009	2009 TAS BC LC Championships
4	17:28.70	L	F	*I Clay Stewart	15	30/07/2008	2008 PC WEST LCM FAR WEST CHM
5	17:36.85	L	F	*I Kris Yap-Chung	16	15/07/2004	2004 TAS AAA LC Championships
6	17:42.35	L	F	*I Spencer Landsiedel	17	21/04/2006	2006 Mies Schootman Invitational
7	17:48.93	L	F	*I Richard Desaulniers	18	15/07/2004	2004 TAS AAA LC Championships
8	17:49.50	L	F	Jake Tapp	15	27/03/2004	LOSC 2nd Annual Long Course Invitational
9	17:53.61	L	F	*I Nathan Jongenburger	15	15/05/2009	Hyack Festival May 2009
10	17:55.46	L	F	William Vosper	18	02/07/2009	2009 TAS BC LC Championships
<b>Men 5000 Free</b>							
1	1:00.21	L	F	*I Cole Stewart	16	19/07/2007	Championnats nationaux groupe
<b>Men 50 Back</b>							
1	25.68	L	P	Jake Tapp	21	26/07/2009	FINA: 13th World Champion-Semi
2	26.87	L	F	Charlie Tapp	20	31/03/2010	Essais PanPac 2010
3	28.55	L L	F	*I Duncan Gleed	16	02/07/2009	2009 TAS BC LC Championships
4	29.51	L	F	Sage Sturgeon	18	21/05/2010	Hyack Festival Youth Cup 2010
5	30.19	L	P	*I David Killy	18	24/07/2008	2008 Age Group Nationals
6	30.95	L	P	*I Kyle Polednik	16	15/05/2009	Hyack Festival May 2009
7	33.81	L	F	*I Kris Yap-Chung	15	03/05/2003	West Coast Open 2003
8	34.02	L	P	Jimmy Stewart	15	11/04/2008	Mies Schootman Invitational 2008
9	34.33	L	P	William Vosper	17	17/04/2009	Mies Schootman Invitational 2009
10	38.61	L	P	*I Tom Levshuk	16	11/04/2008	Mies Schootman Invitational 2008

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men 100 Back</b>						
1	54.82 L	F	Jake Tapp	20	08/07/2009	Essais Mondiaux ROME 2009 Worl
2	59.85 L	P	Charlie Tapp	19	08/07/2009	Essais Mondiaux ROME 2009 Worl
3	1:01.78 L	F	*I Duncan Gleed	17	08/07/2010	2010 TAS BC Long Course AAA Champion
4	1:03.22 L	F	Sage Sturgeon	18	08/07/2010	2010 TAS BC Long Course AAA Champion
5	1:04.50 L	P	*I Willem Hergesheimer	18	18/01/2008	41eme Championnats Internation
6	1:05.09 L	P	*I Spencer Landsiedel	19	03/07/2008	2008 TAS BC AAA LC Champs
7	1:05.36 L	F	*I David Killy	18	03/07/2008	2008 TAS BC AAA LC Champs
8	1:05.43 L	P	*I Kyle Polednik	17	15/07/2009	Championnats canadiens groupe
9	1:05.49 L	F	*I Jihyoon Oh	15	03/07/2008	2008 TAS BC AAA LC Champs
10	1:08.22 L	F	*I Kris Yap-Chung	16	26/06/2004	2004 Hyack Summer Inviatioanal Swim Mee
<b>Men 200 Back</b>						
1	2:03.27 L	F	Jake Tapp	21	28/07/2010	2010 Summer National Championships
2	2:13.77 L	P	Charlie Tapp	16	21/03/2007	2007 Canadian Spring National
3	2:19.78 L	P	*I Willem Hergesheimer	18	03/07/2008	2008 TAS BC AAA LC Champs
4	2:19.83 L	F	*I Duncan Gleed	16	02/07/2009	2009 TAS BC LC Championships
5	2:20.74 L	P	Sage Sturgeon	18	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:21.72 L	F	*I Jihyoon Oh	15	03/07/2008	2008 TAS BC AAA LC Champs
7	2:22.66 L	P	*I Spencer Landsiedel	19	03/07/2008	2008 TAS BC AAA LC Champs
8	2:23.29 L	F	*I David Killy	15	20/05/2005	Hyack Festival Invitational
9	2:25.53 L	P	*I Kris Yap-Chung	16	16/04/2004	2004 Canadian Dolphin Swim Club Invitatio
10	2:27.38 L	P	*I Clay Stewart	15	03/07/2008	2008 TAS BC AAA LC Champs
<b>Men 50 Breast</b>						
1	31.52 L	P	*I Spencer Landsiedel	17	20/07/2006	2006 Canadian Age Group Nationals
2	33.18 L	P	Charlie Tapp	16	20/07/2006	2006 Canadian Age Group Nationals
3	35.52 L	F	*I Cole Stewart	15	02/06/2006	June Classic 2006
4	39.31 L	F	*I Kris Yap-Chung	15	03/05/2003	West Coast Open 2003
5	41.62 L	P	Jimmy Stewart	15	11/04/2008	Mies Schootman Invitational 2008
<b>Men 100 Breast</b>						
1	1:10.55 L	F	Jake Tapp	17	03/01/2006	2006 Victorian Championships
2	1:13.16 L	F	*I Spencer Landsiedel	17	21/04/2006	2006 Mies Schootman Invitational
3	1:13.41 L	F	Charlie Tapp	17	31/03/2007	5th Annual Long Course Invitational
4	1:13.82 L	F	*I Willem Hergesheimer	16	31/03/2007	5th Annual Long Course Invitational
5	1:14.87 L	P	*I Richard Desaulniers	18	15/07/2004	2004 TAS AAA LC Championships
6*	1:20.32 L	F	Sage Sturgeon	17	28/03/2009	LOSC 7th Annual Long Course Invitational
6*	1:20.32 L	P	*I Cole Stewart	15	24/03/2006	T.A.S. BC Senior Cup - Long Course
8	1:20.99 L	F	*I David Killy	17	31/03/2007	5th Annual Long Course Invitational
9	1:22.35 L	F	*I Kyle Polednik	15	29/03/2008	LOSC 6th Annual Long Course Invitational
10	1:23.70 L	F	*I Max Levshuk	17	31/03/2007	5th Annual Long Course Invitational
<b>Men 200 Breast</b>						
1	2:40.78 L	P	*I Richard Desaulniers	18	15/07/2004	2004 TAS AAA LC Championships
2	2:41.13 L	P	*I Spencer Landsiedel	17	21/04/2006	2006 Mies Schootman Invitational
3	2:44.27 L	F	*I Willem Hergesheimer	16	31/03/2007	5th Annual Long Course Invitational
4	2:44.38 L	P	*I Cole Stewart	16	19/07/2007	Championnats nationaux groupe
5	2:46.95 L	F	Jake Tapp	16	12/03/2005	LOSC 3rd Annual Long Course Invitational
6	2:49.58 L	F	Charlie Tapp	16	01/04/2006	4th Annual LOSC Long Course Invitational
7	2:54.87 L	F	*I David Killy	17	31/03/2007	5th Annual Long Course Invitational
8	2:55.36 L	P	*I Clay Stewart	15	16/05/2008	Hyack Festival Youth Cup
9	2:55.52 L	F	Sage Sturgeon	17	28/03/2009	LOSC 7th Annual Long Course Invitational
10	2:59.03 L	P	*I Max Levshuk	17	13/04/2007	2007 Mies Schootman Invitation
<b>Men 50 Fly</b>						
1	25.09 L	F	Charlie Tapp	19	08/07/2009	Essais Mondiaux ROME 2009 Worl
2	25.18 L	P	Jake Tapp	19	16/07/2008	2008 Summer Nationals
3	26.35 L	P	*I David Killy	18	16/07/2008	2008 Summer Nationals

## Individual Top Times

### Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
4	26.42 L	F *I	Duncan Gleed	17	28/05/2010	2010 Mel Zajac Jr International
5	26.93 L	P *I	Spencer Landsiedel	18	19/07/2007	Championnats nationaux groupe
6	28.00 L	P *I	Kris Yap-Chung	16	05/08/2004	2004 Canadian Long Course Club Nationals
7	28.64 L	F	Sage Sturgeon	18	21/05/2010	Hyack Festival Youth Cup 2010
8	28.77 L	P	William Vosper	18	15/07/2009	Championnats canadiens groupe
9	29.13 L	F *I	Kyle Polednik	16	15/05/2009	Hyack Festival May 2009
10	29.38 L	P *I	Nathan Jongenburger	15	15/07/2009	Championnats canadiens groupe
<b>Men 100 Fly</b>						
1	57.47 L	P	Jake Tapp	19	22/05/2008	2008 Mel Zajac Jr International
2	57.70 L	P *I	David Killy	18	24/07/2008	2008 Age Group Nationals
3	57.81 L	F *I	Duncan Gleed	17	08/07/2010	2010 TAS BC Long Course AAA Champion
4	59.12 L	P *I	Spencer Landsiedel	19	01/04/2008	Essais de natation Beijing Swimming Trials
5	59.77 L	P	Charlie Tapp	18	24/07/2008	2008 Age Group Nationals
6	1:00.77 L	P *I	Kris Yap-Chung	16	15/07/2004	2004 TAS AAA LC Championships
7	1:01.81 L	F	William Vosper	19	08/07/2010	2010 TAS BC Long Course AAA Champion
8	1:02.99 L	F *I	Jihyoon Oh	15	03/07/2008	2008 TAS BC AAA LC Champs
9	1:03.01 L	F *I	Willem Hergesheimer	16	31/03/2007	5th Annual Long Course Invitational
10	1:04.66 L	F *I	Nathan Jongenburger	15	15/05/2009	Hyack Festival May 2009
<b>Men 200 Fly</b>						
1	2:09.81 L	P *I	David Killy	18	01/04/2008	Essais de natation Beijing Swimming Trials
2	2:13.21 L	P *I	Kris Yap-Chung	16	05/08/2004	2004 Canadian Long Course Club Nationals
3	2:17.35 L	F *I	Jihyoon Oh	15	03/07/2008	2008 TAS BC AAA LC Champs
4	2:18.74 L	P *I	Willem Hergesheimer	17	01/06/2007	BELL GRAND PRIX - MEL ZAJAC JR
5	2:19.79 L	F	William Vosper	19	08/07/2010	2010 TAS BC Long Course AAA Champion
6	2:23.47 L	F	Jake Tapp	16	21/09/2005	Best Times LCM
7	2:24.90 L	P *I	Nathan Jongenburger	15	15/05/2009	Hyack Festival May 2009
8	2:25.44 L	P *I	Clay Stewart	15	30/07/2008	2008 PC WEST LCM FAR WEST CHM
9	2:26.42 L	F	Charlie Tapp	16	01/04/2006	4th Annual LOSC Long Course Invitational
10	2:27.76 L	F *I	Duncan Gleed	17	27/03/2010	LOSC 8th Annual Long Course Invitational
<b>Men 200 IM</b>						
1	2:11.70 L	P	Jake Tapp	17	03/01/2006	2006 Victorian Championships
2	2:14.31 L	P *I	Spencer Landsiedel	18	12/07/2007	2007 JANET EVANS INVITATIONAL
3	2:14.33 L	P *I	Willem Hergesheimer	17	19/07/2007	Championnats nationaux groupe
4	2:16.36 L	P	Charlie Tapp	18	03/07/2008	2008 TAS BC AAA LC Champs
5	2:20.10 L	P	Sage Sturgeon	17	15/05/2009	Hyack Festival May 2009
6	2:20.54 L	P *I	David Killy	18	03/07/2008	2008 TAS BC AAA LC Champs
7	2:24.37 L	F *I	Duncan Gleed	17	27/03/2010	LOSC 8th Annual Long Course Invitational
8	2:25.34 L	F	Jihyoon Oh	15	03/07/2008	2008 TAS BC AAA LC Champs
9	2:26.30 L	P *I	Cole Stewart	16	05/07/2007	2007 TAS BC Long Course Champs
10	2:26.61 L	F *I	Kris Yap-Chung	16	16/04/2004	2004 Canadian Dolphin Swim Club Invitatio
<b>Men 400 IM</b>						
1	4:42.86 L	P *I	Willem Hergesheimer	16	21/03/2007	2007 Canadian Spring National
2	4:53.46 L	F	Jake Tapp	15	15/07/2004	2004 TAS AAA LC Championships
3	x4:57.04 L	P *I	Spencer Landsiedel	19	16/05/2008	Hyack Festival Youth Cup
4	4:58.05 L	F *I	Duncan Gleed	17	27/03/2010	LOSC 8th Annual Long Course Invitational
5	4:59.11 L	F *I	Cole Stewart	16	05/07/2007	2007 TAS BC Long Course Champs
6	5:01.82 L	F *I	Clay Stewart	15	16/05/2008	Hyack Festival Youth Cup
7	5:02.81 L	F	Sage Sturgeon	17	17/04/2009	Mies Schootman Invitational 2009
8	5:08.32 L	F *I	Nathan Jongenburger	15	15/05/2009	Hyack Festival May 2009
9	5:08.60 L	F	Charlie Tapp	17	31/03/2007	5th Annual Long Course Invitational
10	5:09.14 L	P *I	Richard Desaulniers	18	15/07/2004	2004 TAS AAA LC Championships